

D. Annexure 04 – Survey result annexures

4.1 CHARACTERISTICS OF HOUSEHOLD AND RESPONDENTS

Table 4.1.2.1a Household characteristics by area of residence (Percentage)

	Urban	Rural	Total
	(95% CI)		
Type of house			
Pucca	65.7	35.2	45.1
	(60.6-70.4)	(31.4-39.2)	(41.9-48.3)
Semi-pucca	27.5	36.9	33.9
	(23.2-32.4)	(33.8-40.2)	(31.4-36.5)
Kachha	6.8	27.9	21.0
	(5.1-8.9)	(23.8-32.2)	(18.1-24.2)
Type of toilet			
Own flush toilet	40.6	23.4	29.0
	(35.3-46.2)	(19.6-27.7)	(25.8-32.4)
Shared flush toilet	5.9	2.8	3.8
	(4.7-7.4)	(2.1-3.8)	(3.2-4.6)
Own pit toilet	40.3	31.7	34.5
	(36.0-44.9)	(27.4-36.4)	(31.2-38.0)
Shared pit toilet	6.2	3.6	4.4
	(4.5-8.4)	(2.8-4.6)	(3.6-5.4)
Open defecation ¹ (Includes no facility)	6.7	38.2	28.0
	(4.7-9.6)	(33.3-43.4)	(24.4-32.0)
Don't know	0.3	0.3	0.3
	(0.1-0.6)	(0.1-0.5)	(0.1-0.4)
Main source of drinking water			
Piped supply, hand pump, well at dwelling/package water	56.2	45.5	49.0
	(49.6-62.6)	(41.4-49.6)	(45.5-52.5)
Public - tap/well/hand pump/tanker	43.3	52.9	49.8
	(36.9-49.9)	(48.7-57.0)	(46.3-53.3)
Others	0.4	1.5	1.1
	(0.2-0.8)	(0.7-3.2)	(0.6-2.2)
Don't know	0.1	0.1	0.1
	(0.008-0.4)	(0.03-0.3)	(0.03-0.2)

¹disposal of human faeces in fields, forests, bushes, open bodies of water, beaches and other open spaces or with solid waste

Table 4.1.2.2a Fuel used for cooking among households by area of residence (Percentage)

	Urban	Rural	Total
	(95% CI)		
Types of fuel used for cooking			
Electricity	11.6	6.4	8.1
	(9.0-14.8)	(5.0-8.0)	(6.8-9.6)
LPG/Natural gas	91.0	53.2	65.5
	(88.4-93.1)	(48.7-57.6)	(61.9-68.9)
Biogas	0.7	0.4	0.5
	(0.3-1.4)	(0.2-0.6)	(0.3-0.7)
Kerosene	6.6	8.9	8.2
	(4.9-9.0)	(7.1-11.2)	(6.8-9.8)
Coal/lignite	1.8	1.4	1.6
	(1.1-3.0)	(1.0-2.1)	(1.2-2.1)
Charcoal	1.4	0.9	1.0
	(0.7-2.7)	(0.6-1.3)	(0.7-1.5)
Wood	31.8	84.6	67.4
	(26.5-37.7)	(81.4-87.2)	(64.1-70.5)
Straw/shrubs/grass	3.8	17.6	13.1
	(2.4-5.9)	(14.3-21.5)	(10.7-15.9)
Agricultural crop waste	2.2	13.4	9.8
	(1.3-3.8)	(10.9-16.4)	(8.0-11.9)
Dung cakes	8.0	41.9	30.9
	(5.5-11.3)	(36.4-47.6)	(26.9-35.2)
Others	0.002	0.0	0.001
	(0.0002-0.01)	(0.0-0.0)	(0.0001-0.004)
Solid fuels*	34.5	86.5	69.6
	(29.0 – 40.3)	(83.5 – 89.0)	(66.4 – 70.4)
Clean energy sources**	91.4	55.6	67.2
	(88.8 – 93.6)	(51.3 – 59.8)	(63.8 – 70.4)
Main fuel type used for cooking			
Electricity	0.3	0.1	0.2
	(0.1-0.5)	(0.1-0.3)	(0.1-0.3)
LPG/Natural gas	83.5	30.7	47.9
	(80.1-86.4)	(26.8-34.9)	(44.3-51.5)
Biogas	0.1	0.1	0.1
	(0.03-0.4)	(0.02-0.2)	(0.04-0.2)
Kerosene	0.5	0.2	0.3
	(0.3-0.9)	(0.1-0.4)	(0.2-0.4)
Coal/lignite	0.8	0.5	0.6
	(0.4-1.6)	(0.3-0.8)	(0.4-0.9)
Charcoal	0.2	0.1	0.1
	(0.1-0.8)	(0.02-0.2)	(0.05-0.3)
Wood	13.0	58.6	43.7
	(10.4-16.2)	(54.3-62.7)	(40.4-47.2)
Straw/shrubs/grass	0.1	1.8	1.2
	(0.03-0.4)	(1.0-3.1)	(0.7-2.1)
Agricultural crop waste	0.0	0.5	0.4
	(0.0-0.0)	(0.3-1.1)	(0.2-0.7)
Dung cakes	1.4	7.3	5.4
	(0.6-3.2)	(5.1-10.4)	(3.8-7.6)
Others	-	-	-
Don't know	0.1	0.1	0.1
	(0.01-0.4)	(0.03-1.0)	(0.03-0.6)

*solid fuels include wood, coal/lignite, charcoal, straw/shrubs/grass, agricultural crop waste and dung cakes

**clean energy sources include electricity, LPG/natural gas and biogas

Table 4.1.2.3a Oil used for cooking among households by area of residence (Percentage)

	Urban	Rural	Total
	(95% CI)		
Type of Oil used for cooking			
Mustard oil	36.1	63.0	54.3
	(28.3-44.6)	(56.5-69.2)	(48.9-59.6)
Soya bean oil	31.5	29.1	29.9
	(25.3-38.4)	(24.7-34.0)	(26.3-33.8)
Pure ghee	35.3	25.5	28.7
	(30.0-40.9)	(21.7-29.7)	(25.6-32.0)
Sunflower oil	31.6	17.9	22.4
	(26.0-37.8)	(14.2-22.3)	(19.1-26.0)
Palm oil	15.8	14.0	14.6
	(12.1-20.5)	(10.9-17.7)	(12.1-17.4)
Groundnut oil	19.1	11.7	14.1
	(14.6-24.4)	(9.4-14.5)	(11.8-16.7)
Butter	11.4	7.7	8.9
	(8.8-14.7)	(6.0-9.8)	(7.4-10.6)
Vanaspati	6.7	7.3	7.1
	(4.9-9.0)	(5.7-9.2)	(5.8-8.5)
Sesame oil	7.3	2.7	4.2
	(4.4-11.9)	(1.7-4.1)	(2.9-5.9)
Coconut oil	9.4	1.5	4.1
	(6.1-14.3)	(1.1-2.1)	(2.9-5.7)
Other	1.8	3.7	3.0
	(0.8-3.8)	(2.0-6.7)	(1.8-5.1)
Rice bran oil	2.1	0.6	1.1
	(1.4-3.2)	(0.3-1.1)	(0.7-1.6)

Table 4.1.2.4a Type of ration card among households by area of residence (Percentage)

	Urban	Rural	Total
	(95% CI)		
Type of ration card holder			
Antyodaya	2.4	8.1	6.2
	(1.6-3.6)	(5.9-11.0)	(4.6-8.3)
Below Poverty Line	45.0	52.7	50.2
	(38.4-51.7)	(48.5-56.8)	(46.7-53.7)
Above Poverty Line	34.2	23.5	27.0
	(28.8-40.1)	(20.1-27.2)	(24.0-30.1)
No ration card	16.8	14.1	15.0
	(13.7-20.3)	(11.8-16.7)	(13.1-17.0)
Don't know	1.6	1.6	1.6
	(1.1-2.6)	(1.2-2.5)	(1.3-2.3)

4.1 CHARACTERISTICS OF HOUSEHOLD AND RESPONDENTS

Individual characteristics – adults (18-69 years)

Table 4.1.3.1a Background characteristics of adults by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Age group (in years)									
18 - 44	69.0	67.4	68.2	70.8	70.0	70.4	70.2	69.1	69.7
	(64.9-72.8)	(64.3-70.3)	(65.1-71.2)	(68.3-73.3)	(67.5-72.3)	(68.3-72.4)	(68.0-72.3)	(67.2-71.0)	(67.9-71.4)
45 - 69	31.0	32.6	31.8	29.2	30.0	29.6	29.8	30.9	30.3
	(27.2-35.1)	(29.7-35.7)	(28.8-34.9)	(26.7-31.7)	(27.7-32.5)	(27.6-31.7)	(27.7-32.0)	(29.0-32.8)	(28.6-32.1)
Educational Status									
No education	7.3	23.3	14.8	22.0	50.3	35.8	16.9	41.6	28.8
	(5.6-9.3)	(19.3-28.0)	(12.6-17.4)	(19.4-24.8)	(47.1-53.6)	(33.3-38.4)	(15.0-19.1)	(38.8-44.4)	(26.7-30.9)
Attended formal education	92.6	76.5	85.1	77.8	49.2	63.9	82.9	58.1	71.0
	(90.5-94.3)	(71.9-80.5)	(82.5-87.3)	(74.9-80.5)	(46.0-52.4)	(61.3-66.4)	(80.7-84.9)	(55.2-60.9)	(68.8-73.1)
Home schooled	0.1	0.2	0.1	0.2	0.5	0.3	0.2	0.3	0.2
	(0.03-0.4)	(0.1-0.4)	(0.1-0.3)	(0.1-0.7)	(0.2-0.8)	(0.2-0.6)	(0.1-0.5)	(0.2-0.6)	(0.1-0.4)
Highest Level of Education									
Less than Class 6	12.2	18.1	14.7	26.8	32.1	28.9	21.0	26.2	23.1
	(10.0-14.8)	(14.6-22.4)	(12.6-17.1)	(23.4-30.4)	(27.9-36.5)	(25.7-32.0)	(18.8-23.7)	(23.2-29.3)	(21.0-25.4)
Class 6 to 10	37.7	43.3	40.0	46.9	47.6	47.2	43.4	45.8	44.3
	(33.5-42.1)	(39.2-47.5)	(36.8-43.4)	(43.5-50.3)	(44.2-51.2)	(44.5-49.9)	(40.7-46.1)	(43.1-48.5)	(42.2-46.4)
Class 11 to 12	19.7	14.7	17.6	13.6	12.1	13.0	16.0	13.2	14.9
	(17.0-22.8)	(11.8-18.1)	(15.4-20.0)	(11.9-15.5)	(9.9-14.7)	(11.6-14.7)	(14.4-17.7)	(11.4-15.2)	(13.6-16.3)
Graduation or diploma completed	21.2	15.3	18.7	10.8	5.9	8.9	14.8	9.9	12.9
	(18.2-24.4)	(12.4-18.7)	(16.4-21.3)	(8.8-13.1)	(4.6-7.6)	(7.5-10.6)	(13.0-16.7)	(8.4-11.7)	(11.5-14.3)
Post graduate degree	9.0	8.5	8.8	1.8	2.1	1.9	4.6	4.8	4.7
	(7.0-11.4)	(6.5-10.9)	(7.1-10.8)	(1.3-2.7)	(1.3-3.4)	(1.4-2.6)	(3.7-5.7)	(3.8-6.1)	(3.9-5.6)
No response	0.2	0.1	0.2	0.1	0.2	0.1	0.2	0.1	0.1
	(0.04-1.0)	(0.01-0.7)	(0.04-0.6)	(0.03-0.5)	(0.04-0.6)	(0.1-0.4)	(0.1-0.4)	(0.04-0.4)	(0.1-0.3)
Occupation									
Professional	14.1	4.8	9.9	4.6	1.3	2.9	7.9	2.2	5.4

	(11.0-18.0)	(3.5-6.5)	(7.9-12.1)	(3.6-5.8)	(0.8-2.0)	(2.4-3.7)	(6.5-9.4)	(1.9-3.2)	(4.5-6.2)
Medium or large Business	5.7	0.2	3.1	1.3	0.1	0.7	2.8	0.1	1.5
	(4.0-8.0)	(0.1-0.5)	(2.2-4.4)	(0.8-2.3)	(0.0-0.5)	(0.4-1.3)	(2.1-3.8)	(0.1-0.3)	(1.1-2.1)
Middle/senior executive/officer in organization	4.0	1.0	2.6	0.9	0.2	0.5	1.9	0.5	1.2
	(2.6-5.9)	(0.6-1.9)	(1.8-3.7)	(0.5-1.5)	(0.1-0.5)	(0.3-0.9)	(1.4-2.7)	(0.3-0.8)	(0.9-1.7)
Agricultural land owner	2.0	0.2	1.1	13.5	2.2	8.0	9.6	1.6	5.7
	(1.0-3.9)	(0.1-0.5)	(0.6-2.2)	(11.0-16.6)	(1.3-3.8)	(6.5-9.9)	(7.8-11.7)	(0.9-2.7)	(4.6-7.0)
Sales and Marketing executives/clerk	4.8	0.8	2.9	0.9	0.1	0.6	2.3	0.4	1.4
	(3.3-6.9)	(0.4-1.7)	(2.1-4.1)	(0.6-1.6)	(0.1-0.3)	(0.3-0.9)	(1.7-3.1)	(0.2-0.6)	(1.0-1.8)
Self-employed and small business	18.8	3.1	11.5	8.8	1.4	5.2	12.2	2.0	7.3
	(15.4-22.8)	(2.2-4.5)	(9.6-13.7)	(7.3-10.5)	(0.9-2.2)	(4.4-6.1)	(10.6-14.1)	(1.5-2.6)	(6.4-8.3)
Skilled manual labourer	16.3	5.2	11.1	11.7	3.1	7.5	13.3	3.8	8.7
	(13.3-19.9)	(2.9-9.1)	(9.3-13.2)	(9.7-14.0)	(2.1-4.5)	(6.3-8.9)	(11.6-15.2))	(2.7-5.3)	(7.7-9.8)
Unskilled manual/agricultural labourer	16.2	9.6	13.1	43.3	19.2	31.5	34.0	16.1	25.4
	(13.0-20.1)	(6.7-13.6)	(10.7-16.0)	(39.6-47.0)	(16.2-22.6)	(28.8-34.4)	(31.1-37.0)	(13.8-18.6)	(23.3-27.6)
Student	6.9	4.5	5.7	5.7	2.3	4.1	6.1	3.0	4.6
	(5.3-8.9)	(3.2-6.2)	(4.6-7.1)	(4.6-7.0)	(1.7-3.2)	(3.4-4.8)	(5.2-7.2)	(2.4-3.8)	(4.0-5.3)
Homemaker	1.0	66.0	31.4	0.5	67.3	33.1	0.7	66.9	32.5
	(0.4-2.5)	(60.5-71.1)	(28.6-34.3)	(0.3-1.0)	(63.1-71.3)	(30.5-35.7)	(0.4-1.2)	(63.5-70.1)	(30.6-34.5)
Retired	3.8	0.6	2.3	1.6	0.1	0.9	2.4	0.3	1.3
	(3.0-5.0)	(0.3-1.1)	(1.8-3.0)	(1.0-2.4)	(0.03-0.4)	(0.6-1.3)	(1.9-3.0)	(0.1-0.5)	(1.1-1.7)
Unemployed (able to work)	4.2	2.8	3.5	5.0	1.6	3.4	4.7	2.0	3.4
	(2.9-5.9)	(1.7-4.7)	(2.7-4.6)	(3.9-6.5)	(1.0-2.6)	(2.7-4.2)	(3.8-5.8)	(1.4-2.8)	(2.9-4.1)
Unemployed (unable to work)	2.1	1.2	1.7	2.0	1.0	1.5	2.0	1.0	1.5
	(1.2-3.8)	(0.5-2.4)	(1.0-2.6)	(1.5-2.6)	(0.6-1.6)	(1.2-1.9)	(1.5-2.6)	(0.7-1.6)	(1.2-1.9)
No response	0.1	0.03	0.1	0.2	0.1	0.1	0.1	0.05	0.1
	(0.01-0.7)	(0.01-0.1)	(0.01-0.3)	(0.06-0.5)	(0.02-0.2)	(0.1-0.3)	(0.1-0.4)	(0.02-0.2)	(0.05-0.2)
Marital Status									
Never married	20.8	8.7	15.1	19.0	5.9	12.6	19.6	6.9	13.5
	(17.9-23.8)	(6.7-11.1)	(13.1-17.2)	(16.9-21.4)	(4.9-7.2)	(11.4-14.0)	(17.9-21.5)	(5.8-8.0)	(12.4-14.6)
Living in /cohabiting/Currently married (Including non-cohabiting)	76.9	77.9	77.4	78.9	81.9	80.4	78.3	80.6	79.4
	(73.5-80.1)	(75.0-80.5)	(75.1-79.5)	(76.6-81.1)	(79.9-83.7)	(78.9-81.8)	(76.3-80.0)	(79.0-82.1)	(78.1-80.6)
Not living together/ Separated/Divorced	0.6	1.1	0.9	0.4	1.3	0.8	0.4	1.2	0.8
	(0.3-1.5)	(0.6-2.1)	(0.5-1.4)	(0.2-0.7)	(0.8-2.1)	(0.5-1.2)	(0.2-0.8)	(0.8-1.8)	(0.6-1.1)
Widowed	1.7	12.2	6.6	1.7	10.9	6.2	1.7	11.3	6.3
	(1.0-2.9)	(10.1-14.7)	(5.6-7.9)	(1.2-2.4)	(9.5-12.3)	(5.4-7.1)	(1.3-2.3)	(10.1-12.6)	(5.7-7.0)
Don't know	0.0	0.1	0.05	0.0	0.0	0.0	0.0	0.04	0.02
	(0.0-0.0)	(0.03-0.4)	(0.01-0.2)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.01-0.1)	(0.005-0.1)

Individual characteristics – adolescents (15-17 years)

Table 4.1.3.2a Background characteristics of adolescents by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Educational Status									
Attended formal education	98.2	96.3	97.3	94.3	91.0	92.7	95.6	92.6	94.2
	(95.0-99.4)	(91.4-98.5)	(94.7-98.7)	(90.9-96.5)	(87.5-93.6)	(90.3-94.6)	(93.2-97.2)	(89.9-94.7)	(92.4-95.6)
Highest Level of Education									
Primary	0.8	1.0	1.0	2.4	5.6	4.0	1.9	4.2	3.0
	(0.2-2.7)	(0.3-3.3)	(0.4-2.1)	(1.1-5.1)	(3.6-8.7)	(2.7-5.8)	(0.9-3.7)	(2.8-6.3)	(2.0-4.3)
Middle school	9.6	11.2	10.3	13.4	22.0	17.5	12.1	18.6	15.2
	(5.9-15.4)	(7.0-17.5)	(7.1-14.8)	(9.7-18.2)	(17.1-27.9)	(14.2-21.5)	(9.3-15.7)	(14.8-23.1)	(12.6-18.2)
High school and higher secondary school	88.4	84.7	86.7	82.0	69.0	75.8	84.2	73.9	79.3
	(82.6-92.4)	(78.3-89.5)	(82.2-90.3)	(76.5-86.4)	(62.9-74.5)	(71.3-79.7)	(80.1-87.5)	(69.2-78.2)	(76.0-82.3)
Doing Graduation	1.2	3.1	2.0	1.7	3.4	2.5	1.5	3.3	2.3
	(0.4-3.4)	(1.3-6.9)	(1.0-3.9)	(0.7-4.2)	(1.5-7.2)	(1.4-4.5)	(0.7-3.2)	(1.8-5.9)	(1.5-3.7)
No response	0.0	0.0	0.0	0.5	0.0	0.2	0.3	0.0	0.2
	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.1-3.3)	(0.0-0.0)	(0.03-1.7)	(0.04-2.2)	(0.0-0.0)	(0.02-1.2)

4.2 NCD RISK FACTORS – ADULTS (18-69 YEARS)

4.2.1 Tobacco use

Table 4.2.1.1a Tobacco use (any form) by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Never user	55.8	90.8	72.1	36.9	83.7	59.7	43.4	86.0	63.9
	(50.6-60.8)	(87.1-93.5)	(68.0-75.9)	(33.9-40.1)	(80.9-86.2)	(57.1-62.3)	(40.5-46.3)	(83.8-88.0)	(61.6-66.1)
Current user	39.4	8.8	25.1	57.3	15.1	36.8	51.2	13.0	32.8
	(34.5-44.5)	(6.1-12.5)	(21.5-29.2)	(54.0-60.5)	(12.7-17.8)	(34.3-39.2)	(48.3-54.1)	(11.1-15.2)	(30.8-35.0)
Past user	4.8	0.4	2.8	5.8	1.2	3.5	5.4	1.0	3.3
	(3.6-6.3)	(0.2-0.8)	(2.1-3.6)	(4.7-7.0)	(0.8-1.7)	(2.9-4.3)	(4.6-6.4)	(0.7-1.3)	(2.8-3.8)

Table 4.2.1.1b Tobacco use (any form) by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Never user	54.7	92.8	72.3	40.0	87.2	62.8	44.9	89.0	65.9
	(49.0-60.3)	(89.3-95.2)	(68.0-76.2)	(36.2-43.9)	(83.7-90.0)	(59.9-65.7)	(41.7-48.2)	(86.4-91.1)	(63.5-68.3)
Current user	41.6	6.9	25.6	55.4	11.7	34.3	50.8	10.2	31.5
	(35.9-47.6)	(4.5-10.4)	(21.6-30.0)	(51.6-59.2)	(9.0-15.1)	(31.7-37.0)	(47.6-54.0)	(8.1-12.7)	(29.2-33.8)
Past user	3.7	0.3	2.1	4.6	1.1	2.9	4.3	0.8	2.6
	(2.4-5.6)	(0.1-0.8)	(1.4-3.2)	(3.5-6.0)	(0.7-1.8)	(2.2-3.7)	(3.4-5.3)	(0.5-1.3)	(2.1-3.3)
45 - 69 years									
Never user	58.2	86.7	71.9	29.5	75.7	52.3	39.8	79.4	59.2
	(51.0-65.1)	(80.6-91.0)	(66.3-76.8)	(25.6-33.7)	(70.8-79.9)	(48.5-56.1)	(35.5-44.2)	(75.7-82.7)	(55.8-62.5)
Current user	34.5	12.7	24.0	61.8	22.8	42.6	52.0	19.4	36.1
	(28.6-40.8)	(8.4-18.8)	(19.7-29.0)	(57.5-66.0)	(18.7-27.6)	(38.9-46.3)	(48.0-56.1)	(16.1-23.1)	(32.9-39.3)
Past user	7.3	0.6	4.1	8.7	1.5	5.1	8.2	1.2	4.7
	(5.2-10.2)	(0.3-1.1)	(3.0-5.6)	(6.4-11.6)	(0.9-2.5)	(3.9-6.7)	(6.5-10.3)	(0.8-1.8)	(3.8-5.9)

Table 4.2.1.2a Smoked tobacco use by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Never user	73.6	98.7	85.3	66.3	98.1	81.8	68.8	98.3	83.0
	(68.8-77.8)	(97.0-99.4)	(82.3-87.9)	(63.4-69.1)	(97.2-98.8)	(80.0-83.5)	(66.3-71.2)	(97.6-98.8)	(81.4-84.4)
Current user	20.7	1.2	11.6	24.3	1.4	13.1	23.0	1.3	12.6
	(16.7-25.5)	(0.5-3.0)	(9.2-14.6)	(21.6-27.2)	(0.9-2.1)	(11.6-14.8)	(20.8-25.5)	(0.9-2.0)	(11.3-14.1)
Past user	5.7	0.1	3.1	9.4	0.5	5.1	8.2	0.4	4.4
	(4.6-7.1)	(0.1-0.4)	(2.5-3.9)	(7.8-11.3)	(0.2-0.9)	(4.2-6.1)	(7.0-9.5)	(0.2-0.7)	(3.8-5.2)

Table 4.2.1.2b Smoked tobacco use by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Never user	74.8	99.1	86.0	71.2	99.1	84.7	72.4	99.1	85.2
	(69.1-79.7)	(97.8-99.6)	(82.6-88.9)	(67.6-74.6)	(98.3-99.6)	(82.6-86.6)	(69.4-75.3)	(98.5-99.5)	(83.4-86.8)
Current user	21.1	0.8	11.7	21.4	0.5	11.3	21.3	0.6	11.4
	(16.2-27.1)	(0.3-2.1)	(8.9-15.3)	(18.2-25.0)	(0.2-1.3)	(9.6-13.3)	(18.5-24.4)	(0.3-1.2)	(9.9-13.2)
Past user	4.1	0.1	2.3	7.4	0.4	4.0	6.3	0.3	3.4
	(2.9-5.8)	(0.03-0.7)	(1.6-3.2)	(5.7-9.4)	(0.1-0.9)	(3.1-5.1)	(5.1-7.7)	(0.1-0.6)	(2.8-4.2)
45 - 69 years									
Never user	71.0	97.7	83.8	54.3	95.8	74.9	60.3	96.5	78.0
	(64.5-76.6)	(94.6-99.1)	(79.8-87.1)	(49.4-59.2)	(93.7-97.3)	(71.6-77.8)	(56.2-64.2)	(94.9-97.6)	(75.5-80.3)
Current user	19.8	2.1	11.3	31.2	3.5	17.4	27.1	3.0	15.3
	(15.4-25.1)	(0.8-5.4)	(8.6-14.7)	(27.1-35.5)	(2.2-5.3)	(15.0-20.2)	(24.0-30.5)	(2.0-4.4)	(13.4-17.4)
Past user	9.2	0.2	4.9	14.5	0.7	7.7	12.6	0.5	6.7
	(6.7-12.6)	(0.1-0.5)	(3.6-6.6)	(11.5-18.2)	(0.3-1.6)	(6.1-9.7)	(10.4-15.3)	(0.3-1.1)	(5.5-8.2)

Table 4.2.1.3a Smokeless tobacco use by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Never user	72.0	91.8	81.2	54.4	85.1	69.4	60.5	87.3	73.4
	(67.2-76.3)	(88.5-94.2)	(77.7-84.3)	(50.6-58.2)	(82.3-87.6)	(66.6-72.1)	(57.3-63.5)	(85.1-89.2)	(71.1-75.5)
Current user	26.0	7.9	17.6	42.0	14.0	28.3	36.5	12.0	24.7
	(21.8-30.6)	(5.6-11.2)	(14.6-20.9)	(38.4-45.7)	(11.6-16.7)	(25.8-31.0)	(33.6-39.5)	(10.2-14.1)	(22.7-26.9)
Past user	2.0	0.3	1.2	3.6	0.9	2.3	3.0	0.7	1.9
	(1.2-3.4)	(0.2-0.6)	(0.8-2.0)	(2.8-4.5)	(0.6-1.4)	(1.8-2.8)	(2.4-3.8)	(0.5-1.1)	(1.6-2.4)

Table 4.2.1.3b Smokeless tobacco use by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Never user	68.7	93.6	80.2	52.9	87.8	69.8	58.2	89.6	73.2
	(63.6-73.4)	(90.4-95.8)	(76.7-83.3)	(48.7-57.1)	(84.3-90.6)	(66.7-72.7)	(54.9-61.5)	(87.1-91.7)	(70.9-75.4)
Current user	29.0	6.2	18.5	43.4	11.3	27.9	38.6	9.7	24.8
	(24.5-34.0)	(4.1-9.4)	(15.5-21.9)	(39.5-47.4)	(8.6-14.7)	(25.2-30.7)	(35.5-41.7)	(7.7-12.2)	(22.7-27.0)
Past user	2.3	0.2	1.3	3.7	0.9	2.3	3.2	0.7	2.0
	(1.2-4.1)	(0.1-0.6)	(0.7-2.3)	(2.8-5.0)	(0.5-1.5)	(1.8-3.0)	(2.5-4.2)	(0.4-1.1)	(1.6-2.5)
45 - 69 years									
Never user	79.3	88.0	83.4	58.2	78.9	68.5	65.8	82.0	73.7
	(73.2-84.3)	(82.2-92.0)	(78.7-87.3)	(53.4-62.9)	(74.2-83.0)	(64.4-72.2)	(61.6-69.7)	(78.4-85.2)	(70.4-76.8)
Current user	19.1	11.5	15.5	38.6	20.0	29.4	31.6	17.1	24.5
	(14.4-25.0)	(7.5-17.3)	(11.8-20.1)	(33.9-43.4)	(16.0-24.7)	(25.6-33.4)	(27.8-35.7)	(14.0-20.7)	(21.5-27.7)
Past user	1.6	0.5	1.1	3.2	1.1	2.1	2.6	0.9	1.8
	(0.8-3.1)	(0.2-1.0)	(0.6-1.9)	(2.1-4.8)	(0.6-1.9)	(1.5-3.1)	(1.8-3.7)	(0.5-1.4)	(1.3-2.4)

Table 4.2.1.4a Tobacco use among adults by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Only smoked tobacco	13.5	0.9	7.6	15.3	1.1	8.4	14.7	1.0	8.1
	(10.9-16.5)	(0.4-2.0)	(6.1-9.3)	(13.1-17.8)	(0.7-1.8)	(7.2-9.8)	(13.0-16.6)	(0.7-1.6)	(7.2-9.2)
Only smokeless tobacco	18.7	7.6	13.5	33.1	13.7	23.6	28.1	11.7	20.2
	(15.2-22.8)	(5.5-10.5)	(11.2-16.2)	(29.8-36.5)	(11.4-16.4)	(21.3-26.1)	(25.5-30.9)	(9.9-13.7)	(18.4-22.2)
Both smoked & smokeless tobacco	7.3	0.3	4.0	8.9	0.2	4.7	8.4	0.3	4.5
	(5.1-10.2)	(0.1-1.6)	(2.8-5.8)	(7.2-11.0)	(0.1-0.7)	(3.8-5.8)	(7.0-10.0)	(0.1-0.7)	(3.7-5.4)

Table 4.2.1.4b Tobacco use among adults by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 – 44 Years									
Only smoked tobacco	12.6	0.7	7.1	12.1	0.4	6.4	12.2	0.5	6.6
	(9.5-16.6)	(0.2-2.1)	(5.3-9.5)	(9.7-14.9)	(0.1-1.2)	(5.1-8.0)	(10.3-14.5)	(0.2-1.1)	(5.6-7.9)
Only smokeless tobacco	20.5	6.1	13.9	34.0	11.2	23.0	29.5	9.6	20.0
	(16.5-25.3)	(4.0-9.3)	(11.4-16.8)	(30.3-37.9)	(8.6-14.6)	(20.4-25.8)	(26.6-32.6)	(7.6-12.1)	(18.0-22.1)
Both smoked & smokeless tobacco	8.5	0.1	4.6	9.4	0.1	4.9	9.1	0.1	4.8
	(6.0-12.0)	(0.01-0.4)	(3.2-6.5)	(7.3-12.0)	(0.01-0.7)	(3.8-6.2)	(7.4-11.1)	(0.02-0.4)	(3.9-5.9)
45 - 69 Years									
Only smoked tobacco	15.3	1.2	8.6	23.3	2.8	13.2	20.4	2.3	11.6
	(11.7-19.8)	(0.4-3.4)	(6.5-11.2)	(19.5-27.6)	(1.8-4.4)	(11.0-15.7)	(17.6-23.6)	(1.5-3.4)	(10.0-13.4)
Only smokeless tobacco	14.7	10.7	12.8	30.7	19.4	25.1	25.0	16.4	20.8
	(10.8-19.7)	(7.5-15.0)	(9.9-16.3)	(26.5-35.2)	(15.4-24.1)	(21.6-28.9)	(21.6-28.7)	(13.5-19.8)	(18.1-23.7)
Both smoked & smokeless tobacco	4.5	0.9	2.7	7.9	0.6	4.3	6.7	0.7	3.7
	(2.8-7.1)	(0.1-5.4)	(1.5-4.9)	(5.9-10.4)	(0.2-1.6)	(3.2-5.7)	(5.2-8.5)	(0.3-1.8)	(2.9-4.9)

Table 4.2.1.5a Current daily tobacco use by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Smoked tobacco	15.4 (11.9-19.8)	1.0 (0.4-2.8)	8.7 (6.5-11.5)	18.6 (16.2-21.3)	1.3 (0.8-2.0)	10.1 (8.8-11.7)	17.5 (15.5-19.7)	1.2 (0.8-1.8)	9.7 (8.5-11.0)
Smokeless tobacco	21.0 (17.3-25.1)	6.9 (4.6-10.1)	14.4 (11.6-17.6)	35.7 (32.4-39.2)	12.3 (10.1-14.9)	24.3 (22.1-26.7)	30.6 (28.0-33.4)	10.5 (8.8-12.5)	21.0 (19.1-22.9)
Both smoked & smokeless tobacco	4.6 (2.8-7.6)	0.3 (0.04-1.8)	2.6 (1.5-4.6)	5.1 (4.0-6.4)	0.2 (0.1-0.7)	2.7 (2.1-3.4)	4.9 (3.9-6.2)	0.2 (0.1-0.7)	2.7 (2.1-3.4)
Either (smoked or smokeless) tobacco	31.8 (27.4-36.5)	7.6 (5.1-11.3)	20.5 (17.0-24.4)	49.2 (45.9-52.5)	13.3 (11.1-15.9)	31.7 (29.5-34.0)	43.2 (40.4-46.1)	11.4 (9.7-13.5)	28.0 (26.0-30.0)

Table 4.2.1.5b Current daily tobacco use by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 – 44 years	(95% CI)								
Smoked tobacco	14.3 (10.2-19.8)	0.6 (0.2-1.9)	8.0 (5.6-11.4)	15.3 (12.5-18.6)	0.4 (0.1-1.2)	8.1 (6.6-9.9)	15.0 (12.6-17.7)	0.5 (0.2-1.0)	8.0 (6.7-9.6)
Smokeless tobacco User	23.5 (19.5-28.0)	5.1 (3.2-8.1)	15.0 (12.3-18.2)	36.5 (32.8-40.4)	10.1 (7.5-13.4)	23.7 (21.3-26.3)	32.1 (29.2-35.1)	8.5 (6.6-10.9)	20.9 (18.9-22.9)
Both smoked & smokeless tobacco	5.0 (2.8-8.7)	0.0 (0.0-0.0)	2.7 (1.5-4.7)	4.9 (3.7-6.6)	0.1 (0.01-0.7)	2.6 (1.9-3.4)	4.9 (3.8-6.5)	0.1 (0.01-0.5)	2.6 (2.0-3.4)
Either (smoked or smokeless)	32.8 (27.6-38.6)	5.7 (3.5-9.1)	20.3 (16.6-24.6)	46.9 (43.0-50.8)	10.4 (7.8-13.7)	29.2 (26.7-31.8)	42.1 (38.9-45.4)	8.9 (7.0-11.3)	26.3 (24.2-28.5)
45 – 69 years									
Smoked tobacco	17.9 (13.6-23.1)	1.9 (0.7-5.3)	10.2 (7.7-13.5)	26.6 (22.7-31.0)	3.2 (2.0-5.1)	15.1 (12.8-17.7)	23.5 (20.5-26.8)	2.8 (1.8-4.2)	13.4 (11.6-15.4)
Smokeless tobacco User	15.3 (11.4-20.3)	10.5 (6.6-16.3)	13.0 (9.6-17.3)	33.8 (29.5-38.5)	17.3 (13.6-21.9)	25.7 (22.3-29.4)	27.2 (23.7-31.0)	15.0 (12.1-18.5)	21.2 (18.5-24.2)
Both smoked & smokeless tobacco	3.8 (2.2-6.4)	0.8 (0.1-5.5)	2.4 (1.2-4.5)	5.5 (3.9-7.7)	0.6 (0.2-1.5)	3.1 (2.1-4.3)	4.9 (3.7-6.5)	0.7 (0.2-1.8)	2.8 (2.1-3.9)
Either (smoked or smokeless)	29.4 (24.3-35.1)	11.5 (7.3-17.6)	20.8 (16.8-25.5)	55.0 (50.7-59.2)	20.0 (16.1-24.6)	37.7 (34.2-41.3)	45.8 (42.1-49.7)	17.1 (14.0-20.6)	31.8 (28.9-34.8)

Table 4.2.1.6a Daily tobacco use* (any form) by type of product, area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Smoked tobacco	(95% CI)								
Bidi	42.9	36.5	42.5	66.3	56.3	65.8	59.0	50.5	58.6
	(33.9-52.3)	(9.9-74.9)	(33.0-52.7)	(61.0-71.2)	(33.9-76.3)	(60.4-70.7)	(53.7-64.2)	(31.0-69.7)	(53.0-64.0)
Manufactured cigarettes	36.3	41.3	36.6	12.2	7.6	12.0	19.6	17.4	19.5
	(27.0-46.8)	(7.8-85.3)	(25.9-48.8)	(8.6-17.1)	(2.6-20.0)	(8.5-16.7)	(15.2-25.0)	(4.8-46.8)	(14.7-25.5)
Hand-rolled cigarettes	0.3	0.4	0.3	2.1	24.5	3.3	1.5	17.5	2.3
	(0.1-1.0)	(0.04-3.3)	(0.1-0.9)	(1.1-4.0)	(8.0-54.7)	(1.7-6.3)	(0.8-2.8)	(5.5-43.7)	(1.2-4.5)
Others**	8.3	6.9	8.3	8.9	7.0	8.8	8.7	7.0	8.7
	(3.7-17.7)	(1.1-32.9)	(3.9-16.7)	(6.2-12.7)	(2.2-20.4)	(6.2-12.4)	(6.2-12.2)	(2.6-17.3)	(6.2-11.9)
Smokeless tobacco									
Chewing tobacco	67.4	55.5	64.9	73.2	58.6	69.7	71.8	57.9	68.6
	(60.8-73.4)	(42.7-67.6)	(58.7-70.6)	(68.4-77.5)	(50.6-66.1)	(65.3-73.7)	(67.8-75.4)	(51.1-64.4)	(64.9-72.0)
Paan with tobacco	23.4	31.4	25.1	27.2	34.5	28.9	26.2	33.8	28.0
	(17.6-30.4)	(22.6-41.7)	(19.8-31.2)	(22.4-32.5)	(26.5-43.4)	(24.2-34.1)	(22.3-30.6)	(27.2-41.1)	(24.2-32.2)
Tobacco snuff by mouth	4.9	10.3	6.0	4.1	11.1	5.8	4.3	10.9	5.9
	(2.5-9.4)	(5.1-19.7)	(3.8-9.4)	(2.7-6.2)	(7.6-15.9)	(4.3-7.8)	(3.0-6.1)	(7.8-15.0)	(4.6-7.5)
Tobacco snuff by nose	0.1	6.2	1.4	0.1	0.8	0.3	0.1	2.0	0.6
	(0.02-0.6)	(2.3-15.7)	(0.6-3.3)	(0.05-0.4)	(0.3-2.4)	(0.1-0.7)	(0.1-0.3)	(1.0-4.1)	(0.3-1.0)

*among current tobacco users; **others include pipes, cigars, cheroots, hookah/shisha and other local smoked tobacco products

Table 4.2.1.6b Daily tobacco use* (any form) by type of product, area of residence, gender and age categories (Percentage)

18 - 44 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Smoked Tobacco product used	(95% CI)								
Bidi	36.7 (27.5-47.0)	36.0 (10.2-73.4)	36.7 (27.3-47.3)	59.1 (51.9-65.9)	44.0 (11.1-83.1)	58.8 (51.6-65.5)	51.6 (45.1-58.1)	40.7 (16.2-70.9)	51.3 (44.7-57.9)
Manufactured cigarettes	36.5 (24.8-50.0)	40.5 (6.6-86.7)	36.6 (24.2-51.2)	16.0 (10.8-23.2)	0.0 (0.0-0.0)	15.7 (10.6-22.7)	22.9 (17.0-30.0)	16.7 (2.4-62.1)	22.7 (16.6-30.2)
Hand-rolled cigarettes	0.3 (0.04-1.4)	0.0 (0.0-0.0)	0.2 (0.04-1.4)	1.7 (0.6-4.6)	35.8 (5.8-83.4)	2.5 (1.0-6.1)	1.2 (0.5-3.1)	21.0 (3.2-68.3)	1.7 (0.7-4.1)
Others**	7.1 (2.9-16.1)	0.0 (0.0-0.0)	6.8 (2.9-15.4)	9.1 (5.3-15.0)	0.0 (0.0-0.0)	8.9 (5.2-14.7)	8.4 (5.3-13.0)	0.0 (0.0-0.0)	8.2 (5.2-12.6)
Smokeless Tobacco product used									
Chewing tobacco	68.3 (60.4-75.3)	61.0 (42.9-76.5)	67.2 (59.8-73.9)	72.0 (66.2-77.1)	61.2 (49.8-71.5)	69.9 (64.5-74.7)	71.1 (66.3-75.4)	61.1 (51.4-70.1)	69.2 (64.8-73.3)
Paan with tobacco	22.6 (16.2-30.7)	31.2 (20.5-44.2)	24.0 (17.9-31.2)	27.8 (22.5-33.8)	28.3 (18.7-40.3)	27.9 (23.1-33.2)	26.5 (22.1-31.4)	28.8 (20.7-38.6)	26.9 (23.0-31.3)
Tobacco snuff by mouth	4.8 (2.0-11.1)	5.9 (2.3-14.5)	5.0 (2.5-9.9)	3.8 (2.4-6.1)	11.2 (6.7-18.2)	5.3 (3.8-7.4)	4.1 (2.7-6.2)	10.2 (6.4-15.8)	5.2 (3.8-7.1)
Tobacco snuff by nose	0.0 (0.0-0.0)	2.1 (0.4-11.4)	0.3 (0.1-1.9)	0.1 (0.03-0.5)	1.0 (0.3-4.0)	0.3 (0.1-0.8)	0.1 (0.0-0.4)	1.2 (0.4-3.6)	0.3 (0.1-0.7)
45 - 69 years									
Smoked Tobacco product used									
Bidi	57.4 (46.4-67.7)	36.9 (7.1-81.8)	55.6 (42.9-67.5)	78.3 (71.5-83.8)	60.4 (38.8-78.7)	76.6 (69.7-82.2)	72.8 (66.7-78.2)	54.8 (35.0-73.2)	71.1 (64.7-76.8)
Manufactured cigarettes	35.8 (26.9-45.9)	41.9 (7.6-86.3)	36.4 (26.5-47.5)	5.8 (3.5-9.4)	10.1 (3.6-25.5)	6.2 (3.9-9.7)	13.6 (9.9-18.5)	17.8 (6.0-42.4)	14.0 (10.1-19.2)
Hand-rolled cigarettes	0.3 (0.0-1.5)	0.7 (0.1-5.7)	0.3 (0.1-1.3)	2.8 (1.2-6.4)	20.7 (6.7-48.8)	4.5 (1.9-10.3)	2.1 (0.9-4.8)	15.9 (5.0-40.3)	3.4 (1.5-7.7)
Others**	11.4 (4.4-26.4)	12.2 (1.9-49.4)	11.4 (4.9-24.3)	8.7 (5.6-13.2)	9.4 (3.0-25.6)	8.7 (5.9-12.7)	9.4 (6.1-14.0)	10.1 (3.9-23.5)	9.4 (6.5-13.5)
Smokeless Tobacco product used									
Chewing tobacco	64.3 (54.1-73.3)	49.4 (35.2-63.7)	59.0 (49.8-67.6)	76.5 (70.5-81.6)	55.1 (45.0-64.8)	69.3 (63.4-74.6)	73.9 (68.7-78.5)	53.8 (45.4-62.0)	67.0 (62.1-71.6)

Paan with tobacco	26.0	31.6	28.0	25.5	42.7	31.3	25.6	40.1	30.5
	(17.6-36.5)	(18.8-48.0)	(21.5-35.6)	(20.2-31.5)	(31.1-55.1)	(24.7-38.6)	(21.0-30.8)	(30.5-50.5)	(25.2-36.5)
Tobacco snuff by mouth	5.2	15.0	8.7	5.0	10.9	7.0	5.0	11.9	7.4
	(2.9-9.0)	(6.4-31.4)	(4.9-14.9)	(2.5-9.9)	(6.6-17.5)	(4.6-10.4)	(2.9-8.7)	(7.7-17.8)	(5.3-10.2)
Tobacco snuff by nose	0.5	10.7	4.1	0.2	0.6	0.3	0.3	3.0	1.2
	(0.1-2.8)	(3.5-28.5)	(1.5-11.0)	(0.04-0.8)	(0.2-2.4)	(0.1-0.9)	(0.1-0.8)	(1.1-7.4)	(0.5-2.7)

*among current tobacco users; **others include pipes, cigars, cheroots, hookah/shisha and other local smoked tobacco products

Table 4.2.1.7a Number of tobacco products of different types used daily* by area of residence and gender (Mean)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Smoked tobacco	(95% CI)								
Bidi	12.6	2.5	12.1	12.1	10.2	12.0	12.2	8.6	12.0
	(10.3-14.8)	(1.8-3.3)	(10.0-14.3)	(11.1-13.1)	(6.1-14.3)	(11.0-13.0)	(11.3-13.1)	(5.2-12.0)	(11.1-12.9)
Manufactured cigarettes	6.1	6.9	6.1	4.8	11.2	5.0	5.5	8.2	5.6
	(3.5-8.6)	(6.7-7.1)	(3.6-8.6)	(3.3-6.3)	(8.2-14.1)	(3.5-6.5)	(3.8-7.2)	(6.1-10.3)	(4.0-7.3)
Hand-rolled cigarettes	1.8	1.0	1.7	3.8	5.2	4.4	3.7	5.2	4.3
	(1.2-2.4)	(1.0-1.0)	(1.1-2.3)	(2.0-5.7)	(2.3-8.2)	(2.5-6.3)	(1.9-5.5)	(2.3-8.1)	(2.4-6.1)
Others**	6.1	2.2	5.9	4.3	1.4	4.2	4.8	1.6	4.7
	(4.2-7.9)	(1.8-2.7)	(4.0-7.8)	(2.6-6.0)	(0.9-1.8)	(2.5-5.9)	(3.4-6.2)	(1.2-2.1)	(3.3-6.1)
Smokeless tobacco									
Chewing tobacco	6.5	5.5	6.3	6.2	4.6	5.9	6.3	4.8	6.0
	(5.6-7.4)	(4.5-6.4)	(5.5-7.1)	(5.7-6.6)	(4.0-5.2)	(5.5-6.2)	(5.8-6.7)	(4.2-5.3)	(5.6-6.3)
Paan with tobacco	5.5	5.7	5.6	4.0	4.4	4.1	4.4	4.6	4.4
	(3.9-7.1)	(4.2-7.2)	(4.3-6.8)	(3.5-4.6)	(3.5-5.2)	(3.6-4.7)	(3.8-4.9)	(3.9-5.4)	(3.9-5.0)
Tobacco snuff by mouth	5.9	3.3	5.0	8.0	3.4	5.9	7.4	3.4	5.7
	(2.5-9.4)	(2.2-4.4)	(2.7-7.2)	(3.7-12.2)	(2.7-4.1)	(3.4-8.4)	(4.1-10.7)	(2.8-4.0)	(3.7-7.6)
Tobacco snuff by nose	5.1	3.9	3.9	5.4	4.2	4.6	5.3	4.0	4.2
	(4.8-5.4)	(0.3-7.4)	(0.6-7.3)	(4.8-5.9)	(2.9-5.5)	(3.7-5.5)	(4.9-5.8)	(1.5-6.4)	(2.1-6.3)

*among current tobacco users **others include pipes, cigars, cheroots, hookah/shisha and other local smoked tobacco products

Table 4.2.1.7b Number of tobacco products of different types used daily* by area of residence, gender and age categories (Mean)

18 - 44 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Smoked tobacco	(95% CI)								
Bidi	12.0 (9.0-14.9)	2.6 (1.9-3.4)	11.7 (8.8-14.5)	12.0 (10.4-13.6)	6.6 (0.0-15.6)	11.9 (10.3-13.5)	12.0 (10.6-13.4)	5.2 (0.0-10.8)	11.9 (10.5-13.2)
Manufactured cigarettes	6.6 (3.6-9.6)	5.0 (5.0-5.0)	6.5 (3.7-9.4)	4.5 (3.0-6.0)	0.0 (0.0-0.0)	4.5 (3.0-6.0)	5.6 (3.6-7.6)	5.0 (5.0-5.0)	5.6 (3.7-7.5)
Hand-rolled cigarettes	2.0 (2.0-2.0)	0.0 (0.0-0.0)	2.0 (2.0-2.0)	2.6 (2.0-3.1)	4.0 (4.0-4.0)	3.0 (2.2-3.8)	2.5 (2.0-3.1)	4.0 (4.0-4.0)	3.0 (2.2-3.7)
Others**	6.6 (2.9-10.2)	0.0 (0.0-0.0)	6.6 (2.9-10.2)	4.7 (2.1-7.2)	0.0 (0.0-0.0)	4.7 (2.1-7.2)	5.2 (3.0-7.4)	0.0 (0.0-0.0)	5.2 (3.0-7.4)
Smokeless tobacco									
Chewing tobacco	6.5 (5.3-7.7)	5.2 (4.3-6.2)	6.3 (5.2-7.4)	6.0 (5.5-6.5)	4.3 (3.7-5.0)	5.7 (5.2-6.2)	6.1 (5.6-6.6)	4.5 (4.0-5.1)	5.8 (5.4-6.3)
Paan with tobacco	6.0 (4.0-8.1)	6.1 (3.5-8.6)	6.0 (4.3-7.7)	3.8 (3.2-4.5)	3.8 (3.3-4.4)	3.8 (3.3-4.4)	4.3 (3.6-5.0)	4.3 (3.5-5.2)	4.3 (3.7-4.9)
Tobacco snuff by mouth	6.2 (1.6-10.8)	3.8 (2.2-5.5)	5.8 (2.1-9.5)	6.0 (4.3-7.8)	3.3 (2.4-4.2)	4.9 (3.7-6.1)	6.1 (4.2-7.9)	3.4 (2.6-4.2)	5.1 (3.9-6.3)
Tobacco snuff by nose	0.0 (0.0-0.0)	3.1 (2.9-3.3)	3.1 (2.9-3.3)	5.4 (4.6-6.1)	4.7 (3.9-5.4)	4.9 (4.4-5.5)	5.4 (4.6-6.1)	4.1 (3.0-5.2)	4.4 (3.5-5.3)
45 - 69 years									
Smoked tobacco									
Bidi	13.5 (10.4-16.5)	2.4 (1.5-3.3)	12.8 (9.8-15.9)	12.2 (10.8-13.6)	11.1 (7.2-15.0)	12.1 (10.8-13.4)	12.5 (11.2-13.7)	9.7 (5.9-13.5)	12.2 (11.0-13.5)
Manufactured cigarettes	4.8 (3.4-6.2)	8.3 (7.8-8.8)	5.1 (3.4-6.8)	6.1 (2.2-10.0)	11.2 (8.2-14.1)	6.9 (3.4-10.4)	5.2 (3.6-6.8)	9.5 (7.7-11.4)	5.7 (4.1-7.3)
Hand-rolled cigarettes	1.2 (0.5-1.9)	1.0 (1.0-1.0)	1.2 (0.7-1.7)	5.2 (2.0-8.3)	6.0 (2.8-9.2)	5.5 (2.8-8.2)	5.0 (2.0-8.1)	5.9 (2.7-9.1)	5.4 (2.7-8.1)
Others**	5.3 (2.3-8.3)	2.2 (1.8-2.7)	5.0 (2.3-7.8)	3.6 (2.4-4.8)	1.4 (0.9-1.8)	3.4 (2.3-4.5)	4.2 (3.0-5.4)	1.6 (1.2-2.1)	3.9 (2.8-5.0)

Smokeless tobacco									
Chewing tobacco	6.5	5.8	6.3	6.7	4.9	6.2	6.7	5.1	6.2
	(5.3-7.6)	(4.1-7.4)	(5.3-7.2)	(6.0-7.4)	(3.9-5.9)	(5.6-6.8)	(6.1-7.2)	(4.2-6.0)	(5.7-6.7)
Paan with tobacco	4.1	5.3	4.6	4.7	4.9	4.8	4.5	4.9	4.7
	(3.4-4.8)	(4.2-6.4)	(3.9-5.3)	(3.8-5.5)	(3.3-6.4)	(3.9-5.6)	(3.9-5.2)	(3.6-6.3)	(4.0-5.4)
Tobacco snuff by mouth	5.0	3.0	3.8	12.0	3.5	7.5	10.5	3.4	6.6
	(3.7-6.4)	(1.8-4.3)	(2.6-5.0)	(0.9-23.1)	(2.5-4.5)	(1.4-13.7)	(1.5-19.5)	(2.5-4.2)	(1.9-11.2)
Tobacco snuff by nose	5.1	4.0	4.1	5.4	3.1	4.0	5.3	3.9	4.1
	(4.8-5.4)	(-0.3-8.4)	(0.0-8.2)	(4.6-6.1)	(0.8-5.5)	(1.9-6.0)	(4.8-5.7)	(0.2-7.5)	(0.9-7.3)

*among daily tobacco users; **others include pipes, cigars, cheroots, hookah/shisha and other local smoked tobacco products

Table 4.2.1.8a Exposure to second hand tobacco smoke in past 30 days by area of residence and gender (Percentage)

18 – 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
At home	27.9	23.4	25.8	40.4	29.7	35.2	36.1	27.7	32.1
	(22.8-33.6)	(19.3-28.1)	(21.9-30.2)	(37.0-43.9)	(26.4-33.3)	(32.5-38.0)	(33.2-39.1)	(25.0-30.5)	(29.7-34.5)
At work place	37.3	12.9	25.9	35.1	12.3	24.0	35.9	12.5	24.6
	(31.8-43.1)	(9.2-17.6)	(21.8-30.3)	(31.8-38.6)	(9.9-15.2)	(21.4-26.8)	(33.0-38.9)	(10.4-14.9)	(22.4-27.0)
During travel	31.2	20.2	26.1	30.5	16.3	23.6	30.7	17.6	24.4
	(26.9-35.8)	(16.2-25.0)	(22.2-30.3)	(27.1-34.1)	(13.5-19.5)	(20.9-26.5)	(28.1-33.6)	(15.2-20.2)	(22.2-26.8)
Any of the places	57.2	37.5	48.0	59.4	37.5	48.7	58.6	37.5	48.5
	(50.7-63.5)	(32.5-42.8)	(42.8-53.3)	(55.8-62.9)	(33.9-41.3)	(45.6-51.8)	(55.4-61.8)	(34.5-40.6)	(45.8-51.2)

Table 4.2.1.8b Exposure to second hand tobacco smoke in past 30 days by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 – 44 years	(95% CI)								
At home	31.3 (25.9-37.3)	24.2 (19.7-29.2)	28.0 (24.1-32.3)	40.2 (36.1-44.3)	30.6 (27.0-34.6)	35.6 (32.5-38.7)	37.2 (33.9-40.6)	28.6 (25.7-31.7)	33.1 (30.6-35.6)
At work place	40.8 (34.5-47.4)	13.5 (9.8-18.2)	28.2 (23.8-33.0)	35.5 (31.8-39.4)	11.8 (9.1-15.0)	24.0 (21.1-27.2)	37.3 (34.0-40.7)	12.3 (10.1-14.9)	25.4 (22.9-28.0)
During travel	34.1 (29.9-38.6)	21.3 (17.1-26.2)	28.2 (24.4-32.4)	31.6 (28.0-35.4)	16.6 (13.5-20.1)	24.3 (21.4-27.4)	32.4 (29.6-35.4)	18.1 (15.5-20.9)	25.6 (23.3-28.1)
Any of the places	63.1 (56.8-69.0)	39.4 (34.1-45.1)	52.2 (47.2-57.1)	59.3 (54.9-63.5)	38.4 (34.4-42.6)	49.2 (45.7-52.7)	60.6 (57.0-64.0)	38.7 (35.5-42.1)	50.2 (47.3-53.0)
45 – 69 years									
At home	20.4 (15.0-27.0)	21.9 (16.5-28.5)	21.1 (16.2-26.9)	41.0 (36.6-45.5)	27.6 (24.1-31.5)	34.4 (31.2-37.7)	33.6 (29.7-37.7)	25.7 (22.5-29.0)	29.7 (26.8-32.8)
At work place	29.5 (24.5-35.0)	11.6 (7.2-18.2)	20.9 (17.1-25.3)	34.2 (29.7-39.0)	13.5 (10.7-17.0)	24.0 (21.0-27.2)	32.5 (29.0-36.2)	12.8 (10.3-15.9)	22.9 (20.5-25.5)
During travel	24.8 (18.8-32.0)	18.0 (13.5-23.7)	21.5 (16.9-27.0)	27.9 (23.5-32.7)	15.6 (12.4-19.4)	21.8 (18.6-25.4)	26.8 (23.1-30.8)	16.4 (13.8-19.5)	21.7 (19.0-24.7)
Any of the places	44.2 (36.6-52.0)	33.5 (27.1-40.7)	39.1 (32.8-45.8)	59.7 (55.2-64.0)	35.4 (31.3-39.8)	47.7 (44.2-51.2)	54.1 (49.8-58.4)	34.8 (31.2-38.5)	44.7 (41.3-48.1)

Table 4.2.1.9a Age (in years) of initiation and cessation of any form of tobacco use by area of residence and gender (Mean)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Age of Initiation	(95% CI)								
Any form of tobacco*	20.8	25.4	21.5	20.3	23.5	20.9	20.4	23.9	21.1
	(20.2-21.5)	(22.8-28.0)	(20.8-22.3)	(19.7-20.9)	(21.9-25.1)	(20.3-21.5)	(19.9-20.9)	(22.6-25.3)	(20.6-21.6)
Smoked tobacco	20.2	23.8	20.4	20.1	27.1	20.5	20.1	26.3	20.4
	(19.4-21.0)	(19.0-28.6)	(19.6-21.2)	(19.4-20.8)	(23.1-31.1)	(19.8-21.2)	(19.6-20.7)	(22.9-29.6)	(19.9-21.0)
Smokeless tobacco	22.2	25.3	22.9	21.1	23.1	21.6	21.3	23.6	21.9
	(21.1-23.3)	(22.7-27.9)	(21.7-24.0)	(20.2-21.9)	(21.5-24.7)	(20.7-22.4)	(20.6-22.1)	(22.2-25.0)	(21.2-22.5)
Age of Cessation									
Any form of tobacco**	32.4	30.4	32.3	31.8	29.6	31.5	31.9	29.7	31.7
	(29.8-35.0)	(23.6-37.1)	(29.7-34.9)	(30.3-33.2)	(24.9-34.3)	(30.1-33.0)	(30.6-33.2)	(25.5-33.9)	(30.5-33.0)
Smoked tobacco	32.7	29.4	32.6	31.5	32.0	31.6	31.8	31.7	31.8
	(29.5-35.9)	(21.1-37.7)	(29.5-35.8)	(29.9-33.2)	(23.0-41.0)	(30.0-33.2)	(30.4-33.3)	(23.7-39.6)	(30.4-33.3)
Smokeless tobacco	29.3	31.1	29.4	31.4	28.4	30.8	30.9	28.6	30.5
	(24.8-33.7)	(21.1-41.0)	(25.2-33.6)	(28.6-34.1)	(23.6-33.1)	(28.4-33.2)	(28.5-33.2)	(24.2-33.0)	(28.4-32.6)

* minimum age of smoked and smokeless tobacco use; **maximum age of smoked and smokeless tobacco use

Table 4.2.1.9b Age (in years) of initiation and cessation of any form of tobacco use by area of residence, gender and age categories (Mean)

18 - 44 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Age of Initiation	(95% CI)								
Any form of tobacco*	20.4	23.5	20.7	19.1	20.9	19.4	19.4	21.4	19.8
	(19.5-21.2)	(21.1-25.8)	(20.0-21.5)	(18.5-19.8)	(19.3-22.6)	(18.8-20.0)	(18.9-20.0)	(20.0-22.8)	(19.2-20.3)
Smoked tobacco	19.2	28.8	19.5	18.6	24.2	18.7	18.8	25.7	19.0
	(18.5-20.0)	(22.8-34.9)	(18.8-20.2)	(17.8-19.4)	(19.5-28.9)	(18.0-19.5)	(18.2-19.4)	(22.0-29.5)	(18.4-19.6)
Smokeless tobacco	21.1	22.8	21.4	19.6	20.8	19.9	20.0	21.2	20.2
	(20.1-22.2)	(20.3-25.3)	(20.4-22.3)	(18.9-20.4)	(19.1-22.5)	(19.1-20.6)	(19.3-20.6)	(19.7-22.6)	(19.6-20.8)
Age of Cessation									
Any form of tobacco**	26.9	23.8	26.7	26.4	23.4	26.1	26.5	23.5	26.2
	(23.9-29.8)	(20.6-26.9)	(23.9-29.5)	(25.1-27.7)	(19.7-27.2)	(24.8-27.4)	(25.3-27.7)	(20.0-26.9)	(25.1-27.4)
Smoked tobacco	26.2	23.3	26.1	26.1	24.3	26.0	26.1	24.1	26.0
	(23.1-29.3)	(22.6-24.1)	(23.1-29.2)	(24.6-27.5)	(16.6-32.0)	(24.5-27.4)	(24.8-27.4)	(17.6-30.7)	(24.7-27.3)
Smokeless tobacco	26.5	24.1	26.4	26.6	23.1	26.0	26.6	23.1	26.1
	(21.2-31.8)	(18.1-30.2)	(21.4-31.4)	(24.3-29.0)	(18.1-28.0)	(23.8-28.2)	(24.4-28.8)	(18.5-27.7)	(24.0-28.1)

45 - 69 years									
Age of Initiation									
Any form of tobacco*	21.8 (20.8-22.8)	27.4 (23.3-31.4)	23.1 (21.8-24.3)	22.6 (21.7-23.6)	26.6 (24.2-28.9)	23.6 (22.7-24.5)	22.4 (21.7-23.2)	26.8 (24.7-28.8)	23.5 (22.7-24.2)
Smoked tobacco	21.6 (20.4-22.9)	20.8 (14.0-27.5)	21.6 (20.3-22.8)	22.0 (20.9-23.1)	28.1 (23.2-32.9)	22.5 (21.5-23.6)	21.9 (21.0-22.8)	26.5 (22.1-30.8)	22.3 (21.5-23.1)
Smokeless tobacco	25.8 (22.5-29.0)	27.9 (23.6-32.1)	26.5 (23.8-29.3)	24.8 (23.1-26.6)	26.2 (23.6-28.7)	25.3 (23.7-26.8)	25.0 (23.5-26.6)	26.6 (24.4-28.7)	25.5 (24.2-26.9)
Age of Cessation									
Any form of tobacco**	39.6 (35.3-43.8)	38.3 (29.4-47.2)	39.5 (35.4-43.6)	39.4 (36.5-42.3)	40.7 (33.8-47.5)	39.5 (36.7-42.3)	39.4 (37.0-41.9)	40.3 (34.3-46.4)	39.5 (37.2-41.9)
Smoked tobacco	39.1 (34.7-43.6)	38.9 (28.9-48.9)	39.1 (34.8-43.5)	38.3 (35.1-41.4)	40.9 (29.2-52.6)	38.4 (35.2-41.5)	38.5 (35.9-41.1)	40.7 (30.2-51.1)	38.6 (36.0-41.2)
Smokeless tobacco	37.5 (30.9-44.0)	38.0 (25.3-50.7)	37.6 (31.7-43.4)	44.5 (40.8-48.2)	38.7 (30.9-46.6)	43.1 (39.1-47.0)	42.9 (39.4-46.5)	38.6 (31.6-45.6)	42.0 (38.5-45.5)

* minimum age of smoked and smokeless tobacco use; **maximum age of smoked and smokeless tobacco use

Table 4.2.1.10a Quit attempts / advices by doctor/ health care worker on tobacco use by area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Quit attempts to tobacco use	(95% CI)								
Tried to stop smoking	36.5 (30.4-43.2)	74.1 (41.3-92.1)	38.3 (32.7-44.2)	34.7 (29.3-40.4)	35.6 (20.3-54.4)	34.7 (29.3-40.5)	35.2 (31.0-39.7)	46.8 (29.4-65.1)	35.8 (31.7-40.2)
Advised to quit									
Tobacco use ¹	20.3 (16.4-25.0)	18.0 (10.0-30.2)	19.9 (15.6-25.1)	17.2 (14.4-20.4)	14.5 (10.5-19.7)	16.6 (14.1-19.5)	18.1 (15.7-20.6)	15.3 (11.5-20.0)	17.5 (15.3-20.0)
Smoking ²	27.3 (21.1-34.5)	53.6 (26.4-78.7)	29.1 (22.2-37.3)	23.3 (19.5-27.7)	50.2 (38.2-62.1)	25.3 (21.5-29.5)	24.5 (21.2-28.1)	51.2 (39.3-62.9)	26.4 (23.0-30.2)
Smokeless tobacco use ³	11.9 (8.7-16.2)	6.4 (3.3-12.0)	10.8 (7.9-14.5)	11.1 (8.8-13.9)	7.9 (4.5-13.4)	10.3 (8.3-12.8)	11.3 (9.4-13.6)	7.6 (4.7-11.9)	10.4 (8.7-12.5)

¹advised to quit tobacco among those who use tobacco of any form; ²advised to quit tobacco among those who use Smoked tobacco; ³advised to quit tobacco among those who use Smokeless tobacco

Table 4.2.1.10b Quit attempts/advices by doctor/health care worker on tobacco use by area of residence, gender and age categories (Percentage)

18 - 44 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Quit attempts to tobacco use	(95% CI)								
Tried to stop smoking	35.9 (28.1-44.6)	54.6 (18.6-86.4)	36.5 (29.0-44.7)	32.8 (26.6-39.6)	36.7 (14.0-67.5)	32.8 (26.7-39.6)	33.8 (28.9-39.2)	44.1 (21.4-69.6)	34.1 (29.2-39.3)
Advised to quit									
Tobacco use ¹	17.8 (13.3-23.4)	19.2 (10.1-33.4)	18.0 (13.2-24.0)	13.5 (10.6-16.9)	14.5 (9.4-21.7)	13.6 (11.0-16.8)	14.7 (12.2-17.6)	15.5 (10.9-21.7)	14.8 (12.5-17.6)
Smoking ²	25.3 (18.0-34.4)	60.0 (31.7-82.9)	27.2 (19.2-37.0)	19.2 (14.8-24.6)	61.9 (43.3-77.5)	21.7 (17.1-27.1)	21.2 (17.3-25.7)	61.3 (45.7-74.9)	23.5 (19.4-28.2)
Smokeless tobacco use ³	10.6 (7.0-15.7)	6.5 (2.4-16.8)	10.0 (6.7-14.6)	8.9 (6.6-11.9)	7.4 (3.3-15.6)	8.6 (6.5-11.3)	9.3 (7.3-11.8)	7.2 (3.6-13.7)	8.9 (7.1-11.2)
45 - 69 years									
Quit attempts to tobacco use									
Tried to stop smoking	37.9 (28.6-48.2)	88.9 (59.1-97.8)	42.4 (34.2-51.0)	37.9 (30.3-46.1)	35.2 (17.7-57.7)	37.6 (30.0-45.8)	37.9 (31.7-44.5)	48.1 (29.1-67.6)	38.8 (32.7-45.3)
Advised to quit									
Tobacco use ¹	26.6 (20.5-33.8)	16.6 (8.4-30.3)	24.2 (18.4-31.2)	24.9 (20.4-30.1)	14.4 (9.7-21.0)	22.2 (18.4-26.6)	25.4 (21.6-29.6)	14.9 (10.6-20.6)	22.7 (19.5-26.4)
Smoking ²	31.4 (23.6-40.3)	46.5 (18.4-77.0)	32.9 (24.5-42.6)	29.6 (24.0-36.0)	39.8 (26.1-55.2)	30.6 (25.4-36.3)	30.1 (25.4-35.3)	41.6 (28.5-56.0)	31.2 (26.7-36.1)
Smokeless tobacco use ³	16.5 (10.3-25.5)	6.2 (3.0-12.5)	12.9 (8.4-19.4)	17.1 (12.8-22.6)	8.6 (4.8-14.8)	14.3 (10.8-18.7)	17.0 (13.3-21.6)	8.0 (4.9-12.9)	14.0 (11.0-17.7)

¹advised to quit tobacco among those who use tobacco of any form; ²advised to quit tobacco among those who use Smoked tobacco; ³advised to quit tobacco among those who use Smokeless tobacco

4.2.2 Alcohol Use

Table 4.2.2.1a Alcohol use by area of residence and gender (Percentage)

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Life time abstainers	69.0	98.6	82.8	64.6	96.7	80.2	66.1	97.3	81.1
	(65.3-72.5)	(97.6-99.2)	(80.7-84.8)	(60.6-68.4)	(94.4-98.0)	(77.5-82.7)	(63.2-68.9)	(95.8-98.3)	(79.2-82.9)
Ever Consumed	31.0	1.4	17.2	35.4	3.3	19.8	33.9	2.7	18.9
	(27.5-34.7)	(0.8-2.4)	(15.2-19.3)	(31.6-39.4)	(2.0-5.6)	(17.3-22.5)	(31.1-36.8)	(1.7-4.2)	(17.1-20.8)
Consumed in past 12 months	25.6	1.2	14.2	29.7	3.0	16.7	28.3	2.4	15.9
	(22.7-28.7)	(0.6-2.2)	(12.5-16.0)	(26.3-33.4)	(1.7-5.3)	(14.4-19.3)	(25.8-31.0)	(1.5-3.9)	(14.2-17.7)
Consumed in past 30 days	20.3	0.5	11.0	23.8	2.4	13.3	22.6	1.8	12.6
	(17.8-23.0)	(0.2-1.0)	(9.7-12.5)	(20.7-27.1)	(1.3-4.5)	(11.3-15.7)	(20.4-24.9)	(1.0-3.2)	(11.1-14.2)

Table 4.2.2.1b Alcohol use by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Life time abstainers	68.8	98.4	82.5	65.2	97.2	80.7	66.4	97.6	81.3
	(64.2-73.0)	(96.9-99.2)	(79.7-84.9)	(60.9-69.2)	(95.0-98.4)	(77.9-83.2)	(63.2-69.4)	(96.1-98.5)	(79.2-83.1)
Ever Consumed	31.2	1.6	17.5	34.8	2.8	19.3	33.6	2.4	18.7
	(27.0-35.8)	(0.8-3.1)	(15.1-20.3)	(30.8-39.1)	(1.6-5.0)	(16.8-22.1)	(30.6-36.8)	(1.5-3.9)	(16.9-20.8)
Consumed in past 12 months	26.7	1.5	15.0	30.5	2.7	17.0	29.2	2.3	16.4
	(22.8-31.0)	(0.7-3.0)	(12.8-17.6)	(26.8-34.4)	(1.5-4.9)	(14.7-19.6)	(26.4-32.1)	(1.4-3.8)	(14.6-18.3)
Consumed in past 30 days	20.8	0.5	11.4	24.1	2.2	13.5	23.0	1.7	12.8
	(17.6-24.4)	(0.2-1.2)	(9.7-13.4)	(20.8-27.7)	(1.1-4.3)	(11.4-15.9)	(20.5-25.7)	(0.9-3.1)	(11.3-14.5)
45 - 69 years									
Life time abstainers	69.4	99.1	83.6	63.3	95.5	79.3	65.5	96.8	80.8
	(63.8-74.5)	(98.2-99.6)	(80.5-86.3)	(57.7-68.6)	(91.9-97.6)	(75.2-82.8)	(61.3-69.4)	(94.4-98.2)	(78.0-83.3)
Ever Consumed	30.6	0.9	16.4	36.7	4.5	20.7	34.5	3.2	19.2
	(25.5-36.2)	(0.4-1.8)	(13.7-19.5)	(31.4-42.3)	(2.4-8.1)	(17.2-24.8)	(30.6-38.7)	(1.8-5.6)	(16.7-22.0)
Consumed in past 12 months	23.2	0.6	12.3	28.0	3.8	16.0	26.2	2.7	14.7
	(18.8-28.2)	(0.3-1.3)	(10.1-15.0)	(22.9-33.6)	(1.9-7.4)	(12.7-20.0)	(22.5-30.3)	(1.4-5.1)	(12.4-17.4)
Consumed in past 30 days	19.1	0.5	10.2	22.9	2.8	13.0	21.6	2.0	12.0
	(15.3-23.5)	(0.2-1.2)	(8.2-12.5)	(18.4-28.3)	(1.3-5.9)	(10.1-16.6)	(18.2-25.3)	(1.0-4.0)	(9.9-14.4)

Table 4.2.2.2a Patterns of alcohol use daily or almost daily in the past 12 months* by area of residence and gender (Percentage)

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Daily or almost daily	(95% CI)								
Unable to stop drinking once started	6.6 (3.8-11.4)	0.2 (0.03-1.7)	6.4 (3.6-11.0)	4.8 (3.3-6.9)	6.2 (2.4-15.1)	4.9 (3.4-6.9)	5.3 (3.9-7.3)	5.2 (1.9-13.4)	5.3 (3.9-7.2)
Failed to do routine activities due to drinking	2.9 (1.1-7.9)	0.0 (0.0-0.0)	2.8 (1.0-7.6)	1.4 (0.7-2.7)	3.3 (0.6-16.1)	1.5 (0.8-2.9)	1.9 (1.0-3.4)	2.8 (0.5-14.2)	1.9 (1.1-3.4)
Needed drink first in the morning	1.1 (0.5-2.6)	0.0 (0.0-0.0)	1.1 (0.5-2.5)	1.8 (1.0-3.3)	3.3 (0.6-16.1)	1.9 (0.9-3.9)	1.6 (0.9-2.7)	2.8 (0.5-14.2)	1.7 (0.9-3.0)

*among those who consumed alcohol in the past 12 months

Table 4.2.2.2b Patterns of alcohol use daily or almost daily in the past 12 months* by area of residence, gender and age categories (Percentage)

Daily or almost daily	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 Years	(95% CI)								
Unable to stop drinking once started	5.4 (2.4-11.6)	0.3 (0.03-2.1)	5.2 (2.3-11.2)	4.2 (2.5-7.0)	4.0 (0.6-22.0)	4.2 (2.6-6.8)	4.6 (3.0-7.1)	3.3 (0.5-18.1)	4.5 (3.0-6.8)
Failed to do routine activities due to drinking	3.3 (1.0-10.6)	0.0 (0.0-0.0)	3.1 (0.9-10.2)	1.4 (0.6-3.3)	0.0 (0.0-0.0)	1.3 (0.5-3.0)	2.0 (0.9-4.2)	0.0 (0.0-0.0)	1.8 (0.9-3.9)
Needed drink first in the morning	1.2 (0.4-3.4)	0.0 (0.0-0.0)	1.2 (0.4-3.2)	1.0 (0.4-2.6)	0.0 (0.0-0.0)	0.9 (0.3-2.4)	1.1 (0.5-2.2)	0.0 (0.0-0.0)	1.0 (0.5-2.0)
45 - 69 Years									
Unable to stop drinking once started	9.7 (4.0-21.6)	0.0 (0.0-0.0)	9.4 (3.9-21.2)	6.3 (3.6-10.6)	9.8 (2.4-32.8)	6.7 (4.2-10.4)	7.3 (4.5-11.8)	9.0 (2.1-31.1)	7.5 (4.8-11.4)
Failed to do routine activities due to drinking	2.1 (0.5-8.2)	0.0 (0.0-0.0)	2.1 (0.5-8.0)	1.3 (0.5-3.4)	8.8 (1.8-34.0)	2.2 (0.9-5.5)	1.6 (0.7-3.5)	8.1 (1.6-32.4)	2.2 (1.0-4.6)
Needed drink first in the morning	0.9 (0.2-3.6)	0.0 (0.0-0.0)	0.9 (0.2-3.5)	3.9 (1.8-8.4)	8.8 (1.8-34.0)	4.5 (1.8-10.9)	2.9 (1.4-6.1)	8.1 (1.6-32.4)	3.4 (1.4-8.1)

*among those who consumed alcohol in the past 12 months

Table 4.2.2.3a Patterns of alcohol use weekly in the past 12 months* by area of residence and gender (Percentage)

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Weekly	(95% CI)								
Unable to stop drinking once started	9.2 (5.5-15.0)	1.2 (0.2-7.9)	8.9 (5.3-14.5)	7.9 (5.6-11.1)	7.9 (3.1-18.8)	7.9 (5.7-10.7)	8.3 (6.2-11.0)	6.8 (2.7-16.2)	8.2 (6.2-10.7)
Failed to do routine activities due to drinking	2.1 (0.7-6.0)	0.0 (0.0-0.0)	2.1 (0.7-5.8)	3.5 (2.1-5.8)	2.8 (0.5-14.7)	3.5 (2.0-5.8)	3.1 (2.0-4.9)	2.4 (0.4-12.3)	3.0 (1.9-4.8)
Needed drink first in the morning	1.9 (0.6-5.9)	0.0 (0.0-0.0)	1.9 (0.6-5.7)	2.6 (1.4-4.8)	4.8 (1.4-15.5)	2.8 (1.6-4.9)	2.4 (1.4-4.1)	4.0 (1.1-13.4)	2.5 (1.5-4.2)

*among those who consumed alcohol in the past 12 months

Table 4.2.2.3b Patterns of alcohol use weekly in the past 12 months* by area of residence, gender and age categories (Percentage)

Weekly	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 Years	(95% CI)								
Unable to stop drinking once started	10.5 (5.9-17.8)	0.0 (0.0-0.0)	10.0 (5.6-17.1)	8.4 (5.5-12.6)	12.2 (4.7-27.8)	8.7 (5.9-12.5)	9.0 (6.4-12.5)	9.7 (3.7-23.2)	9.1 (6.6-12.3)
Failed to do routine activities due to drinking	2.3 (0.6-8.2)	0.0 (0.0-0.0)	2.2 (0.6-7.8)	3.9 (2.1-7.0)	3.8 (0.5-23.7)	3.9 (2.1-7.1)	3.4 (2.0-5.9)	3.0 (0.4-19.3)	3.4 (1.9-5.9)
Needed drink first in the morning	2.0 (0.5-8.4)	0.0 (0.0-0.0)	1.9 (0.4-8.1)	3.0 (1.4-6.1)	7.7 (2.5-21.1)	3.3 (1.8-6.2)	2.7 (1.4-5.2)	6.1 (1.9-17.9)	2.9 (1.6-5.2)
45 - 69 Years									
Unable to stop drinking once started	6.0 (2.4-14.2)	6.8 (1.0-34.2)	6.0 (2.4-14.0)	6.6 (3.7-11.5)	0.8 (0.1-5.8)	5.9 (3.2-10.4)	6.4 (3.9-10.2)	1.2 (0.3-5.5)	5.9 (3.6-9.5)
Failed to do routine activities due to drinking	1.7 (0.3-9.4)	0.0 (0.0-0.0)	1.6 (0.3-9.2)	2.6 (1.2-5.4)	1.2 (0.1-8.9)	2.4 (1.2-5.0)	2.3 (1.1-4.6)	1.1 (0.1-8.1)	2.2 (1.1-4.3)
Needed drink first in the morning	1.7 (0.4-7.3)	0.0 (0.0-0.0)	1.6 (0.4-7.2)	1.6 (0.7-4.0)	0.0 (0.0-0.0)	1.5 (0.6-3.5)	1.6 (0.8-3.6)	0.0 (0.0-0.0)	1.5 (0.7-3.3)

*among those who consumed alcohol in the past 12 months

Table 4.2.2.4a Number of standard drinks* consumed in one drinking occasion in the past 30 days by area of residence and gender (Mean)

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Among alcohol consumers in past 30 days	(95% CI)								
No. of standard drinks in one drinking occasion	5.0 (4.6-5.5)	2.1 (0.8-3.4)	5.0 (4.5- 5.5)	5.5 (4.7-6.3)	5.2 (3.2-7.1)	5.4 (4.6-6.3)	5.3 (4.8-5.9)	4.9 (3.1- 6.8)	5.3 (4.7- 5.9)
Maximum number of standard drinks in one drinking occasion	5.6 (5.0-6.1)	1.8 (0.9-2.7)	5.5 (4.9- 6.1)	6.7 (5.3-8.1)	5.9 (3.3-8.4)	6.6 (5.2- 8.1)	6.3 (5.3-7.3)	5.6 (3.2 -8.0)	6.3 (5.2-7.3)

*one standard drink equivalent to 10 grams of alcohol

Table 4.2.2.4b Number of standard drinks* consumed in one drinking occasion in the past 30 days by area of residence, gender and age categories (Mean)

Among alcohol consumers in past 30 days	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 Years	(95% CI)								
No. of standard drink in one drinking occasion	5.0 (4.4-5.6)	1.8 (0.8-2.9)	4.9 (4.3-5.5)	5.4 (4.7-6.1)	4.4 (2.7-6.0)	5.3 (4.6-6.1)	5.3 (4.7-5.8)	4.2 (2.7-5.7)	5.2 (4.6-5.8)
Maximum number of standard drinks in one drinking occasion	5.5 (4.8-6.2)	1.8 (0.8-2.9)	5.5 (4.8-6.1)	6.2 (5.4-7.0)	4.7 (3.6-5.9)	6.1 (5.3-6.8)	6.0 (5.4-6.6)	4.5 (3.4-5.6)	5.9 (5.3-6.5)
45 - 69 Years									
No. of standard drink in one drinking occasion	5.2 (4.3-6.1)	2.6 (-0.1-5.2)	5.1 (4.3-6.0)	5.6 (4.2-7.1)	6.7 (2.8-10.5)	5.8 (4.2-7.3)	5.5 (4.4-6.5)	6.4 (2.8-10.0)	5.6 (4.4-6.7)
Maximum number of standard drinks in one drinking occasion	5.7 (4.4-7.0)	1.8 (0.8-2.7)	5.6 (4.3-6.9)	7.9 (4.2-11.5)	8.1 (2.3-13.9)	7.9 (4.1-11.7)	7.2 (4.6-9.8)	7.7 (2.2-13.1)	7.2 (4.5-10.0)

*one standard drink equivalent to 10 grams of alcohol

Table 4.2.2.5a Maximum number of standard drinks* consumed in one drinking occasion by area of residence and gender (Percentage)**

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
<3 standard drinks	18.3 (13.4-24.5)	74.6 (33.2-94.6)	19.4 (14.2-25.8)	16.4 (12.2-21.6)	19.4 (10.8-32.5)	16.6 (12.5-21.8)	16.9 (13.6-21.0)	23.8 (13.9-37.6)	17.4 (14.0-21.4)
3-5 standard drinks	34.7 (27.6-42.4)	22.3 (4.0-66.5)	34.4 (27.5-42.1)	38.6 (32.5-45.1)	50.9 (33.7-67.8)	39.7 (33.7-45.9)	37.4 (32.6-42.6)	48.6 (32.6-64.9)	38.2 (33.4-43.2)
≥6 standard drinks	47.0 (39.0-55.2)	3.1 (0.5-15.5)	46.2 (38.2-54.4)	45.0 (38.4-51.9)	29.7 (14.9-50.6)	43.7 (37.0-50.6)	45.7 (40.4-51.0)	27.6 (13.8-47.7)	44.4 (39.1-49.9)

*one standard drink equivalent to 10 grams of alcohol ** among alcohol consumers in past 30 days

Table 4.2.2.5b Maximum number of standard drinks* consumed in one drinking occasion by area of residence, gender and age categories (Percentage)**

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 Years	(95% CI)								
<3 standard drinks	19.3 (13.3-27.2)	74.9 (28.0-95.8)	20.4 (14.3-28.2)	18.7 (13.5-25.4)	27.0 (15.2-43.1)	19.4 (14.2-25.9)	18.9 (14.7-24.0)	30.9 (18.3-47.2)	19.7 (15.4-24.7)
3 – 5 standard drinks	32.9 (24.3-42.9)	20.8 (2.6-71.8)	32.7 (24.2-42.5)	36.4 (28.9-44.5)	38.5 (19.9-61.3)	36.5 (29.2-44.6)	35.3 (29.4-41.7)	37.1 (19.7-58.6)	35.4 (29.5-41.8)
≥6 standard drinks	47.8 (37.0-58.7)	4.3 (0.7-23.1)	46.9 (36.4-57.8)	44.9 (37.3-52.8)	34.5 (17.4-56.9)	44.1 (36.4-52.1)	45.8 (39.5-52.2)	32.0 (16.1-53.5)	44.9 (38.6-51.4)
45 - 69 Years									
<3 standard drinks	15.9 (7.3-31.4)	73.9 (31.8-94.5)	17.0 (8.3-31.8)	10.3 (6.4-16.2)	4.9 (1.0-20.7)	9.8 (6.0-15.5)	12.1 (7.9-18.2)	9.8 (3.1-26.7)	11.9 (7.8-17.8)
3 – 5 standard drinks	38.7 (28.6-50.0)	25.8 (5.4-68.0)	38.5 (28.5-49.5)	44.4 (34.6-54.6)	74.6 (46.8-90.7)	47.5 (37.8-57.4)	42.6 (35.1-50.5)	71.1 (45.6-87.8)	44.8 (37.4-52.6)
≥6 standard drinks	45.4 (34.2-57.0)	0.3 (0.04-2.7)	44.5 (33.5-56.0)	45.3 (34.2-56.9)	20.5 (6.3-49.9)	42.7 (32.2-54.0)	45.3 (36.8-54.1)	19.1 (5.9-47.1)	43.3 (35.0-51.8)

*one standard drink equivalent to 10 grams of alcohol; ** among alcohol consumers in past 30 days

Table 4.2.2.6a Adults who engaged in heavy episodic drinking* in last 30 days by area of residence and gender (Percentage)

18 - 69 Years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
≥6 standard drinks**	10.6 (8.7-12.8)	0.01 (0.003-0.06)	5.7 (4.7-6.8)	11.1 (9.1-13.4)	0.8 (0.3-1.9)	6.1 (4.9-7.5)	10.9 (9.5-12.6)	0.5 (0.2-1.3)	5.9 (5.1-6.9)

* heavy episodic drinking constitutes those who report drinking ≥6 standard drinks (Equivalent to 60 grams of alcohol) in a single drinking occasion**one standard drink equivalents to 10 grams of alcohol

Table 4.2.2.6b Adults who engaged in heavy episodic drinking* in last 30 days by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 Years	(95% CI)								
≥6 standard drinks**	9.8 (7.4-12.8)	0.02 (0.003-0.1)	5.3 (4.0-6.9)	11.3 (9.2-13.9)	0.9 (0.4-2.0)	6.3 (5.1-7.7)	10.8 (9.2-12.7)	0.6 (0.3-1.4)	6.0 (5.0-7.0)
45 - 69 Years									
≥6 standard drinks**	12.4 (9.3-16.4)	0.001 (0.0002-0.009)	6.5 (4.8-8.6)	10.5 (7.3-14.8)	0.6 (0.2-2.0)	5.6 (3.8-8.2)	11.2 (8.8-14.1)	0.4 (0.1-1.3)	5.9 (4.5-7.7)

* heavy episodic drinking constitutes those who report drinking ≥6 standard drinks (Equivalent to 60 grams of alcohol) in a single drinking occasion; **one standard drink equivalents to 10 grams of alcohol

Table 4.2.2.7a Consumption of alcohol* from unauthorized sources in past 7 days by area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Unauthorized sources	11.4	9.0	11.4	23.6	24.8	23.7	19.8	23.4	20.1
	(7.2-17.7)	(2.4-28.7)	(7.2-17.5)	(18.5-29.4)	(10.8-47.4)	(18.8-29.3)	(15.9-24.3)	(10.6-44.2)	(16.2-24.5)
Smuggled	3.9	9.6	4.0	2.9	0.0	2.6	3.0	0.3	2.8
	(0.6-20.7)	(0.9-56.8)	(0.7-20.0)	(0.9-9.1)	(0.0-0.0)	(0.8-8.4)	(1.1-8.1)	(0.04-2.8)	(1.0-7.6)
Home-brewed	34.3	31.7	34.3	46.7	92.4	50.9	44.5	90.3	48.1
	(15.9-59.2)	(3.8-84.6)	(16.0-58.8)	(33.6-60.3)	(68.0-98.6)	(36.5-65.1)	(32.9-56.7)	(66.5-97.8)	(35.4-61.0)
Illegally brewed	13.5	0.0	13.3	22.3	0.0	20.3	20.7	0.0	19.1
	(3.9-37.5)	(0.0-0.0)	(3.8-37.0)	(13.4-34.8)	(0.0-0.0)	(11.8-32.7)	(12.9-31.7)	(0.0-0.0)	(11.6-29.9)
Other untaxed alcohol	8.3	22.1	8.5	15.3	10.8	14.9	14.1	11.2	13.9
	(1.4-36.2)	(2.0-79.7)	(1.6-35.3)	(8.3-26.7)	(1.3-52.9)	(7.8-26.5)	(7.9-23.8)	(1.5-50.8)	(7.6-23.9)

*alcohol not intended for drinking was found to be none

Table 4.2.2.7b Consumption of alcohol* from unauthorized sources in past 7 days by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Unauthorized sources	11.0	13.7	11.1	21.3	23.6	21.5	18.2	22.7	18.4
	(6.0-19.5)	(3.2-42.7)	(6.0-19.4)	(16.0-27.8)	(8.3-51.2)	(16.0-28.2)	(14.0-23.2)	(8.5-48.1)	(14.1-23.7)
Smuggled	0.0	9.6	0.2	3.5	0.0	3.2	2.8	0.5	2.7
	(0.0-0.0)	(0.9-56.8)	(0.03-1.8)	(0.8-13.2)	(0.0-0.0)	(0.8-12.2)	(0.7-10.9)	(0.1-4.8)	(0.7-10.1)
Home-brewed	25.2	31.7	25.4	49.9	100.0	54.3	45.3	96.3	49.2
	(7.4-58.6)	(3.8-84.6)	(7.8-57.8)	(33.5-66.3)	(0.0-100.0)	(37.1-70.5)	(30.8-60.6)	(72.9-99.6)	(33.9-64.7)
Illegally brewed	4.0	0.0	3.9	21.6	0.0	19.7	18.3	0.0	17.0
	(0.6-22.1)	(0.0-0.0)	(0.6-21.6)	(11.4-37.3)	(0.0-0.0)	(10.0-35.2)	(9.7-32.0)	(0.0-0.0)	(8.7-30.3)
Other untaxed alcohol	0.9	22.1	1.4	16.5	17.6	16.6	13.6	17.8	13.9
	(0.2-4.8)	(2.0-79.7)	(0.3-5.4)	(7.7-31.9)	(1.9-69.8)	(7.5-32.7)	(6.4-26.6)	(2.3-67.1)	(6.4-27.7)

45 - 69 years									
Unauthorized sources	12.4	0.0	12.1	29.3	27.2	29.1	23.9	24.9	24.0
	(6.4-22.5)	(0.0-0.0)	(6.3-21.9)	(19.1-42.1)	(12.0-50.7)	(20.4-39.6)	(16.3-33.7)	(11.3-46.2)	(17.2-32.5)
Smuggled	12.4	0.0	12.4	1.7	0.0	1.5	3.4	0.0	3.2
	(2.5-43.7)	(0.0-0.0)	(2.5-43.7)	(0.2-11.8)	(0.0-0.0)	(0.2-10.7)	(0.9-12.8)	(0.0-0.0)	(0.8-11.7)
Home-brewed	54.1	0.0	54.1	40.7	80.3	44.7	42.9	80.3	46.1
	(24.1-81.4)	(0.0-0.0)	(24.1-81.4)	(25.8-57.6)	(41.7-95.9)	(28.2-62.4)	(28.7-58.3)	(41.7-95.9)	(30.9-62.0)
Illegally brewed	34.1	0.0	34.1	23.6	0.0	21.2	25.3	0.0	23.2
	(9.2-72.6)	(0.0-0.0)	(9.2-72.6)	(11.1-43.2)	(0.0-0.0)	(9.6-40.7)	(13.5-42.4)	(0.0-0.0)	(11.9-40.2)
Other untaxed alcohol	24.4	0.0	24.4	13.2	0.0	11.9	15.0	0.0	13.7
	(4.1-70.6)	(0.0-0.0)	(4.1-70.6)	(4.7-31.8)	(0.0-0.0)	(4.3-28.7)	(6.1-32.6)	(0.0-0.0)	(5.6-29.9)

*alcohol not intended for drinking was found to be none

Table 4.2.2.8a Age (in years) of initiation of alcohol consumption by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	23.0	20.8	22.9	21.9	21.1	21.9	22.2	21.1	22.2
	(22.3-23.7)	(15.9-25.7)	(22.1-23.6)	(21.2-22.6)	(18.2-24.0)	(21.1-22.6)	(21.7-22.8)	(18.5-23.6)	(21.6-22.7)

Table 4.2.2.8b Age (in years) of initiation of alcohol consumption by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 44 years	22.3	19.2	22.2	20.8	17.7	20.6	21.3	18.0	21.1
	(21.7-23.0)	(13.9-24.5)	(21.5-23.0)	(20.1-21.4)	(14.1-21.2)	(19.9-21.2)	(20.8-21.8)	(14.9-21.0)	(20.5-21.6)
45 - 69 years	24.3	27.0	24.4	24.5	26.3	24.7	24.5	26.3	24.6
	(22.7-26.0)	(22.0-32.0)	(22.8-26.0)	(23.2-25.8)	(21.8-30.8)	(23.4-26.1)	(23.4-25.5)	(22.2-30.5)	(23.6-25.7)

4.2.3 Diet

Table 4.2.3.1a Type of oil most often used for cooking in households by area of residence (Percentage)

Most often oil used for cooking	Urban	Rural	Total
	(95% CI)		
Mustard oil	30.4 (23.3-38.6)	57.7 (51.1-64.0)	48.8 (43.5-54.1)
Coconut oil	5.4 (3.0-9.5)	0.3 (0.1-0.6)	2.0 (1.2-3.3)
Groundnut oil	12.4 (8.8-17.3)	7.1 (5.4-9.4)	8.8 (7.1-11.0)
Sunflower oil	22.5 (17.6-28.2)	11.8 (8.4-16.2)	15.2 (12.3-18.7)
Soyabean oil	18.8 (13.7-25.2)	13.5 (10.1-17.9)	15.2 (12.3-18.8)
Palm oil	5.7 (3.8-8.5)	5.1 (3.4-7.4)	5.3 (3.9-7.0)
Vanaspati	0.1 (0.02-0.2)	0.5 (0.1-1.7)	0.3 (0.1-1.1)
Pure Ghee	0.2 (0.1-0.4)	0.3 (0.1-0.9)	0.3 (0.1-0.6)
Sesame oil	2.0 (0.7-5.1)	0.5 (0.1-1.5)	1.0 (0.4-2.0)
Rice bran oil	0.7 (0.4-1.2)	0.1 (0.02-0.4)	0.3 (0.2-0.5)
Other	1.6 (0.7-3.6)	3.2 (1.6-6.2)	2.7 (1.5-4.7)
Can't decide/none in particular	0.2 (0.04-0.7)	0.004 (0.007-0.2)	0.1 (0.03-0.2)

Table 4.2.3.2a Number of servings of fruits, vegetables and fruit and/or vegetable juices consumed per day by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Serving of fruits	0.8 (0.7-0.8)	0.6 (0.6-0.7)	0.7 (0.6-0.8)	0.5 (0.5-0.6)	0.5 (0.4-0.5)	0.5 (0.5-0.6)	0.6 (0.6-0.7)	0.5 (0.5-0.6)	0.6 (0.6-0.6)
Serving of vegetables	1.3 (1.2-1.5)	1.3 (1.2-1.4)	1.3 (1.2-1.4)	1.4 (1.2-1.5)	1.2 (1.2-1.3)	1.3 (1.2-1.4)	1.4 (1.3-1.4)	1.2 (1.2-1.3)	1.3 (1.2-1.4)
Serving of fresh fruit and/or vegetable juice	0.5 (0.4-0.6)	0.5 (0.4-0.5)	0.5 (0.4-0.6)	0.5 (0.5-0.6)	0.3 (0.3-0.4)	0.5 (0.4-0.5)	0.5 (0.5-0.6)	0.4 (0.4-0.5)	0.5 (0.5-0.5)

Table 4.2.3.2b Number of servings of fruits, vegetables and fruit and/or vegetable juices consumed per day by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Servings of fruits	0.8 (0.7-0.9)	0.6 (0.6-0.7)	0.7 (0.6-0.8)	0.6 (0.5-0.6)	0.5 (0.4-0.5)	0.5 (0.5-0.6)	0.6 (0.6-0.7)	0.5 (0.5-0.6)	0.6 (0.6-0.6)
Servings of vegetables	1.3 (1.2-1.5)	1.3 (1.2-1.4)	1.3 (1.2-1.4)	1.4 (1.3-1.5)	1.2 (1.2-1.3)	1.3 (1.2-1.4)	1.4 (1.3-1.4)	1.3 (1.2-1.3)	1.3 (1.2-1.4)
Servings of fresh fruits and/or vegetable juice	0.6 (0.4-0.7)	0.5 (0.4-0.6)	0.5 (0.4-0.6)	0.5 (0.5-0.6)	0.3 (0.2-0.4)	0.5 (0.4-0.5)	0.5 (0.5-0.6)	0.4 (0.3-0.5)	0.5 (0.5-0.6)
45 - 69 years									
Servings of fruits	0.7 (0.6-0.8)	0.7 (0.6-0.8)	0.7 (0.6-0.8)	0.5 (0.4-0.5)	0.4 (0.4-0.5)	0.4 (0.4-0.5)	0.6 (0.5-0.6)	0.5 (0.5-0.6)	0.6 (0.5-0.6)
Servings of vegetables	1.4 (1.2-1.5)	1.3 (1.2-1.4)	1.3 (1.2-1.5)	1.3 (1.2-1.4)	1.2 (1.1-1.3)	1.3 (1.2-1.4)	1.3 (1.2-1.4)	1.2 (1.2-1.3)	1.3 (1.2-1.4)
Servings of fresh fruits and/or vegetable juice	0.5 (0.4-0.6)	0.4 (0.3-0.4)	0.4 (0.4-0.5)	0.6 (0.4-0.7)	0.4 (0.2-0.6)	0.5 (0.4-0.6)	0.5 (0.4-0.6)	0.4 (0.3-0.5)	0.5 (0.4-0.5)

Table 4.2.3.3a Number of servings* of fruits and/or vegetables consumed per day by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
	2.0 (1.9-2.2)	1.8 (1.7-1.9)	1.9 (1.8-2.1)	1.7 (1.6-1.8)	1.5 (1.4-1.6)	1.6 (1.5-1.7)	1.8 (1.7-1.9)	1.6 (1.5-1.7)	1.7 (1.6-1.8)

*among those who consumed fruits and/or vegetables

Table 4.2.3.3b Number of servings* of fruits and/or vegetables consumed per day by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 44 years	2.0	1.8	1.9	1.8	1.5	1.6	1.9	1.6	1.7
	(1.8-2.2)	(1.7-1.9)	(1.8-2.1)	(1.6-1.9)	(1.4-1.6)	(1.5-1.7)	(1.7-2.0)	(1.5-1.7)	(1.7-1.8)
45 - 69 years	2.0	1.8	1.9	1.6	1.4	1.5	1.7	1.5	1.6
	(1.8-2.2)	(1.6-1.9)	(1.7-2.1)	(1.4-1.7)	(1.3-1.5)	(1.4-1.6)	(1.6-1.9)	(1.4-1.6)	(1.6-1.7)

*among those who consumed fruits and/or vegetables

Table 4.2.3.4a Inadequate consumption of fruits and/or vegetables per day by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	97.5	98.0	97.7	98.2	99.2	98.7	98.0	98.8	98.4
	(96.0-98.5)	(96.9-98.8)	(96.7-98.5)	(97.0-98.9)	(98.5-99.5)	(97.9-99.2)	(97.1-98.6)	(98.3-99.2)	(97.8-98.8)

Table 4.2.3.4b Inadequate consumption of fruits and/or vegetables per day by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 44 years	97.5	97.8	97.7	98.1	99.2	98.6	97.9	98.8	98.3
	(95.8-98.5)	(96.3-98.7)	(96.5-98.5)	(96.6-98.9)	(98.5-99.6)	(97.7-99.1)	(96.8-98.6)	(98.1-99.2)	(97.6-98.8)
45 - 69 years	97.4	98.4	97.9	98.6	99.1	98.9	98.2	98.9	98.5
	(95.3-98.6)	(97.3-99.1)	(96.6-98.7)	(97.5-99.3)	(97.9-99.6)	(97.9-99.4)	(97.2-98.8)	(98.1-99.3)	(97.9-99.0)

Table 4.2.3.5a Minimum servings of fruits and vegetables consumed per day by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
>1 servings of fruits	23.2	18.4	21.0	8.4	6.2	7.4	13.5	10.2	11.9
	(19.1-28.0)	(15.3-21.9)	(18.1-24.1)	(6.9-10.4)	(4.8-8.1)	(6.0-9.0)	(11.5-15.8)	(8.7-11.9)	(10.4-13.6)
>1 servings of vegetables	64.1	66.5	65.2	58.1	56.7	57.4	60.2	59.9	60.0
	(59.8-68.2)	(62.0-70.8)	(61.4-68.8)	(54.1-62.1)	(52.3-61.0)	(53.9-60.9)	(57.1-63.1)	(56.6-63.2)	(57.3-62.7)

Table 4.2.3.5b Minimum servings of fruits and vegetables consumed per day by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
>1 servings of fruits	22.3	18.5	20.5	9.4	6.9	8.2	13.7	10.6	12.2
	(18.2-27.0)	(15.2-22.4)	(17.8-23.6)	(7.5-11.6)	(5.2-9.0)	(6.7-10.0)	(11.8-16.0)	(8.9-12.5)	(10.7-13.9)
>1 servings of vegetables	62.1	66.3	64.0	59.3	57.1	58.2	60.2	60.0	60.1
	(56.9-67.0)	(61.6-70.8)	(59.8-68.1)	(54.8-63.6)	(52.1-61.9)	(54.4-62.0)	(56.8-63.6)	(56.3-63.7)	(57.2-63.0)
45 - 69 years									
>1 servings of fruits	25.3	18.1	21.9	6.2	4.8	5.5	13.0	9.4	11.2
	(19.4-32.3)	(14.2-22.8)	(18.0-26.3)	(4.1-9.1)	(3.3-6.9)	(4.0-7.5)	(10.0-16.7)	(7.6-11.5)	(9.2-13.6)
>1 servings of vegetables	68.5	66.9	67.7	55.3	55.9	55.5	60.0	59.7	59.8
	(63.2-73.3)	(60.3-72.9)	(63.4-71.8)	(50.3-60.1)	(50.8-60.8)	(51.3-59.7)	(56.2-63.6)	(55.6-63.6)	(56.6-63.0)

Table 4.2.3.6a Salt intake of population by area of residence and gender (g/day) (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	9.2	7.3	8.3	8.8	7.0	8.0	8.9	7.1	8.0
	(8.7-9.6)	(7.0-7.6)	(8.0-8.7)	(8.5-9.1)	(6.8-7.2)	(7.8-8.2)	(8.7-9.2)	(6.9-7.2)	(7.8-8.2)

Table 4.2.3.6b Salt intake of population by area of residence, gender and age categories (g/day) (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 44 years	9.0	7.3	8.3	8.5	7.0	7.9	8.7	7.1	8.0
	(8.4-9.7)	(7.0-7.6)	(7.9-8.7)	(8.2-8.8)	(6.8-7.3)	(7.6-8.1)	(8.4-9.0)	(6.9-7.3)	(7.7-8.2)
45 - 69 years	9.6	7.3	8.5	9.5	6.9	8.3	9.5	7.0	8.4
	(9.2-10.0)	(6.9-7.6)	(8.1-8.8)	(9.2-9.7)	(6.7-7.1)	(8.1-8.5)	(9.3-9.7)	(6.8-7.2)	(8.2-8.5)

Table 4.2.3.7a Salt intake of population by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
<5 gms	1.2	9.2	4.9	1.0	5.4	3.1	1.0	6.6	3.7
	(0.2-5.6)	(4.1-19.4)	(2.2-10.3)	(0.4-2.6)	(3.2-8.9)	(2.0-4.7)	(0.5-2.4)	(4.1-10.4)	(2.4-5.5)
≥5 gms	98.8	90.8	95.1	99.0	94.6	96.9	99.0	93.4	96.3
	(94.4-99.8)	(80.6-95.9)	(89.7-97.8)	(97.4-99.6)	(91.1-96.8)	(95.3-98.0)	(97.6-99.5)	(89.6-95.9)	(94.5-97.6)

Table 4.2.3.7b Salt intake of population by area of residence, gender and age categories (Percentage)

Salt intake	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
<5 gms	1.6	9.4	5.1	1.0	6.6	3.6	1.2	7.5	4.1
	(0.3-7.8)	(4.3-19.5)	(2.4-10.5)	(0.3-3.3)	(3.8-11.3)	(2.3-5.7)	(0.4-3.2)	(4.7-11.7)	(2.7-6.2)
≥5 gms	98.4	90.6	94.9	99.0	93.4	96.4	98.8	92.5	95.9
	(92.2-99.7)	(80.5-95.7)	(89.5-97.6)	(96.7-99.7)	(88.7-96.2)	(94.3-97.7)	(96.8-99.6)	(88.3-95.3)	(93.8-97.3)
45 - 69 years	(95% CI)								
<5 gms	0.1	8.6	4.4	1.0	2.5	1.8	0.7	4.6	2.7
	(0.0-0.9)	(3.1-21.7)	(1.5-12.4)	(0.3-3.5)	(1.0-6.3)	(0.8-3.6)	(0.2-2.3)	(2.1-9.6)	(1.3-5.3)
≥5 gms	99.9	91.4	95.6	99.0	97.5	98.2	99.3	95.4	97.3
	(99.1-100.0)	(78.3-96.9)	(87.6-98.5)	(96.5-99.7)	(93.7-99.0)	(96.4-99.2)	(97.7-99.8)	(90.4-97.9)	(94.7-98.7)

Perception and practices regarding salt intake

Table 4.2.3.8a Adults who believe that extra salt intake affects health by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Believe extra salt intake affects health	34.6	35.6	35.1	30.8	27.4	29.1	32.1	30.1	31.1
	(29.1-40.6)	(30.6-40.9)	(30.5-40.0)	(26.6-35.3)	(23.6-31.5)	(25.4-33.1)	(28.7-35.6)	(27.0-33.3)	(28.2-34.2)

Table 4.2.3.8b Adults who believe that extra salt intake affects health by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Believe extra salt intake affects health	(95% CI)								
18 - 44 years	33.9	36.0	34.9	30.8	27.7	29.3	31.9	30.4	31.2
	(28.1-40.3)	(30.7-41.6)	(30.0-40.1)	(26.3-35.8)	(23.6-32.3)	(25.4-33.6)	(28.2-35.8)	(27.0-33.9)	(28.1-34.4)
45 - 69 years	36.2	34.8	35.5	30.5	26.5	28.5	32.6	29.4	31.0
	(28.5-44.8)	(28.7-41.5)	(30.0-41.5)	(25.6-35.9)	(22.2-31.3)	(24.5-33.0)	(28.4-37.0)	(25.8-33.3)	(27.7-34.5)

Table 4.2.3.9a Adults who believe lowering salt in diet is important by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Very or somewhat important to lower salt in diet	77.4	65.0	71.6	65.7	55.2	60.6	69.7	58.4	64.3
	(73.3-81.0)	(59.9-69.9)	(67.7-75.2)	(61.9-69.3)	(50.9-59.4)	(57.0-64.1)	(66.9-72.4)	(55.1-61.7)	(61.6-66.9)

Table 4.2.3.9b Adults who believe lowering salt in diet is important by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Very or somewhat important to lower salt in diet	(95% CI)								
18 - 44 years	77.0	67.6	72.6	67.9	56.4	62.3	70.9	59.9	65.7
	(72.0-81.3)	(62.0-72.7)	(68.4-76.5)	(63.9-71.6)	(51.5-61.2)	(58.5-66.0)	(67.9-73.9)	(56.1-63.6)	(62.8-68.5)
45 - 69 years	78.2	59.8	69.4	60.5	52.4	56.5	66.8	55.0	61.0
	(73.0-82.7)	(51.8-67.3)	(64.8-73.6)	(55.4-65.4)	(47.8-57.0)	(52.5-60.4)	(62.9-70.5)	(50.9-58.9)	(58.0-64.0)

Table 4.2.3.10a Perception about consumption of salt/high salt containing food items by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Far too much/Too much	10.7	8.9	9.9	14.5	14.3	14.4	13.2	12.5	12.9
	(8.4-13.5)	(6.9-11.4)	(8.1-12.0)	(12.4-17.0)	(12.0-16.8)	(12.6-16.4)	(11.6-15.1)	(10.8-14.4)	(11.5-14.4)
Just the right amount	68.9	68.5	68.7	54.9	56.4	55.6	59.7	60.3	60.0
	(64.7-72.8)	(64.4-72.3)	(65.3-71.9)	(51.6-58.2)	(52.8-59.9)	(52.7-58.5)	(57.0-62.4)	(57.5-63.1)	(57.7-62.3)
Too little/Far too little	17.8	17.3	17.5	23.8	20.5	22.2	21.7	19.5	20.6
	(15.0-21.0)	(14.7-20.1)	(15.2-20.1)	(21.1-26.6)	(18.0-23.3)	(20.1-24.5)	(19.7-23.9)	(17.5-21.5)	(19.0-22.4)
Don't know	2.6	5.3	3.9	6.8	8.8	7.8	5.4	7.7	6.5
	(1.7-4.2)	(3.1-8.8)	(2.6-5.8)	(5.1-9.0)	(6.7-11.5)	(6.1-9.9)	(4.2-6.9)	(6.0-9.7)	(5.2-8.0)

Table 4.2.3.10b Perception about consumption of salt/high salt containing food items by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Far too much/Too much	11.4 (8.6-15.1)	9.3 (7.2-12.0)	10.5 (8.4-13.0)	14.8 (12.1-18.0)	15.4 (12.9-18.2)	15.1 (13.0-17.4)	13.7 (11.6-16.1)	13.5 (11.6-15.6)	13.6 (12.0-15.3)
Just the right amount	69.9 (64.9-74.4)	68.8 (64.2-73.0)	69.4 (65.8-72.8)	56.2 (52.4-59.8)	57.8 (53.8-61.7)	57.0 (53.9-60.0)	60.8 (57.7-63.8)	61.3 (58.2-64.3)	61.0 (58.6-63.4)
Too little/Far too little	16.3 (13.1-20.1)	16.9 (14.1-20.1)	16.6 (14.0-19.5)	23.1 (20.1-26.3)	18.9 (16.3-21.9)	21.1 (18.8-23.5)	20.8 (18.5-23.3)	18.3 (16.2-20.5)	19.6 (17.8-21.5)
Don't know	2.4 (1.4-4.0)	5.0 (3.0-8.3)	3.5 (2.4-5.4)	5.9 (4.2-8.3)	7.9 (5.8-10.7)	6.8 (5.2-9.1)	4.7 (3.5-6.4)	6.9 (5.3-9.1)	5.8 (4.6-7.4)
45 - 69 years	(95% CI)								
Far too much/Too much	9.1 (6.8-12.1)	8.1 (5.8-11.3)	8.6 (6.7-11.1)	13.7 (10.9-17.2)	11.7 (9.0-15.0)	12.7 (10.5-15.3)	12.1 (10.0-14.5)	10.5 (8.5-12.9)	11.3 (9.6-13.2)
Just the right amount	66.6 (61.7-71.1)	67.9 (62.3-73.0)	67.2 (63.1-71.1)	51.9 (47.6-56.1)	53.1 (48.2-57.9)	52.5 (48.6-56.3)	57.1 (53.7-60.5)	58.2 (54.4-61.8)	57.6 (54.6-60.6)
Too little/Far too little	21.1 (17.3-25.5)	18.1 (14.0-23.1)	19.7 (16.7-23.1)	25.4 (21.7-29.5)	24.3 (20.4-28.6)	24.8 (21.7-28.2)	23.9 (21.1-26.9)	22.2 (19.2-25.5)	23.0 (20.7-25.5)
Don't know	3.2 (1.9-5.5)	5.9 (3.0-11.3)	4.5 (2.7-7.4)	9.0 (6.7-12.0)	10.9 (8.1-14.7)	10.0 (7.9-12.5)	6.9 (5.3-9.0)	9.1 (7.0-12.1)	8.1 (6.5-10.0)

Table 4.2.3.11a Adults who added extra salt to food by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Never	53.2 (46.4-59.9)	58.8 (53.9-63.5)	55.8 (50.5-61.0)	40.0 (36.0-44.2)	42.4 (38.2-46.8)	41.2 (37.6-44.9)	44.6 (40.9-48.3)	47.8 (44.3-51.2)	46.1 (43.0-49.2)
Always/Often	13.6 (10.6-17.2)	12.6 (9.8-15.9)	13.1 (10.5-16.2)	17.9 (15.4-20.7)	14.2 (11.8-17.0)	16.1 (14.0-18.4)	16.4 (14.4-18.6)	13.7 (11.8-15.8)	15.1 (13.4-16.9)
Sometimes	24.8 (20.5-29.5)	19.7 (16.4-23.6)	22.4 (18.8-26.5)	33.7 (30.5-37.0)	36.4 (32.9-40.0)	35.0 (32.3-37.8)	30.6 (28.0-33.4)	31.0 (28.2-33.9)	30.8 (28.5-33.2)
Rarely	7.4 (5.5-9.7)	6.7 (4.6-9.6)	7.0 (5.3-9.3)	8.0 (5.7-11.2)	6.3 (4.8-8.3)	7.2 (5.4-9.5)	7.8 (6.1-9.9)	6.4 (5.2-8.0)	7.1 (5.8-8.8)
Don't Know	1.0 (0.4-3.0)	2.2 (1.1-4.8)	1.7 (0.8-3.5)	0.4 (0.2-0.9)	0.7 (0.3-1.3)	0.5 (0.3-1.0)	0.6 (0.3-1.3)	1.1 (0.7-2.0)	0.9 (0.5-1.5)

Table 4.2.3.11b Adults who added extra salt to food by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Never	51.2 (44.1-58.3)	57.4 (51.9-62.7)	54.0 (48.2-59.8)	39.4 (34.7-44.4)	41.4 (36.7-46.3)	40.4 (36.5-44.4)	43.4 (39.4-47.5)	46.5 (42.7-50.3)	44.9 (41.5-48.3)
Always/Often	14.3 (10.9-18.7)	14.2 (10.8-18.6)	14.3 (11.1-18.2)	18.4 (15.2-22.1)	15.2 (12.4-18.5)	16.9 (14.5-19.6)	17.0 (14.6-19.8)	14.9 (12.6-17.5)	16.0 (14.1-18.2)
Sometimes	27.1 (22.5-32.3)	21.0 (17.4-25.2)	24.3 (20.4-28.7)	33.3 (29.8-36.9)	36.7 (32.9-40.7)	34.9 (32.1-37.9)	31.2 (28.4-34.2)	31.7 (28.8-34.9)	31.5 (29.1-33.9)
Rarely	6.6 (4.6-9.4)	6.1 (4.2-8.8)	6.4 (4.7-8.7)	8.8 (5.8-13.2)	6.2 (4.6-8.3)	7.6 (5.4-10.4)	8.1 (5.9-11.0)	6.2 (4.9-7.8)	7.2 (5.6-9.2)
Don't know	0.8 (0.2-2.5)	1.3 (0.4-3.7)	1.0 (0.4-2.5)	0.03 (0.004-0.2)	0.5 (0.2-1.0)	0.2 (0.1-0.5)	0.3 (0.1-0.9)	0.7 (0.4-1.4)	0.4 (0.2-0.9)
45 - 69 years									
Never	57.7 (48.5-66.4)	61.7 (56.0-67.1)	59.6 (53.6-65.3)	41.4 (37.0-45.9)	44.8 (39.9-49.8)	43.1 (39.2-47.0)	47.2 (42.6-51.9)	50.6 (46.7-54.6)	48.9 (45.3-52.5)
Always/Often	11.9 (8.8-16.0)	9.1 (6.3-12.9)	10.6 (8.3-13.4)	16.6 (13.6-20.0)	11.8 (9.1-15.2)	14.2 (12.1-16.7)	14.9 (12.6-17.6)	10.9 (8.8-13.4)	12.9 (11.3-14.8)
Sometimes	19.5 (14.9-25.3)	17.1 (12.7-22.5)	18.4 (14.6-22.8)	34.6 (30.2-39.3)	35.6 (31.1-40.4)	35.1 (31.7-38.7)	29.2 (25.6-33.2)	29.2 (25.7-33.1)	29.2 (26.3-32.3)
Rarely	9.0 (5.8-13.5)	7.8 (4.9-12.4)	8.4 (5.8-12.0)	6.0 (4.4-8.3)	6.6 (4.6-9.4)	6.3 (4.7-8.5)	7.1 (5.4-9.1)	7.1 (5.3-9.3)	7.1 (5.6-8.9)
Don't know	1.9 (0.8-4.7)	4.3 (2.0-9.0)	3.0 (1.4-6.4)	1.4 (0.7-2.8)	1.2 (0.5-2.3)	1.3 (0.7-2.3)	1.6 (0.9-2.8)	2.2 (1.2-4.0)	1.9 (1.1-3.2)

Table 4.2.3.12a Adults who practiced salt control measures regularly by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Limit consumption of high salt containing food	34.8	28.9	32.1	26.9	20.0	23.6	29.6	22.9	26.4
	(29.2-41.0)	(24.6-33.7)	(27.6-36.9)	(22.6-31.7)	(16.5-24.1)	(20.0-27.6)	(26.1-33.4)	(20.1-26.1)	(23.5-29.5)
Look for salt/sodium content on food labels	17.7	13.7	15.8	6.9	7.4	7.1	10.6	9.5	10.0
	(12.8-24.0)	(10.4-17.8)	(12.1-20.3)	(5.2-9.1)	(5.1-10.6)	(5.3-9.5)	(8.4-13.3)	(7.5-11.9)	(8.2-12.2)
Buy low salt/sodium alternatives	15.9	10.4	13.3	5.0	4.2	4.6	8.8	6.2	7.5
	(11.3-22.1)	(7.3-14.5)	(9.8-17.9)	(3.7-6.9)	(3.1-5.6)	(3.5-6.1)	(6.8-11.3)	(4.9-7.8)	(6.0-9.4)
Use spices other than salt when cooking for taste	18.8	13.6	16.4	12.6	8.8	10.7	14.7	10.3	12.6
	(13.9-25.0)	(10.4-17.6)	(12.7-20.8)	(9.9-15.9)	(6.7-11.4)	(8.5-13.4)	(12.2-17.7)	(8.5-12.5)	(10.6-14.9)
Avoid eating food prepared outside home	31.9	25.6	29.0	29.6	24.9	27.3	30.4	25.1	27.9
	(26.5-37.9)	(21.1-30.7)	(24.5-33.9)	(25.3-34.3)	(20.6-29.8)	(23.4-31.6)	(27.0-34.1)	(21.8-28.8)	(24.8-31.1)
Not adding salt on table or in flour	2.8	4.7	3.7	3.6	4.6	4.1	3.3	4.6	3.9
	(1.7-4.6)	(3.0-7.1)	(2.5-5.3)	(2.1-6.1)	(2.4-8.7)	(2.3-7.0)	(2.2-5.0)	(2.9-7.3)	(2.6-5.8)
Practicing any measure to control salt intake	50.9	44.4	47.9	47.0	41.0	44.1	48.3	42.1	45.4
	(45.0-56.8)	(39.0-49.9)	(42.8-52.9)	(42.2-51.9)	(35.7-46.6)	(39.6-48.7)	(44.6-52.1)	(38.2-46.2)	(42.0-48.8)

Table 4.2.3.12b Adults who practiced salt control measures regularly by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Limit consumption of high salt containing food	32.7 (27.2-38.8)	29.7 (24.6-35.2)	31.3 (26.7-36.3)	26.3 (21.7-31.5)	19.9 (16.2-24.2)	23.2 (19.6-27.3)	28.5 (24.8-32.4)	23.0 (19.9-26.5)	25.9 (23.0-29.0)
Look for salt/sodium content on food labels	16.2 (12.1-21.2)	13.3 (10.0-17.6)	14.9 (11.7-18.6)	6.6 (4.9-8.8)	7.0 (4.7-10.4)	6.8 (5.1-9.1)	9.8 (8.0-12.1)	9.0 (7.0-11.6)	9.4 (7.8-11.4)
Buy low salt/sodium alternatives	14.3 (10.5-19.3)	9.6 (6.6-13.8)	12.1 (9.1-15.9)	5.2 (3.8-7.1)	4.2 (3.1-5.8)	4.7 (3.6-6.2)	8.3 (6.6-10.4)	6.0 (4.6-7.6)	7.2 (5.8-8.7)
Use spices other than salt when cooking for taste	18.3 (13.7-24.0)	13.8 (10.2-18.4)	16.2 (12.8-20.4)	13.8 (10.6-17.8)	9.4 (7.0-12.5)	11.7 (9.1-14.9)	15.3 (12.6-18.5)	10.8 (8.7-13.3)	13.2 (11.0-15.7)
Avoid eating food prepared outside home	29.5 (24.0-35.7)	25.9 (20.8-31.6)	27.8 (23.3-32.9)	29.6 (24.9-34.9)	24.9 (20.3-30.2)	27.3 (23.1-32.0)	29.6 (25.9-33.6)	25.2 (21.6-29.2)	27.5 (24.3-31.0)
Not adding salt on table or in flour	3.2 (1.9-5.4)	5.4 (3.4-8.5)	4.2 (2.9-6.2)	4.0 (2.2-7.2)	4.0 (1.9-8.4)	4.0 (2.2-7.4)	3.8 (2.4-5.9)	4.5 (2.7-7.3)	4.1 (2.7-6.2)
Practicing any measure to control salt intake	49.1 (42.5-55.8)	46.6 (40.6-52.7)	48.0 (42.5-53.5)	47.4 (42.2-52.8)	41.0 (35.3-47.1)	44.3 (39.6-49.2)	48.0 (43.9-52.2)	42.8 (38.4-47.3)	45.5 (41.9-49.2)
45 - 69 years									
Limit consumption of high salt containing food	39.6 (30.8-49.1)	27.3 (22.3-33.0)	33.7 (28.1-39.9)	28.3 (23.1-34.1)	20.3 (15.8-25.7)	24.4 (20.0-29.3)	32.3 (27.5-37.6)	22.7 (19.2-26.7)	27.6 (24.0-31.6)
Look for salt/sodium content on food labels	21.0 (11.8-34.7)	14.5 (10.2-20.0)	17.9 (11.8-26.1)	7.5 (4.7-11.8)	8.3 (5.7-11.8)	7.9 (5.4-11.4)	12.4 (8.1-18.4)	10.4 (8.0-13.3)	11.4 (8.5-15.2)
Buy low salt/sodium alternatives	19.5 (10.8-32.8)	11.9 (7.9-17.5)	15.9 (10.1-24.0)	4.7 (2.9-7.5)	4.0 (2.6-6.1)	4.4 (2.9-6.5)	10.0 (6.2-15.7)	6.7 (4.9-9.1)	8.4 (5.9-11.9)
Use spices other than salt when cooking for taste	19.9 (11.2-32.9)	13.2 (9.3-18.4)	16.7 (11.1-24.2)	9.6 (7.2-12.7)	7.4 (5.1-10.6)	8.5 (6.5-11.0)	13.3 (9.3-18.5)	9.4 (7.2-12.1)	11.4 (8.8-14.6)
Avoid eating food prepared outside home	37.3 (28.7-46.9)	24.9 (19.5-31.3)	31.4 (25.5-37.9)	29.6 (24.5-35.2)	25.0 (20.4-30.2)	27.3 (23.1-31.9)	32.3 (27.6-37.5)	25.0 (21.4-28.9)	28.7 (25.2-32.5)

Not adding salt on table or in flour	2.0	3.2	2.5	2.4	5.8	4.1	2.3	4.9	3.6
	(1.1-3.4)	(1.9-5.3)	(1.6-3.9)	(1.3-4.4)	(3.0-11.1)	(2.3-7.1)	(1.4-3.5)	(2.9-8.3)	(2.3-5.5)
Practicing any measure to control salt intake	54.7	39.9	47.6	46.0	41.1	43.6	49.1	40.7	45.0
	(46.5-62.7)	(33.3-46.9)	(41.7-53.6)	(39.9-52.1)	(35.5-46.9)	(38.4-48.8)	(44.1-54.2)	(36.3-45.2)	(41.0-49.0)

Table 4.2.3.13a Consumption of high salt containing foods among adults by area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Namkeen, papad, packaged chips, soya or mustard sauce etc.									
Daily	3.9	4.1	4.0	2.5	2.7	2.6	3.0	3.2	3.1
	(2.6-5.9)	(3.0-5.5)	(3.0-5.3)	(1.7-3.5)	(1.9-3.9)	(2.0-3.4)	(2.3-3.9)	(2.5-4.0)	(2.5-3.8)
At least once in a week*	39.6	39.9	39.7	25.9	23.9	24.9	30.6	29.1	29.9
	(35.6-43.9)	(35.6-44.3)	(35.9-43.7)	(22.7-29.4)	(20.8-27.3)	(22.2-27.8)	(28.0-33.4)	(26.5-31.9)	(27.6-32.3)
At least once in a month**	33.2	31.6	32.5	38.6	37.3	38.0	36.8	35.5	36.1
	(29.4-37.3)	(27.9-35.5)	(29.3-35.8)	(34.8-42.6)	(33.6-41.2)	(34.6-41.5)	(33.9-39.7)	(32.6-38.4)	(33.6-38.7)
Others***	23.3	24.4	23.8	33.0	36.1	34.5	29.6	32.2	30.9
	(19.5-27.3)	(21.5-27.8)	(20.8-27.1)	(29.0-37.4)	(32.3-40.0)	(31.0-38.2)	(26.6-32.9)	(29.5-35.2)	(28.3-33.6)
Preserved canned salty products including pickle									
Daily	3.2	3.2	3.2	2.7	2.9	2.8	2.9	3.0	3.0
	(2.2-4.7)	(2.0-5.1)	(2.3-4.6)	(1.8-4.0)	(2.1-4.1)	(2.1-3.7)	(2.2-3.8)	(2.3-4.0)	(2.4-3.7)
At least once in a week*	20.6	22.1	21.3	16.6	13.6	15.1	18.0	16.4	17.2
	(17.1-24.6)	(18.1-26.7)	(17.9-25.2)	(13.7-19.9)	(11.3-16.2)	(12.9-17.6)	(15.7-20.4)	(14.3-18.6)	(15.3-19.2)
At least once in a month**	24.8	24.4	24.6	26.2	22.0	24.2	25.7	22.8	24.3
	(20.7-29.5)	(20.8-28.5)	(21.1-28.5)	(22.8-30.0)	(18.8-25.6)	(21.2-27.4)	(23.0-28.7)	(20.3-25.5)	(22.0-26.8)
Others***	51.3	50.3	50.9	54.5	61.5	57.9	53.4	57.8	55.5
	(46.1-56.5)	(45.4-55.1)	(46.3-55.3)	(50.3-58.6)	(57.2-65.6)	(54.1-61.6)	(50.1-56.6)	(54.5-61.1)	(52.6-58.4)
Homemade high salt containing food like chutney, panna, pickle									
Daily	6.2	6.0	6.1	5.3	6.0	5.7	5.6	6.0	5.8
	(4.1-9.2)	(4.6-7.9)	(4.6-8.1)	(4.0-7.1)	(4.7-7.8)	(4.5-7.0)	(4.4-7.1)	(5.0-7.3)	(4.9-6.9)
At least once in a week*	45.9	49.3	47.5	40.4	43.4	41.9	42.3	45.3	43.8

	(41.4-50.5)	(44.1-54.5)	(43.4-51.7)	(36.0-45.0)	(39.4-47.4)	(38.0-45.8)	(39.0-45.7)	(42.1-48.5)	(40.8-46.7)
At least once in a month**	27.9	26.8	27.4	32.1	29.9	31.0	30.7	28.9	29.8
	(24.7-31.3)	(23.3-30.6)	(24.7-30.2)	(28.4-36.1)	(26.3-33.7)	(27.7-34.6)	(27.9-33.5)	(26.2-31.7)	(27.4-32.3)
Others***	20.0	17.9	19.0	22.1	20.8	21.4	21.4	19.8	20.6
	(16.3-24.3)	(14.5-21.8)	(15.9-22.6)	(18.7-26.0)	(17.4-24.6)	(18.2-25.1)	(18.7-24.3)	(17.2-22.7)	(18.2-23.3)
Other dairy products having salt (like processed or packaged cheese, butter etc.)									
Daily	0.9	1.2	1.1	0.9	0.7	0.8	0.9	0.9	0.9
	(0.5-1.7)	(0.7-2.2)	(0.7-1.7)	(0.5-1.5)	(0.3-1.4)	(0.5-1.3)	(0.6-1.3)	(0.5-1.4)	(0.6-1.3)
At least once in a week*	11.6	9.4	10.6	7.3	6.7	7.0	8.8	7.6	8.2
	(8.5-15.6)	(7.3-12.2)	(8.3-13.5)	(5.3-10.1)	(4.9-9.1)	(5.5-9.0)	(7.0-11.0)	(6.2-9.4)	(6.9-9.8)
At least once in a month**	22.6	20.7	21.7	16.3	17.9	17.1	18.5	18.8	18.6
	(18.1-27.9)	(16.9-24.9)	(18.0-26.0)	(13.5-19.6)	(14.4-22.1)	(14.2-20.4)	(16.0-21.3)	(16.1-21.9)	(16.3-21.2)
Others***	64.9	68.7	66.6	75.5	74.7	75.1	71.8	72.7	72.3
	(58.0-71.0)	(63.2-73.6)	(60.9-71.9)	(71.3-79.3)	(70.4-78.4)	(71.4-78.4)	(68.3-75.1)	(69.4-75.7)	(69.2-75.1)

*includes 1-6 days in a week; **includes 1-3 days/< once in a month; ***includes responses such as never and don't know

Table 4.2.3.13b Consumption of high salt containing foods among adults by area of residence, gender and age categories (Percentage)

18 - 44 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Namkeen, papad, packaged chips, soya or mustard sauce etc.									
Daily	4.7	5.0	4.8	2.9	2.9	2.9	3.5	3.6	3.6
	(3.2-6.9)	(3.6-6.8)	(3.8-6.2)	(2.0-4.2)	(2.0-4.4)	(2.2-3.9)	(2.7-4.6)	(2.7-4.6)	(2.9-4.3)
At least once in a week*	41.1	43.3	42.1	28.8	27.3	28.1	32.9	32.4	32.7
	(36.5-45.7)	(38.7-48.0)	(38.1-46.2)	(25.3-32.5)	(23.6-31.3)	(25.0-31.3)	(30.1-35.8)	(29.3-35.6)	(30.2-35.2)
At least once in a month**	31.8	30.6	31.2	37.1	36.4	36.7	35.3	34.5	34.9
	(27.2-36.9)	(26.0-35.5)	(27.5-35.2)	(33.0-41.4)	(32.3-40.6)	(33.3-40.3)	(32.1-38.6)	(31.3-37.8)	(32.3-37.7)
Others***	22.4	21.1	21.9	31.2	33.4	32.3	28.3	29.5	28.8
	(18.3-27.2)	(18.0-24.7)	(18.7-25.4)	(26.8-36.0)	(29.4-37.7)	(28.6-36.2)	(25.0-31.8)	(26.5-32.7)	(26.1-31.7)
Preserved canned salty products including pickle									
Daily	4.0	3.0	3.5	2.8	3.4	3.1	3.2	3.3	3.2
	(2.5-6.2)	(1.8-5.0)	(2.4-5.2)	(1.9-4.2)	(2.4-4.8)	(2.4-4.1)	(2.4-4.3)	(2.4-4.4)	(2.6-4.1)

At least once in a week*	21.7	24.5	23.0	17.1	14.4	15.8	18.7	17.6	18.1
	(17.6-26.4)	(19.8-29.9)	(19.1-27.4)	(14.1-20.6)	(11.8-17.4)	(13.5-18.4)	(16.2-21.4)	(15.2-20.2)	(16.1-20.4)
At least once in a month**	24.0	25.4	24.6	26.6	20.8	23.8	25.7	22.2	24.1
	(19.3-29.4)	(21.2-30.0)	(20.9-28.8)	(22.9-30.7)	(17.7-24.3)	(20.9-27.0)	(22.8-29.0)	(19.7-25.0)	(21.7-26.6)
Others***	50.3	47.1	48.9	53.5	61.4	57.3	52.4	56.9	54.6
	(44.9-55.9)	(41.9-52.5)	(44.3-53.5)	(48.9-57.9)	(57.0-65.7)	(53.4-61.1)	(48.9-55.9)	(53.4-60.4)	(51.5-57.5)
Homemade high salt containing food like chutney, panna, pickle									
Daily	6.3	6.0	6.1	6.0	6.1	6.1	6.1	6.1	6.1
	(3.8-10.3)	(4.4-8.1)	(4.4-8.5)	(4.4-8.1)	(4.7-8.0)	(4.8-7.6)	(4.6-7.9)	(4.9-7.5)	(5.0-7.3)
At least once in a week*	45.9	52.2	48.8	42.1	46.0	44.0	43.4	48.0	45.6
	(40.6-51.3)	(46.6-57.7)	(44.1-53.5)	(37.3-47.0)	(41.9-50.2)	(40.0-48.0)	(39.7-47.1)	(44.6-51.4)	(42.5-48.7)
At least once in a month**	27.1	26.6	26.9	30.7	28.7	29.7	29.5	28.1	28.8
	(23.1-31.5)	(22.6-31.1)	(23.6-30.5)	(26.6-35.2)	(25.1-32.6)	(26.4-33.3)	(26.4-32.8)	(25.3-31.0)	(26.3-31.5)
Others***	20.7	15.2	18.2	21.2	19.2	20.2	21.0	17.8	19.5
	(16.5-25.7)	(11.9-19.1)	(14.8-22.1)	(17.7-25.3)	(15.6-23.3)	(17.0-23.9)	(18.2-24.1)	(15.2-20.9)	(17.1-22.3)
Other dairy products having salt (like processed or packaged cheese, butter etc.)									
Daily	1.3	1.3	1.3	0.8	0.7	0.8	1.0	0.9	0.9
	(0.7-2.4)	(0.6-2.8)	(0.8-2.0)	(0.5-1.5)	(0.3-1.6)	(0.4-1.3)	(0.6-1.5)	(0.5-1.5)	(0.6-1.3)
At least once in a week*	13.0	10.5	11.9	7.5	7.8	7.6	9.4	8.6	9.0
	(9.7-17.1)	(7.9-13.8)	(9.5-14.8)	(5.2-10.7)	(5.7-10.6)	(5.9-9.8)	(7.4-11.8)	(6.9-10.7)	(7.6-10.7)
At least once in a month**	24.4	22.9	23.7	17.8	19.1	18.4	20.0	20.3	20.2
	(19.2-30.5)	(18.8-27.7)	(19.6-28.4)	(14.3-22.1)	(15.4-23.4)	(15.3-22.1)	(17.0-23.5)	(17.4-23.6)	(17.6-23.0)
Others***	61.3	65.3	63.1	73.9	72.4	73.2	69.6	70.2	69.9
	(54.2-67.9)	(59.5-70.7)	(57.4-68.5)	(68.8-78.4)	(67.9-76.6)	(69.2-76.8)	(65.5-73.4)	(66.6-73.5)	(66.6-73.0)
45 - 69 years									
Namkeen, papad, packaged chips, soya or mustard sauce etc.									
Daily	2.2	2.3	2.3	1.4	2.2	1.8	1.7	2.3	2.0
	(1.0-5.0)	(1.2-4.5)	(1.1-4.5)	(0.7-2.6)	(1.4-3.7)	(1.2-2.8)	(1.0-2.8)	(1.5-3.4)	(1.3-2.9)
At least once in a week*	36.5	32.8	34.7	18.9	16.0	17.4	25.2	21.8	23.5
	(30.8-42.6)	(26.9-39.2)	(29.7-40.0)	(14.9-23.7)	(12.8-19.8)	(14.5-20.8)	(21.5-29.3)	(18.6-25.3)	(20.6-26.7)
At least once in a month**	36.4	33.7	35.1	42.3	39.6	41.0	40.2	37.6	38.9

	(31.4-41.7)	(29.3-38.3)	(31.6-38.8)	(37.3-47.5)	(34.6-44.9)	(36.5-45.6)	(36.4-44.1)	(33.9-41.5)	(35.7-42.2)
Others***	24.9	31.2	27.9	37.4	42.2	39.8	32.9	38.3	35.6
	(19.9-30.5)	(26.4-36.5)	(24.1-32.0)	(32.6-42.6)	(36.8-47.6)	(35.4-44.3)	(29.2-36.9)	(34.5-42.4)	(32.4-39.0)
Preserved canned salty products including pickle									
Daily	1.6	3.7	2.6	2.4	1.9	2.1	2.1	2.5	2.3
	(0.7-3.8)	(2.1-6.3)	(1.6-4.3)	(1.2-4.8)	(1.0-3.3)	(1.3-3.4)	(1.2-3.7)	(1.7-3.7)	(1.6-3.3)
At least once in a week*	18.3	17.2	17.8	15.2	11.7	13.5	16.3	13.6	15.0
	(13.9-23.8)	(13.3-22.0)	(14.2-22.1)	(11.6-19.7)	(8.9-15.3)	(10.8-16.6)	(13.4-19.7)	(11.2-16.4)	(12.8-17.5)
At least once in a month**	26.7	22.5	24.7	25.2	24.8	25.0	25.8	24.0	24.9
	(21.7-32.4)	(18.1-27.5)	(20.6-29.3)	(20.9-30.1)	(19.9-30.5)	(20.9-29.6)	(22.4-29.4)	(20.4-28.1)	(21.8-28.3)
Others***	53.4	56.6	54.9	57.2	61.6	59.4	55.8	59.9	57.8
	(45.5-60.9)	(50.4-62.6)	(48.9-60.8)	(52.0-62.2)	(55.7-67.2)	(54.7-63.9)	(51.5-60.0)	(55.5-64.1)	(54.1-61.4)
Homemade high salt containing food like chutney, panna, pickle									
Daily	6.0	6.2	6.1	3.7	5.8	4.8	4.5	5.9	5.2
	(3.3-10.5)	(4.1-9.3)	(4.3-8.5)	(2.5-5.5)	(4.0-8.3)	(3.5-6.4)	(3.2-6.4)	(4.5-7.8)	(4.1-6.6)
At least once in a week*	46.0	43.3	44.7	36.5	37.2	36.8	39.9	39.3	39.6
	(40.4-51.8)	(35.9-51.1)	(39.7-49.9)	(31.5-41.8)	(31.7-43.0)	(32.1-41.8)	(36.0-43.9)	(34.8-44.0)	(36.0-43.4)
At least once in a month**	29.5	27.1	28.3	35.5	32.6	34.1	33.4	30.7	32.1
	(25.4-34.0)	(22.9-31.7)	(25.5-31.4)	(30.8-40.5)	(27.1-38.6)	(29.5-38.9)	(30.0-36.9)	(26.7-34.9)	(28.9-35.4)
Others***	18.5	23.4	20.9	24.3	24.4	24.3	22.2	24.1	23.1
	(13.5-24.8)	(18.1-29.6)	(16.5-26.0)	(19.9-29.2)	(20.1-29.4)	(20.4-28.7)	(18.7-26.1)	(20.6-27.9)	(20.1-26.5)
Other dairy products having salt (like processed or packaged cheese, butter etc.)									
Daily	0.1	1.2	0.6	1.0	0.8	0.9	0.7	0.9	0.8
	(0.1-0.4)	(0.5-2.7)	(0.3-1.4)	(0.4-2.8)	(0.3-2.0)	(0.4-1.8)	(0.3-1.8)	(0.5-1.7)	(0.5-1.4)
At least once in a week*	8.5	7.2	7.9	6.8	4.4	5.6	7.5	5.3	6.4
	(5.2-13.8)	(4.8-10.6)	(5.3-11.7)	(4.6-10.1)	(2.9-6.5)	(4.1-7.7)	(5.5-10.1)	(4.0-7.1)	(5.0-8.2)
At least once in a month**	18.6	16.0	17.4	12.6	15.2	13.9	14.7	15.5	15.1
	(13.9-24.5)	(12.1-20.9)	(13.6-21.9)	(10.0-15.8)	(11.3-20.2)	(11.2-17.1)	(12.3-17.5)	(12.5-19.1)	(12.9-17.6)
Others***	72.8	75.6	74.1	79.6	79.6	79.6	77.1	78.3	77.7
	(64.6-79.5)	(69.3-81.0)	(67.6-79.7)	(75.0-83.4)	(74.6-83.9)	(75.9-82.9)	(73.2-80.6)	(74.4-81.7)	(74.4-80.6)

*includes 1-6 days in a week; **includes 1-3 days/< once in a month; ***includes responses such as never and don't know

Table 4.2.3.14a Adults who consumed food cooked at home/outside home in a week by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Consuming food cooked at home	66.6 (63.1-70.0)	89.4 (86.8-91.6)	77.3 (74.9-79.5)	75.1 (72.0-78.1)	92.1 (89.9-93.8)	83.4 (81.0-85.5)	72.2 (69.8-74.5)	91.2 (89.5-92.6)	81.3 (79.6-82.9)
Consuming food cooked outside home	33.4 (30.0-36.9)	10.6 (8.4-13.2)	22.7 (20.5-25.1)	24.9 (21.9-28.0)	7.9 (6.2-10.1)	16.6 (14.5-19.0)	27.8 (25.5-30.2)	8.8 (7.4-10.5)	18.7 (17.1-20.4)

Table 4.2.3.14b Adults who consumed food cooked at home/outside home in a week by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Consuming food cooked at home	60.1 (55.6-64.4)	87.6 (84.3-90.2)	72.8 (69.8-75.5)	71.9 (68.1-75.5)	91.4 (88.8-93.4)	81.3 (78.6-83.9)	67.9 (65.0-70.8)	90.2 (88.2-91.8)	78.5 (76.5-80.5)
Consuming food cooked outside home	39.9 (35.6-44.4)	12.4 (9.8-15.7)	27.2 (24.5-30.2)	28.1 (24.5-31.9)	8.6 (6.6-11.2)	18.7 (16.1-21.4)	32.1 (29.2-35.0)	9.8 (8.2-11.8)	21.5 (19.5-23.5)
45 - 69 years									
Consuming food cooked at home	81.1 (76.8-84.8)	93.2 (90.2-95.4)	87.0 (84.0-89.5)	82.9 (77.9-86.9)	93.7 (91.0-95.6)	88.2 (85.3-90.7)	82.2 (78.8-85.2)	93.6 (91.6-95.1)	87.8 (85.6-89.6)
Consuming food cooked outside home	18.9 (15.2-23.2)	6.8 (4.6-9.8)	13.0 (10.5-16.0)	17.1 (13.1-22.4)	6.3 (4.4-9.0)	11.8 (9.3-14.7)	17.8 (14.8-21.2)	6.4 (4.9-8.4)	12.2 (10.4-14.4)

Table 4.2.3.15a Number of meals consumed outside home in a week by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	3.2 (2.8-3.5)	2.1 (1.7-2.4)	2.9 (2.6-3.2)	3.1 (2.8-3.6)	2.5 (1.9-3.0)	3.0 (2.7-3.4)	3.2 (2.9-3.4)	2.3 (2.0-2.7)	3.0 (2.7-3.2)

Table 4.2.3.15b Number of meals consumed outside home in a week by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 44 years	3.0	2.0	2.9	3.2	2.4	3.0	3.2	2.2	3.0
	(2.7-3.5)	(1.6-2.4)	(2.6-3.2)	(2.8-3.6)	(1.9-2.9)	(2.7-3.4)	(2.9-3.5)	(1.9-2.6)	(2.7-3.2)
45 - 69 years	3.5	2.2	3.2	2.9	2.9	2.9	3.1	2.6	3.0
	(2.8-4.1)	(1.3-3.1)	(2.6-3.7)	(2.3-3.5)	(1.6-4.1)	(2.3-3.5)	(2.7-3.6)	(1.8-3.4)	(2.6-3.4)

4.2.4 Physical activity

Table 4.2.4.1a Physical activity levels by area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Sufficient physical activity	55.8	39.8	48.3	76.0	51.4	63.9	69.1	47.6	58.7
	(51.1-60.4)	(36.3-43.4)	(45.2-51.4)	(73.1-78.6)	(48.3-54.5)	(61.7-66.1)	(66.3-71.7)	(45.3-50.0)	(56.7-60.6)
Insufficient physical activity*	44.2	60.2	51.7	24.0	48.6	36.1	30.9	52.4	41.3
	(39.6-48.9)	(56.6-63.7)	(48.6-54.8)	(21.4-26.9)	(45.5-51.7)	(33.9-38.3)	(28.3-33.7)	(50.0-54.7)	(39.4-43.3)

*insufficient physical activity less than 150 minutes of moderate-intensity physical activity per week OR <75 minutes of vigorous-intensity physical activity per week OR an equivalent combination of moderate and vigorous-intensity physical activity accumulating <600 MET-minutes per week

Table 4.2.4.1b Physical activity levels by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
	56.6	40.6	49.1	77.7	52.6	65.5	70.6	48.8	60.1
Sufficient physical activity	(50.9-62.0)	(36.3-44.9)	(45.4-52.8)	(74.3-80.8)	(48.9-56.3)	(62.9-68)	(67.3-73.7)	(45.9-51.6)	(57.9-62.3)
	43.4	59.4	50.9	22.3	47.4	34.5	29.4	51.2	39.9
Insufficient physical activity*	(38.0-49.1)	(55.1-63.7)	(47.2-54.6)	(19.2-25.7)	(43.7-51.1)	(32-37.1)	(26.3-32.7)	(48.4-54.1)	(37.7-42.1)
45 - 69 years	(95% CI)								
	54.2	38.3	46.5	71.7	48.8	60.3	65.4	45.1	55.5
Sufficient physical activity	(48.6-59.7)	(32.8-44.1)	(42.3-50.9)	(67.9-75.2)	(44.3-53.2)	(57.5-63.1)	(62.0-68.7)	(41.7-48.7)	(53.0-58.0)
	45.8	61.7	53.5	28.3	51.2	39.7	34.6	54.9	44.5
Insufficient physical activity*	(40.3-51.4)	(55.9-67.2)	(49.1-57.7)	(24.8-32.1)	(46.8-55.7)	(36.9-42.5)	(31.3-38.0)	(51.3-58.3)	(42.0-47.0)

*insufficient physical activity less than 150 minutes of moderate-intensity physical activity per week OR < 75 minutes of vigorous-intensity physical activity per week OR an equivalent combination of moderate and vigorous-intensity physical activity accumulating at least 600 MET-minutes per week

Table 4.2.4.2a Time (minutes) spent in physical activity per day by area of residence and gender (Mean)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
Vigorous activity	9.4	1.1	5.5	17.5	4.0	10.9	14.7	3.1	9.1
	(7.1-11.7)	(0.7-1.6)	(4.2-6.8)	(15.3-19.7)	(3.2-4.9)	(9.6-12.2)	(13.0-16.4)	(2.5-3.7)	(8.1-10.1)
Moderate activity	71.1	40.6	56.7	121.3	57.8	90.2	104.1	52.2	79.0
	(60.8-81.4)	(34.0-47.3)	(49.2-64.2)	(111.3-131.3)	(50.3-65.4)	(83.2-97.2)	(95.9-112.3)	(46.7-57.7)	(73.4-84.6)
Leisure time activity	28.2	5.5	17.5	20.4	2.4	11.6	23.1	3.4	13.6
	(22.4-34.0)	(3.2-7.7)	(13.9-21.0)	(16.3-24.6)	(0.9-3.9)	(9.4-13.8)	(19.7-26.4)	(2.2-4.7)	(11.7-15.4)
Work related activity at home/work place	37.0	30.0	33.7	83.3	46.3	65.1	67.4	41.0	54.6
	(29.0-45.0)	(24.4-35.6)	(27.6-39.9)	(75.2-91.4)	(39.9-52.7)	(59.2-71.0)	(60.8-74.0)	(36.3-45.6)	(50.0-59.2)
Travel related activity	15.3	6.3	11.0	35.1	13.2	24.4	28.3	10.9	19.9
	(12.7-17.9)	(4.8-7.7)	(9.4-12.7)	(30.7-39.6)	(10.8-15.6)	(21.7-27.1)	(25.0-31.6)	(9.2-12.6)	(17.9-21.9)
Total minutes (Mean) spent in physical activity per day	80.5	41.7	62.2	138.9	61.9	101.1	118.8	55.3	88.1
	(69.2-91.8)	(34.9-48.6)	(54.2-70.2)	(128.1-149.6)	(53.7-70.0)	(93.5-108.7)	(109.9-127.7)	(49.4-61.2)	(82.0-94.1)

Table 4.2.4.2b Time (minutes) spent in physical activity per day by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Vigorous activity	11.2	0.9	6.4	20.4	4.1	12.4	17.3	3.1	10.5
	(7.9-14.4)	(0.5-1.4)	(4.6-8.2)	(17.5-23.2)	(3.1-5.1)	(10.8-14.1)	(15.0-19.5)	(2.4-3.8)	(9.2-11.8)
Moderate activity	70.1	39.5	55.8	126.4	57.9	93.0	107.4	52.1	80.8
	(58.7-81.5)	(32.6-46.4)	(48.4-63.2)	(115.3-137.4)	(49.3-66.6)	(85.1-100.8)	(98.2-116.6)	(45.8-58.3)	(74.7-87.0)
Leisure time activity	31.1	5.1	19.0	24.7	2.4	13.8	26.9	3.3	15.5
	(23.9-38.3)	(2.7-7.5)	(14.8-23.1)	(19.2-30.2)	(0.3-4.5)	(10.8-16.8)	(22.5-31.2)	(1.6-4.9)	(13.1-17.9)
Work related activity at home/work place	35.8	29.5	32.9	86.3	46.7	67.0	69.3	41.2	55.8
	(27.3-44.3)	(24.2-34.8)	(27.0-38.8)	(77.0-95.7)	(39.7-53.7)	(60.4-73.6)	(61.7-76.9)	(36.2-46.3)	(50.7-60.9)
Travel related activity	14.4	5.8	10.4	35.7	13.0	24.6	28.5	10.7	19.9
	(11.2-17.6)	(4.4-7.1)	(8.6-12.2)	(30.8-40.6)	(10.2-15.7)	(21.6-27.5)	(24.8-32.2)	(8.8-12.6)	(17.8-22.1)
Total minutes (mean) spent in physical activity per day	81.2	40.4	62.2	146.8	62.1	105.4	124.7	55.2	91.3
	(68.0-94.5)	(33.4-47.4)	(54.0-70.5)	(135.0-158.6)	(52.8-71.3)	(96.9-113.9)	(114.6-134.8)	(48.5-61.9)	(84.6-98.0)
45 - 69 years									
Vigorous activity	5.5	1.5	3.6	10.7	3.8	7.2	8.8	3.0	5.9
	(3.8-7.2)	(0.7-2.3)	(2.5-4.7)	(9.1-12.2)	(2.6-4.9)	(6.2-8.3)	(7.6-10.0)	(2.2-3.8)	(5.2-6.7)
Moderate activity	73.2	43.0	58.7	109.2	57.6	83.6	96.3	52.5	74.8
	(58.7-87.8)	(32.5-53.5)	(47.7-69.7)	(95.5-122.9)	(47.6-67.6)	(74.7-92.5)	(85.6-107.0)	(45.0-60.1)	(67.7-82.0)
Leisure time activity	21.7	6.2	14.3	10.1	2.4	6.3	14.3	3.7	9.1
	(14.4-29.0)	(2.8-9.7)	(9.7-18.9)	(5.8-14.4)	(0.6-4.2)	(3.9-8.6)	(10.5-18.1)	(2.1-5.4)	(6.9-11.3)
Work related activity at home/work place	39.7	31.0	35.5	75.9	45.3	60.7	63.0	40.3	51.8
	(29.9-49.5)	(21.1-40.8)	(26.7-44.3)	(66.6-85.3)	(36.8-53.7)	(54.1-67.4)	(55.5-70.4)	(33.8-46.8)	(46.4-57.3)
Travel related activity	17.3	7.3	12.5	33.8	13.7	23.8	27.9	11.5	19.8
	(12.9-21.7)	(4.3-10.2)	(9.8-15.1)	(28.4-39.3)	(10.5-16.8)	(20.5-27.2)	(23.9-31.9)	(9.2-13.8)	(17.4-22.3)
Total minutes (mean) spent in physical activity per day	78.8	44.5	62.2	119.8	61.4	90.8	105.1	55.5	80.8
	(64.3-93.2)	(33.4-55.5)	(51.0-73.5)	(105.5-134.1)	(50.6-72.1)	(81.4-100.2)	(94.1-116.2)	(47.5-63.5)	(73.3-88.2)

Table 4.2.4.3a Voluntary physical activity* during recreational time by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	22.7	5.9	14.8	14.3	2.1	8.3	17.2	3.4	10.5
	(19.3-26.5)	(4.3-8.1)	(12.6-17.3)	(12.1-16.8)	(1.5-3.0)	(7.1-9.8)	(15.3-19.2)	(2.7-4.2)	(9.4-11.7)
18 - 44 years	24.3	5.8	15.7	17.1	2.3	9.8	19.5	3.4	11.8
	(20.3-28.9)	(4.0-8.2)	(13.3-18.4)	(14.3-20.3)	(1.5-3.4)	(8.3-11.7)	(17.2-22.1)	(2.6-4.4)	(10.4-13.2)
45 - 69 years	19.1	6.2	12.9	7.5	1.8	4.7	11.7	3.3	7.6
	(14.3-25.0)	(4.2-9.2)	(9.8-16.8)	(5.2-10.8)	(1.0-3.3)	(3.4-6.4)	(9.2-14.6)	(2.4-4.6)	(6.1-9.4)

*doing voluntary physical activity like sports, fitness etc. during recreational time

Table 4.2.4.4a Time (minutes) spent being sedentary per day by area of residence, gender and age categories (Mean)

Sedentary	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	314.8	335.2	324.4	277.9	325.2	301.1	290.5	328.5	308.9
	(292.6-337.0)	(315.6-354.7)	(304.8-343.9)	(260.5-295.2)	(306.8-343.6)	(285.3-316.9)	(276.9-304.2)	(314.5-342.4)	(296.6-321.2)
18 - 44 years	309.3	324.7	316.5	269.8	315.4	292.0	283.1	318.3	300.1
	(285.6-333.0)	(302.4-347.1)	(295.2-337.8)	(250.9-288.7)	(294.6-336.2)	(274.9-309.2)	(268.3-298.0)	(302.5-334.2)	(286.6-313.5)
45 - 69 years	326.7	356.6	341.1	297.3	348.3	322.6	307.8	351.2	329.1
	(300.7-352.7)	(328.8-384.5)	(318.6-363.7)	(275.8-318.7)	(329.4-367.2)	(305.4-339.7)	(291.2-324.4)	(335.5-366.8)	(315.6-342.6)

*sedentary behaviours like sitting, reclining and watching television, working on a computer, playing games in mobile/tablet, talking with friends or doing other sitting activities like knitting, embroidery etc., including the time spent sitting in office and excluding time spent sleeping in a typical day

4.2.5 Physical measurements

Table 4.2.5.1a Measurements of height, weight, BMI and waist circumference by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Height (cm)	165.3 (164.7-165.9)	152.3 (151.8-152.8)	159.3 (158.8-159.7)	163.6 (163.1-164.2)	151.3 (150.8-151.7)	157.7 (157.2-158.2)	164.2 (163.8-164.6)	151.6 (151.2-152.0)	158.2 (157.8-158.6)
Weight (Kg)	65.8 (64.7-66.9)	57.4 (56.3-58.6)	61.9 (61.1-62.7)	57.2 (56.4-58.0)	50.2 (49.2-51.2)	53.8 (53.1-54.6)	60.1 (59.4-60.9)	52.6 (51.7-53.4)	56.5 (55.8-57.2)
BMI* (Kg/m ²)	24.0 (23.7-24.3)	24.7 (24.3-25.2)	24.3 (24.1-24.6)	21.4 (21.1-21.7)	21.9 (21.6-22.2)	21.6 (21.4-21.9)	22.3 (22.0-22.5)	22.8 (22.5-23.1)	22.5 (22.3-22.8)
Waist circumference (cm)	86.6 (85.6-87.6)	82.3 (81.2-83.5)	84.6 (83.8-85.5)	78.8 (78.0-79.5)	75.3 (74.2-76.4)	77.1 (76.3-77.9)	81.4 (80.7-82.2)	77.6 (76.7-78.4)	79.6 (78.9-80.3)

*BMI- Body Mass Index = Weight (Kg)/Height (m²)

Table 4.2.5.1b Measurements of height, weight, BMI and waist circumference by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Height (cm)	166.1 (165.4-166.8)	153.0 (152.4-153.5)	160.1 (159.6-160.7)	164.1 (163.5-164.7)	151.8 (151.1-152.4)	158.2 (157.6-158.8)	164.8 (164.3-165.3)	152.1 (151.7-152.6)	158.8 (158.4-159.3)
Weight (Kg)	65.8 (64.5-67.0)	56.7 (55.5-58.0)	61.7 (60.7-62.6)	57.5 (56.6-58.4)	49.9 (48.9-50.9)	53.9 (53.0-54.7)	60.2 (59.4-61.1)	52.0 (51.2-52.9)	56.4 (55.7-57.1)
BMI* (Kg/m ²)	23.8 (23.4-24.2)	24.2 (23.7-24.7)	24.0 (23.7-24.3)	21.4 (21.0-21.8)	21.6 (21.3-22.0)	21.5 (21.2-21.8)	22.2 (21.9-22.5)	22.4 (22.1-22.7)	22.3 (22.1-22.6)
Waist circumference (cm)	85.2 (84.2-86.2)	80.4 (79.1-81.7)	83.0 (82.2-83.9)	77.8 (76.9-78.7)	73.8 (72.6-74.9)	75.9 (75.0-76.7)	80.3 (79.5-81.1)	75.9 (75.0-76.8)	78.2 (77.5-78.9)
45 - 69 years									
Height (cm)	163.6 (162.9-164.4)	151.0 (150.3-151.7)	157.5 (156.9-158.1)	162.4 (161.7-163.1)	150.1 (149.6-150.7)	156.3 (155.7-156.9)	162.9 (162.3-163.4)	150.4 (150.0-150.9)	156.7 (156.3-157.2)
Weight (Kg)	65.8 (64.1-67.4)	58.8 (57.4-60.2)	62.4 (61.2-63.6)	56.6 (55.6-57.6)	51.0 (49.7-52.2)	53.8 (52.9-54.8)	59.9 (58.8-60.9)	53.7 (52.7-54.6)	56.8 (56.0-57.7)
BMI* (Kg/m ²)	24.5 (23.9-25.0)	25.8 (25.2-26.3)	25.1 (24.7-25.5)	21.4 (21.1-21.7)	22.5 (22.1-23.0)	22.0 (21.6-22.3)	22.5 (22.2-22.8)	23.7 (23.3-24.0)	23.1 (22.8-23.4)
Waist circumference (cm)	89.7 (88.2-91.2)	86.1 (84.8-87.4)	88.0 (86.9-89.1)	81.1 (80.0-82.1)	78.7 (77.3-80.2)	79.9 (78.8-81.0)	84.1 (83.1-85.2)	81.3 (80.2-82.4)	82.7 (81.8-83.6)

*BMI- Body Mass Index = Weight (Kg)/Height (m²)

Table 4.2.5.2a BMI* categories (WHO cut off) by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Underweight (BMI<18.5)	11.8 (9.7-14.4)	10.3 (8.4-12.5)	11.1 (9.8-12.6)	23.0 (20.6-25.6)	23.5 (21.0-26.3)	23.3 (21.2-25.5)	19.2 (17.4-21.2)	19.2 (17.4-21.3)	19.2 (17.7-20.9)
Normal weight (BMI 18.5-24.9)	48.0 (44.7-51.3)	44.6 (40.7-48.6)	46.4 (43.9-49.0)	62.4 (59.6-65.2)	54.8 (52.4-57.2)	58.7 (56.7-60.7)	57.5 (55.2-59.8)	51.5 (49.4-53.6)	54.7 (53.0-56.3)
Overweight (BMI 25.0-29.9)	31.6 (28.1-35.4)	31.0 (27.7-34.5)	31.3 (28.9-33.9)	12.5 (10.4-14.8)	16.2 (14.2-18.4)	14.3 (12.6-16.0)	19.0 (16.9-21.3)	21.0 (19.1-23.0)	19.9 (18.3-21.6)
Obesity (BMI ≥30.0)	8.6 (6.8-10.8)	14.1 (11.6-17.1)	11.2 (9.6-13.0)	2.1 (1.6-2.8)	5.5 (4.2-7.0)	3.7 (3.1-4.6)	4.3 (3.6-5.2)	8.3 (7.1-9.7)	6.2 (5.5-7.0)

*in Kg/m²

Table 4.2.5.2b BMI categories (WHO cut off) by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Underweight (BMI<18.5)	13.2 (10.6-16.5)	12.6 (10.0-15.8)	12.9 (11.2-14.9)	22.1 (19.4-25.1)	24.8 (21.9-28.1)	23.4 (21.1-25.9)	19.1 (17.0-21.5)	21.0 (18.7-23.4)	20.0 (18.3-21.8)
Normal weight (BMI 18.5-24.9)	48.7 (44.3-53.1)	46.1 (41.9-50.4)	47.5 (44.6-50.5)	63.9 (60.6-67.1)	56.3 (53.2-59.2)	60.3 (57.8-62.6)	58.8 (56.1-61.5)	53.1 (50.5-55.6)	56.1 (54.1-58.1)
Overweight (BMI 25.0-29.9)	30.3 (25.8-35.1)	29.2 (25.6-33.1)	29.8 (26.9-32.9)	11.9 (9.6-14.6)	13.9 (11.8-16.2)	12.8 (11.1-14.9)	18.0 (15.6-20.7)	18.7 (16.8-20.9)	18.4 (16.6-20.3)
Obesity (BMI ≥30.0)	7.8 (5.7-10.5)	12.1 (9.5-15.1)	9.7 (8.1-11.7)	2.1 (1.5-3.0)	5.0 (3.8-6.7)	3.5 (2.8-4.4)	4.0 (3.1-5.1)	7.2 (6.0-8.7)	5.5 (4.7-6.4)
45 - 69 years									
Underweight (BMI<18.5)	8.7 (6.4-11.8)	5.7 (3.7-8.6)	7.2 (5.7-9.2)	25.2 (21.3-29.5)	20.7 (17.5-24.3)	23.0 (20.1-26.1)	19.4 (16.6-22.5)	15.5 (13.2-18.2)	17.5 (15.4-19.8)
Normal weight (BMI 18.5-24.9)	46.3 (41.4-51.3)	41.6 (35.8-47.7)	44.1 (40.4-47.7)	58.8 (54.0-63.5)	51.5 (48.1-54.9)	55.2 (52.3-58.0)	54.4 (50.7-58.0)	48.1 (45.1-51.1)	51.3 (49.0-53.6)
Overweight (BMI 25.0-29.9)	34.6 (29.8-39.8)	34.4 (29.1-40.2)	34.5 (30.7-38.6)	13.7 (11.0-17.1)	21.3 (18.1-25.0)	17.5 (15.5-19.7)	21.1 (18.3-24.3)	25.8 (22.9-29.1)	23.4 (21.3-25.7)
Obesity (BMI ≥30.0)	10.4 (7.7-13.8)	18.2 (14.2-23.1)	14.2 (11.6-17.1)	2.2 (1.4-3.5)	6.5 (4.6-9.2)	4.4 (3.3-5.8)	5.1 (3.9-6.7)	10.6 (8.6-12.8)	7.8 (6.6-9.2)

*in Kg/m²

Table 4.2.5.3a BMI* categories (Asian cut off) by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Underweight (BMI<18.5)	11.8 (9.7-14.4)	10.3 (8.4-12.5)	11.1 (9.8-12.6)	23.0 (20.6-25.6)	23.6 (21.0-26.3)	23.3 (21.2-25.5)	19.2 (17.4-21.2)	19.2 (17.4-21.3)	19.2 (17.7-20.9)
Normal weight (BMI 18.5-22.9)	29.8 (26.7-33.1)	29.2 (25.9-32.7)	29.5 (27.2-31.9)	47.5 (44.5-50.5)	42.6 (40.1-45.2)	45.2 (43.0-47.4)	41.5 (39.0-44.0)	38.3 (36.2-40.4)	39.9 (38.2-41.8)
Overweight (BMI 23.0-24.9)	18.2 (16.1-20.5)	15.4 (13.2-17.9)	16.9 (15.4-18.5)	14.9 (12.9-17.1)	12.1 (10.7-13.8)	13.5 (12.3-15.0)	16.0 (14.5-17.7)	13.2 (12.0-14.6)	14.8 (13.7-15.8)
Obesity (BMI ≥25.0)	40.2 (36.7-43.8)	45.1 (41.0-49.3)	42.5 (39.8-45.2)	14.6 (12.4-17.0)	21.7 (19.2-24.3)	18.0 (16.1-20.1)	23.3 (21.0-25.7)	29.3 (27.0-31.7)	26.1 (24.2-28.1)

*in Kg/m²

Table 4.2.5.3b BMI* categories (Asian cut off) by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Underweight (BMI<18.5)	13.2 (10.6-16.5)	12.6 (10.0-15.8)	12.9 (11.2-14.9)	22.1 (19.4-25.1)	24.8 (21.9-28.1)	23.4 (21.1-25.9)	19.1 (17.0-21.5)	21.0 (18.7-23.4)	20.0 (18.3-21.8)
Normal weight (BMI 18.5-22.9)	29.7 (25.8-33.9)	30.5 (27.0-34.3)	30.1 (27.3-33.0)	49.6 (45.9-53.2)	44.0 (41.1-47.0)	46.9 (44.4-49.5)	42.9 (39.9-46.0)	39.7 (37.3-42.2)	41.4 (39.3-43.6)
Overweight (BMI 23.0-24.9)	19.1 (15.8-22.7)	15.6 (12.8-18.9)	17.5 (15.4-19.7)	14.3 (12.0-17.1)	12.3 (10.5-14.3)	13.4 (11.7-15.2)	16.0 (13.9-18.1)	13.3 (11.8-15.0)	14.7 (13.4-16.1)
Obesity (BMI ≥25.0)	38.0 (33.8-42.5)	41.3 (37.0-45.7)	39.5 (36.6-42.6)	14.0 (11.5-16.9)	18.9 (16.2-21.8)	16.3 (14.2-18.7)	22.0 (19.5-24.8)	26.0 (23.5-28.6)	23.9 (21.8-26.1)
45 - 69 years									
Underweight (BMI<18.5)	8.7 (6.4-11.8)	5.7 (3.7-8.6)	7.2 (5.7-9.2)	25.2 (21.3-29.5)	20.7 (17.5-24.3)	23.0 (20.1-26.1)	19.4 (16.6-22.5)	15.5 (13.2-18.2)	17.5 (15.4-19.8)
Normal weight (BMI 18.5-22.9)	30.0 (25.5-34.9)	26.5 (21.2-32.6)	28.3 (24.9-32.0)	42.6 (38.3-46.9)	39.5 (35.9-43.2)	41.1 (38.0-44.2)	38.1 (34.9-41.4)	35.0 (32.0-38.2)	36.6 (34.3-39.0)
Overweight (BMI 23.0-24.9)	16.3 (12.3-21.5)	15.1 (11.8-19.2)	15.8 (12.8-19.2)	16.2 (12.9-20.2)	12.0 (9.9-14.4)	14.0 (12.2-16.2)	16.3 (13.6-19.3)	13.1 (11.3-15.1)	14.7 (13.1-16.5)
Obesity (BMI ≥25.0)	45.0 (39.4-50.7)	52.7 (46.9-58.4)	48.7 (44.3-53.1)	16.0 (13.1-19.4)	27.8 (24.4-31.6)	21.9 (19.5-24.4)	26.2 (22.9-29.9)	36.4 (33.2-39.7)	31.2 (28.7-33.9)

*in Kg/m²

Table 4.2.5.4a Adults categorized as overweight (including obesity) and obese by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Overweight (BMI ≥ 25.0 Kg/m ²)	40.2 (36.7-43.8)	45.1 (41.0-49.3)	42.5 (39.8-45.2)	14.6 (12.4-17.0)	21.7 (19.2-24.3)	18.0 (16.1-20.1)	23.3 (21.0-25.7)	29.3 (27.0-31.7)	26.1 (24.2-28.1)
Obesity (BMI ≥ 30.0 Kg/m ²)	8.6 (6.8-10.8)	14.1 (11.6-17.1)	11.2 (9.6-13.0)	2.1 (1.6-2.8)	5.5 (4.2-7.0)	3.7 (3.1-4.6)	4.3 (3.6-5.2)	8.3 (7.1-9.7)	6.2 (5.5-7.0)

Table 4.2.5.4b Adults categorized as overweight (including obesity) and obese by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Overweight (BMI ≥ 25.0 Kg/m ²)	38.0 (33.8-42.5)	41.3 (37.0-45.7)	39.5 (36.6-42.6)	14.0 (11.5-16.9)	18.9 (16.2-21.8)	16.3 (14.2-18.7)	22.0 (19.5-24.8)	26.0 (23.5-28.6)	23.9 (21.8-26.1)
Obesity (BMI ≥ 30.0 Kg/m ²)	7.8 (5.7-10.5)	12.1 (9.5-15.1)	9.7 (8.1-11.7)	2.1 (1.5-3.0)	5.0 (3.8-6.7)	3.5 (2.8-4.4)	4.0 (3.1-5.1)	7.2 (6.0-8.7)	5.5 (4.7-6.4)
45 - 69 years									
Overweight (BMI ≥ 25.0 Kg/m ²)	45.0 (39.4-50.7)	52.7 (46.9-58.4)	48.7 (44.3-53.1)	16.0 (13.1-19.4)	27.8 (24.4-31.6)	21.9 (19.5-24.4)	26.3 (22.9-29.9)	36.4 (33.2-39.7)	31.2 (28.7-33.9)
Obesity (BMI ≥ 30.0 Kg/m ²)	10.4 (7.7-13.8)	18.2 (14.2-23.1)	14.2 (11.6-17.1)	2.2 (1.4-3.5)	6.5 (4.6-9.2)	4.4 (3.3-5.8)	5.1 (3.9-6.7)	10.6 (8.6-12.8)	7.8 (6.6-9.2)

Table 4.2.5.5a Adults with central obesity* by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	39.5 (36.2-43.0)	58.1 (53.4-62.8)	48.2 (44.9-51.5)	16.6 (14.3-19.3)	32.4 (29.0-35.9)	24.2 (21.7-26.9)	24.4 (22.1-26.9)	40.7 (37.8-43.7)	32.2 (29.9-34.5)
18 - 44 years	35.7 (31.6-40.0)	51.0 (45.8-56.2)	42.7 (39.1-46.3)	14.0 (11.4-17.0)	28.0 (24.5-31.9)	20.7 (18.1-23.5)	21.2 (18.7-24.0)	35.3 (32.3-38.4)	27.8 (25.6-30.2)
45 - 69 years	48.1 (43.1-53.1)	72.1 (66.2-77.4)	59.7 (55.7-63.6)	23.0 (19.6-26.8)	42.1 (37.4-47.0)	32.4 (29.1-36.0)	31.8 (28.7-35.2)	52.4 (48.3-56.4)	41.9 (38.9-45.0)

*Waist Circumference (WC) ≥ 80 cm in women and ≥ 90 cm in men

Table 4.2.5.6a Blood pressure measurements by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Systolic BP (mmHg)	129.4 (128.1-130.7)	123.6 (122.1-125.1)	126.7 (125.6-127.8)	124.4 (123.4-125.4)	121.0 (120.0-122.0)	122.7 (121.9-123.5)	126.1 (125.3-127.0)	121.8 (121.0-122.7)	124.1 (123.4-124.7)
Diastolic BP (mmHg)	84.3 (83.5-85.1)	80.8 (80.0-81.6)	82.7 (82.1-83.3)	80.4 (79.7-81.1)	79.7 (79.1-80.3)	80.1 (79.5-80.6)	81.8 (81.2-82.3)	80.1 (79.6-80.5)	80.9 (80.5-81.4)

Table 4.2.5.6b Blood pressure measurements by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Systolic BP (mmHg)	126.1 (124.5-127.7)	116.6 (115.2-118.0)	121.7 (120.6-122.8)	121.9 (121.0-122.7)	115.9 (114.9-116.9)	119.0 (118.2-119.7)	123.3 (122.4-124.1)	116.1 (115.3-116.9)	119.9 (119.2-120.5)
Diastolic BP (mmHg)	83.7 (82.6-84.9)	79.4 (78.5-80.3)	81.7 (81.0-82.4)	79.8 (79.0-80.5)	78.6 (77.9-79.2)	79.2 (78.6-79.8)	81.1 (80.4-81.8)	78.8 (78.3-79.4)	80.0 (79.5-80.5)
45 - 69 years									
Systolic BP (mmHg)	136.7 (133.7-139.6)	138.0 (135.6-140.3)	137.3 (135.3-139.3)	130.6 (128.6-132.6)	132.8 (131.0-134.5)	131.7 (130.3-133.1)	132.8 (131.0-134.5)	134.6 (133.1-136.0)	133.6 (132.4-134.8)
Diastolic BP (mmHg)	85.6 (84.3-86.8)	83.8 (82.6-84.9)	84.7 (83.7-85.7)	82.0 (81.1-83.0)	82.4 (81.5-83.2)	82.2 (81.5-82.9)	83.3 (82.5-84.1)	82.9 (82.2-83.5)	83.1 (82.5-83.7)

Table 4.2.5.7a Adults with raised blood pressure (known and newly detected) by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Known	8.6 (7.1-10.5)	12.4 (10.3-14.8)	10.4 (9.0-12.0)	5.8 (4.8-7.0)	7.6 (6.4-9.1)	6.7 (5.8-7.7)	6.8 (5.9-7.8)	9.2 (8.1-10.4)	7.9 (7.2-8.8)
Newly detected	28.7 (25.7-32.0)	17.8 (15.7-20.1)	23.6 (21.5-25.8)	20.2 (17.9-22.7)	17.7 (16.0-19.6)	19.0 (17.4-20.7)	23.1 (21.3-25.1)	17.8 (16.4-19.2)	20.6 (19.2-21.9)

Table 4.2.5.7b Adults with raised blood pressure (known and newly detected) by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Known	5.6	6.1	5.8	3.1	3.8	3.4	3.9	4.5	4.2
	(4.1-7.6)	(4.3-8.6)	(4.6-7.4)	(2.1-4.5)	(2.8-5.1)	(2.7-4.3)	(3.1-5.0)	(3.6-5.7)	(3.6-5.0)
Newly detected	26.0	10.9	19.0	16.8	12.5	14.7	19.9	12.0	16.1
	(22.8-29.5)	(9.0-13.1)	(16.9-21.2)	(14.6-19.4)	(10.8-14.4)	(13.1-16.4)	(18.0-22.0)	(10.6-13.4)	(14.8-17.5)
45 - 69 years									
Known	15.2	25.4	20.1	12.3	16.6	14.4	13.3	19.6	16.4
	(12.0-19.1)	(21.4-29.8)	(17.0-23.5)	(9.9-15.2)	(14.0-19.6)	(12.5-16.6)	(11.4-15.6)	(17.4-22.1)	(14.8-18.2)
Newly detected	34.7	32.1	33.4	28.4	30.0	29.2	30.6	30.7	30.7
	(28.1-41.8)	(27.7-36.7)	(28.8-38.4)	(24.5-32.6)	(26.7-33.5)	(26.5-32.0)	(27.1-34.4)	(28.0-33.5)	(28.2-33.2)

Table 4.2.5.8a Adults with raised blood pressure including those on medication by area of residence, gender and age categories (Percentage)

Raised Blood Pressure* (including those on medication)	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	37.4	30.2	34.0	26.0	25.4	25.7	29.9	27.0	28.5
	(34.5-40.3)	(27.5-33.0)	(32.0-36.1)	(23.5-28.8)	(23.2-27.6)	(23.8-27.8)	(27.9-32.0)	(25.2-28.8)	(27.0-30.1)
18 - 44 years	31.7	17.0	24.8	19.9	16.2	18.1	23.9	16.5	20.3
	(28.4-35.1)	(14.5-19.7)	(22.9-26.9)	(17.4-22.7)	(14.2-18.6)	(16.3-20.1)	(21.8-26.1)	(14.8-18.3)	(18.9-21.8)
45 - 69 years	49.9	57.4	53.5	40.7	46.6	43.6	44.0	50.3	47.1
	(43.7-56.1)	(53.2-61.6)	(49.3-57.7)	(36.5-45.0)	(42.9-50.3)	(40.5-46.8)	(40.4-47.6)	(47.5-53.2)	(44.5-49.7)

*Raised blood pressure - Systolic blood pressure ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg or on medication for raised BP among persons aged 18-69 years

Table 4.2.5.9a Blood pressure categories* among those measured by area of residence and gender (Percentage)

		Urban			Rural			Total		
		Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years		(95% CI)								
Normal		22.4	36.5	29.0	33.6	42.4	37.9	29.8	40.5	34.9
		(19.6-25.3)	(33.1-40.0)	(26.5-31.5)	(30.9-36.5)	(39.6-45.4)	(35.7-40.2)	(27.6-32.0)	(38.2-42.8)	(33.1-36.8)
Pre-hypertension		43.1	38.6	41.0	43.6	35.8	39.8	43.4	36.7	40.2
		(40.0-46.2)	(35.7-41.6)	(38.9-43.1)	(41.2-46.0)	(33.5-38.2)	(38.1-41.6)	(41.5-45.3)	(34.9-38.6)	(38.8-41.6)
Hypertension	Stage 1	21.5	16.5	19.2	16.7	15.2	16.0	18.4	15.6	17.0
		(19.1-24.1)	(14.4-18.9)	(17.6-20.8)	(14.9-18.8)	(13.6-17.0)	(14.6-17.5)	(16.9-20.0)	(14.3-17.1)	(15.9-18.2)
	Stage 2	13.0	8.4	10.8	6.1	6.6	6.3	8.4	7.2	7.9
		(10.8-15.7)	(7.0-10.1)	(9.6-12.3)	(5.0-7.3)	(5.7-7.5)	(5.5-7.1)	(7.3-9.7)	(6.4-8.0)	(7.1-8.6)

*classification of hypertension (as recommended by JNC-7) is based on Systolic Blood Pressure (SBP) and Diastolic Blood Pressure (DBP) values: Normal (SBP<120; DBP<80) (mmHg), Pre-hypertension (SBP: 120-139; DBP: 80-89); Hypertension Stage 1 (SBP: 140-159; DBP: 90-99) (mmHg); Hypertension Stage 2 (SBP: ≥160; DBP: ≥100) (mmHg) among those measured

Table 4.2.5.9b Blood pressure categories* among those measured by area of residence, gender and age categories (Percentage)

		Urban			Rural			Total		
		Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years		(95% CI)								
Normal		24.6	45.9	34.5	35.9	49.8	42.6	32.1	48.6	40.0
		(21.2-28.4)	(41.4-50.3)	(31.4-37.6)	(32.5-39.4)	(46.3-53.4)	(39.9-45.5)	(29.4-34.9)	(45.7-51.4)	(37.8-42.2)
Pre-hypertension		46.0	40.0	43.2	46.6	36.4	41.6	46.4	37.5	42.1
		(41.9-50.2)	(35.8-44.3)	(40.1-46.4)	(43.6-49.6)	(33.4-39.5)	(39.4-43.9)	(43.9-48.8)	(35.1-40.0)	(40.3-44.0)
Hypertension	Stage 1	19.6	10.7	15.5	13.9	10.9	12.4	15.8	10.8	13.4
		(17.0-22.4)	(8.7-13.1)	(13.8-17.3)	(12.0-16.0)	(9.3-12.8)	(11.1-13.9)	(14.2-17.5)	(9.5-12.3)	(12.3-14.6)
	Stage 2	9.8	3.4	6.8	3.6	2.9	3.4	5.7	3.1	4.5
		(7.1-13.4)	(2.4-4.9)	(5.3-8.7)	(2.7-5.0)	(2.1-3.9)	(2.6-4.1)	(4.5-7.2)	(2.4-3.9)	(3.7-5.3)
45 - 69 years										
Normal		17.4	17.1	17.3	28.2	25.3	26.8	24.3	22.5	23.4
		(13.0-23.0)	(13.9-20.9)	(14.4-20.6)	(24.9-31.7)	(21.9-29.0)	(24.3-29.4)	(21.5-27.4)	(19.9-25.3)	(21.4-25.6)
Pre-hypertension		36.8	35.7	36.3	36.4	34.5	35.5	36.6	34.9	35.7
		(32.0-41.8)	(31.2-40.6)	(32.5-40.2)	(32.7-40.3)	(31.0-38.1)	(32.9-38.2)	(33.6-39.6)	(32.1-37.8)	(33.6-38.0)
Hypertension	Stage 1	25.6	28.5	27.0	23.7	25.2	24.4	24.4	26.3	25.3
		(20.8-31.1)	(23.8-33.8)	(23.3-31.0)	(20.0-27.8)	(22.3-28.3)	(21.9-27.1)	(21.4-27.6)	(23.8-29.0)	(23.2-27.6)
	Stage 2	20.2	18.7	19.4	11.7	15.0	13.3	14.7	16.3	15.6
		(16.1-25.2)	(14.8-23.1)	(16.9-22.3)	(9.3-14.7)	(12.8-17.6)	(11.7-15.2)	(12.5-17.4)	(14.3-18.5)	(14.0-17.1)

*classification of hypertension (as recommended by JNC-7) is based on Systolic Blood Pressure (SBP) and Diastolic Blood Pressure (DBP) values: Normal (SBP<120; DBP<80) (mmHg), Pre-hypertension (SBP: 120-139; DBP: 80-89); Hypertension Stage 1 (SBP: 140-159; DBP: 90-99) (mmHg); Hypertension Stage 2 (SBP: ≥160; DBP: ≥100) (mmHg) among those measured

4.2.6 Biochemical measurements

Table 4.2.6.1a Fasting blood glucose levels (mg/dl) by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	100.4	102.9	101.6	92.4	96.5	94.4	95.1	98.5	96.7
	(97.5-103.4)	(99.2-106.6)	(98.7-104.5)	(90.8-94.0)	(94.8-98.1)	(93.0-95.9)	(93.6-96.6)	(96.9-100.1)	(95.3-98.1)
18 - 44 years	94.1	97.3	95.6	89.6	93.6	91.5	91.0	94.7	92.8
	(91.3-96.8)	(94.3-100.3)	(93.0-98.1)	(88.0-91.1)	(92.0-95.1)	(90.2-92.8)	(89.6-92.4)	(93.3-96.1)	(91.6-94.0)
45 - 69 years	114.4	113.8	114.1	99.3	103.2	101.2	104.4	106.8	105.6
	(109.4-119.4)	(107.2-120.4)	(109.7-118.5)	(96.2-102.3)	(100.3-106.2)	(98.8-103.6)	(101.6-107.3)	(103.9-109.7)	(103.4-107.8)

Table 4.2.6.2a Adults with raised fasting blood glucose (known and newly detected) by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Known	8.9	7.5	8.2	2.1	2.7	2.4	4.3	4.2	4.3
	(6.9-11.3)	(5.9-9.5)	(6.9-9.7)	(1.5-2.9)	(2.0-3.5)	(1.9-3.0)	(3.5-5.4)	(3.5-5.0)	(3.7-5.0)
Newly detected	5.2	7.2	6.1	3.6	5.4	4.5	4.2	6.0	5.0
	(3.8-7.0)	(5.6-9.3)	(4.9-7.7)	(2.8-4.8)	(4.0-7.4)	(3.5-5.7)	(3.4-5.1)	(4.8-7.4)	(4.2-6.0)

Table 4.2.6.2b Adults with raised fasting blood glucose (known and newly detected) by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Known	3.9	2.1	3.1	0.4	0.7	0.6	1.6	1.1	1.4
	(2.4-6.4)	(1.2-3.8)	(2.1-4.5)	(0.2-1.0)	(0.3-1.3)	(0.3-0.9)	(1.0-2.5)	(0.7-1.7)	(1.0-1.8)
Newly detected	3.6	5.8	4.6	2.5	3.6	3.0	2.8	4.3	3.5
	(2.3-5.4)	(3.9-8.3)	(3.4-6.1)	(1.6-3.8)	(2.6-5.1)	(2.3-4.0)	(2.1-3.8)	(3.3-5.5)	(2.9-4.3)
45 - 69 years	(95% CI)								
Known	19.7	17.8	18.8	6.0	7.3	6.6	10.7	10.8	10.8
	(15.7-24.5)	(13.7-22.9)	(16.0-21.9)	(4.3-8.3)	(5.4-9.6)	(5.2-8.4)	(8.7-13.1)	(8.9-13.1)	(9.3-12.4)
Newly detected	8.8	10.1	9.4	6.4	9.6	8.0	7.2	9.7	8.5
	(5.6-13.5)	(7.6-13.1)	(7.0-12.4)	(4.6-8.9)	(6.7-13.6)	(6.0-10.5)	(5.5-9.4)	(7.6-12.5)	(6.9-10.3)

Table 4.2.6.3a Adults with raised fasting blood glucose including those on medication by area of residence, gender and age categories (Percentage)

Raised fasting blood glucose* including those on medication	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	14.0	14.7	14.4	5.7	8.1	6.9	8.5	10.2	9.3
	(11.8-16.6)	(12.2-17.6)	(12.5-16.4)	(4.7-7.0)	(6.5-10.0)	(5.7-8.3)	(7.4-9.7)	(8.8-11.8)	(8.3-10.5)
18 - 44 years	7.5	7.9	7.7	2.9	4.3	3.6	4.4	5.4	4.9
	(5.5-10.1)	(5.8-10.6)	(6.1-9.6)	(2.0-4.3)	(3.2-5.9)	(2.8-4.6)	(3.4-5.6)	(4.3-6.7)	(4.1-5.8)
45 - 69 years	28.5	27.9	28.2	12.4	16.8	14.6	17.9	20.6	19.2
	(23.7-33.7)	(22.4-34.1)	(24.4-32.3)	(10.0-15.3)	(13.3-21.0)	(12.1-17.5)	(15.5-20.7)	(17.6-23.9)	(17.1-21.5)

* Raised fasting blood glucose - ≥ 126 mg/dl including those on medication for diabetes

Table 4.2.6.4a Fasting blood glucose categories among those measured by area of residence and gender (Percentage)

Fasting blood glucose	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
<100 mg/dl	62.6	54.2	58.7	74.7	67.3	71.1	70.7	63.2	67.1
	(57.5-67.4)	(47.5-60.8)	(53.5-63.6)	(71.7-77.6)	(63.7-70.7)	(68.0-74.0)	(68.0-73.3)	(59.9-66.4)	(64.4-69.7)
100-125 mg/dl	27.2	33.8	30.3	20.4	26.0	23.1	22.6	28.4	25.4
	(23.1-31.8)	(28.7-39.3)	(26.3-34.6)	(17.8-23.2)	(23.2-29.0)	(20.6-25.8)	(20.4-25.1)	(25.9-31.2)	(23.3-27.7)
≥ 126 mg/dl	10.2	12.0	11.0	4.9	6.7	5.8	6.7	8.4	7.5
	(8.2-12.6)	(9.6-14.8)	(9.2-13.1)	(3.9-6.2)	(5.2-8.7)	(4.7-7.1)	(5.7-7.8)	(7.0-9.9)	(6.5-8.6)

Table 4.2.6.4b Fasting blood glucose categories among those measured by area of residence, gender and age categories (Percentage)

Fasting blood glucose	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
<100 mg/dl	71.3	60.0	66.2	79.0	72.1	75.6	76.6	68.4	72.7
	(66.1-76.1)	(53.4-66.3)	(61.2-70.8)	(75.7-82.1)	(68.0-75.9)	(72.4-78.7)	(73.7-79.2)	(64.9-71.8)	(69.9-75.3)
100-125 mg/dl	23.4	33.2	27.9	18.3	24.0	21.1	19.9	26.8	23.2
	(18.9-28.5)	(27.6-39.3)	(23.8-32.4)	(15.4-21.5)	(20.6-27.8)	(18.3-24.1)	(17.4-22.7)	(23.8-30.0)	(20.9-25.7)
≥ 126 mg/dl	5.3	6.8	5.9	2.7	3.9	3.3	3.5	4.8	4.1
	(3.7-7.5)	(4.8-9.4)	(4.7-7.6)	(1.8-4.0)	(2.8-5.4)	(2.5-4.2)	(2.7-4.6)	(3.8-6.0)	(3.4-4.9)
45 - 69 years									
<100 mg/dl	43.2	42.9	43.1	64.4	56.2	60.4	57.2	51.7	54.5
	(36.7-50.0)	(34.5-51.7)	(36.5-49.9)	(59.4-69.2)	(51.3-60.9)	(56.1-64.5)	(53.1-61.2)	(47.4-56.0)	(50.9-58.0)

100-125 mg/dl	35.7	35.0	35.3	25.3	30.6	27.9	28.8	32.1	30.4
	(29.6-42.3)	(29.4-41.0)	(30.3-40.7)	(21.3-29.7)	(26.9-34.6)	(24.6-31.4)	(25.4-32.5)	(28.9-35.4)	(27.7-33.3)
≥126 mg/dl	21.1	22.1	21.6	10.3	13.2	11.7	14.0	16.2	15.1
	(16.4-26.7)	(17.1-28.1)	(17.8-26.0)	(8.0-13.1)	(9.9-17.4)	(9.4-14.5)	(11.6-16.7)	(13.4-19.6)	(13.0-17.4)

Table 4.2.6.5a Spot urinary Sodium, Potassium and Creatinine excretion levels by area of residence and gender (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 69 years	(95% CI)								
Sodium (mmol/L)	109.1	102.1	105.8	111.5	109.9	110.8	110.7	107.4	109.1
	(95.9-122.3)	(84.9-119.3)	(91.4-120.3)	(102.6-120.4)	(99.7-120.2)	(102.5-119.0)	(103.3-118.0)	(98.6-116.2)	(101.9-116.4)
Potassium (mmol/L)	26.4	24.9	25.7	26.1	27.3	26.7	26.2	26.5	26.4
	(23.5-29.4)	(21.0-28.9)	(22.7-28.8)	(22.8-29.4)	(24.9-29.7)	(24.3-29.0)	(23.8-28.6)	(24.4-28.6)	(24.5-28.2)
Creatinine (mmol/L)	90.6	59.1	76.0	86.0	64.4	75.7	87.6	62.7	75.8
	(79.4-101.9)	(52.0-66.2)	(66.8-85.1)	(78.6-93.4)	(58.7-70.1)	(70.5-80.9)	(81.5-93.7)	(58.1-67.3)	(71.2-80.4)

Table 4.2.6.5b Spot urinary Sodium, Potassium and Creatinine excretion levels by area of residence, gender and age categories (Mean)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Sodium (mmol/L)	108.6	108.0	108.3	108.9	112.9	110.8	108.8	111.3	110.0
	(90.3-127.0)	(91.6-124.4)	(91.5-125.2)	(98.9-118.8)	(100.3-125.5)	(101.4-120.1)	(99.8-117.8)	(101.4-121.3)	(101.6-118.3)
Potassium (mmol/L)	26.6	25.5	26.1	25.6	27.8	26.7	25.9	27.1	26.5
	(22.9-30.2)	(20.8-30.2)	(22.5-29.7)	(22.5-28.7)	(24.8-30.8)	(24.4-28.9)	(23.6-28.3)	(24.5-29.7)	(24.5-28.4)
Creatinine (mmol/L)	96.6	64.2	82.0	92.0	68.1	80.8	93.5	66.9	81.2
	(82.7-110.4)	(56.8-71.5)	(72.4-91.5)	(82.8-101.1)	(62.4-73.8)	(75.1-86.6)	(86.0-101.1)	(62.3-71.4)	(76.3-86.1)
45 - 69 years									
Sodium (mmol/L)	110.3	89.6	100.0	118.4	103.0	110.7	115.7	98.5	107.1
	(95.3-125.3)	(70.1-109.2)	(86.5-113.4)	(106.4-130.4)	(93.1-113.0)	(101.6-119.9)	(106.3-125.0)	(89.0-108.0)	(99.5-114.7)
Potassium (mmol/L)	26.1	23.7	24.9	27.3	26.1	26.7	26.9	25.3	26.1
	(22.1-30.2)	(19.5-27.9)	(21.8-28.1)	(21.6-32.9)	(22.5-29.7)	(22.9-30.4)	(22.9-30.9)	(22.5-28.1)	(23.4-28.8)
Creatinine (mmol/L)	75.1	48.3	61.7	70.1	55.7	62.9	71.8	53.2	62.5
	(62.6-87.7)	(39.0-57.5)	(50.9-72.4)	(63.5-76.8)	(48.1-63.3)	(56.8-69.1)	(65.7-78.0)	(47.0-59.3)	(57.0-68.0)

Composite risk assessment

Clustering of risk factors

Table 4.2.7.1a Clustering of at least ≥ 3 risk factors* among adults (18-69 years) by area of residence, gender and age categories (Percentage)

Clustering of risk factors	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	54.5	50.9	52.8	34.9	33.5	34.2	41.4	39.0	40.2
	(51.1-57.8)	(47.6-54.2)	(50.5-55.1)	(32.3-37.6)	(31.1-35.9)	(32.3-36.2)	(39.1-43.7)	(36.8-41.1)	(38.5-42.0)
18 - 44 years	50.3	40.0	45.6	29.1	24.1	26.7	36.0	29.0	32.7
	(46.2-54.5)	(36.2-43.9)	(42.9-48.4)	(26.0-32.5)	(21.4-27.0)	(24.6-29.0)	(33.2-38.9)	(26.6-31.5)	(30.7-34.7)
45 - 69 years	63.6	71.3	67.4	48.6	54.2	51.3	53.7	60.0	56.8
	(57.9-68.9)	(66.9-75.3)	(63.6-70.9)	(44.6-52.6)	(50.2-58.1)	(48.5-54.2)	(50.3-57.2)	(56.9-63.0)	(54.4-59.2)

*clustering of risk factors - Presence of ≥ 3 risk factors, include daily tobacco use, inadequate fruits and/or vegetable intake, insufficient physical activity, overweight (≥ 25.0 Kg/m²), raised blood pressure and raised fasting blood glucose including those on medication

Ten-year CVD risk

Table 4.2.7.2a Adults (40–69 years) with 10-year CVD risk (as per WHO guidelines) by area of residence and gender (Percentage)*

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
40-69 years	(95% CI)								
<10%	76.1	69.7	73.1	78.5	72.7	75.7	77.6	71.5	74.7
	(70.5-80.9)	(63.9-74.8)	(69.6-76.3)	(74.3-82.2)	(68.8-76.2)	(72.9-78.4)	(74.2-80.6)	(68.4-74.5)	(72.5-76.8)
10 - < 20%	8.6	12.2	10.3	11.0	13.8	12.3	10.1	13.2	11.5
	(6.3-11.7)	(9.7-15.3)	(8.5-12.4)	(8.6-14.1)	(11.3-16.7)	(10.5-14.4)	(8.3-12.3)	(11.3-15.3)	(10.2-13.0)
20%- <30%	7.7	9.9	8.7	5.2	8.2	6.6	6.2	8.9	7.4
	(5.5-10.7)	(7.2-13.5)	(7.1-10.7)	(3.6-7.5)	(6.2-10.8)	(5.3-8.2)	(4.8-7.9)	(7.2-10.9)	(6.4-8.7)
30 - <40%	3.3	1.2	2.3	2.5	2.1	2.3	2.8	1.8	2.3
	(1.9-5.9)	(0.5-2.8)	(1.4-3.8)	(1.5-4.1)	(1.1-4.1)	(1.6-3.4)	(1.9-4.1)	(1.0-3.1)	(1.7-3.1)
$\geq 40\%$	4.2	7.1	5.6	2.8	3.2	3.0	3.4	4.7	4.0
	(2.6-6.9)	(4.5-11.0)	(4.1-7.5)	(1.6-4.7)	(1.9-5.4)	(2.1-4.3)	(2.3-4.8)	(3.3-6.5)	(3.1-5.1)

*excluding those with existing CVD

Table 4.2.7.2b Adults (40-69 years) with 10-year CVD risk (as per WHO guidelines) by area of residence, gender and age categories (Percentage)*

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
40-49 years	(95% CI)								
<10%	97.8 (94.5-99.1)	95.2 (90.6-97.6)	96.6 (94.3-98.0)	98.0 (93.0-99.4)	98.0 (95.3-99.2)	98.0 (95.6-99.1)	97.9 (95.2-99.1)	96.9 (94.8-98.2)	97.5 (96.0-98.4)
10 - <20%	0.4 (0.1-1.8)	1.6 (0.4-6.6)	0.9 (0.3-2.9)	0.2 (0.1-0.9)	1.1 (0.3-4.2)	0.6 (0.2-1.8)	0.3 (0.1-0.8)	1.3 (0.5-3.4)	0.7 (0.3-1.6)
20% - <30%	1.0 (0.1-5.9)	2.5 (1.0-6.0)	1.6 (0.7-3.7)	1.4 (0.2-8.0)	0.8 (0.2-2.4)	1.1 (0.3-4.0)	1.2 (0.3-4.7)	1.4 (0.7-2.9)	1.3 (0.6-2.9)
30 - <40%	0.9 (0.3-2.6)	0.0 (0.0-0.0)	0.5 (0.2-1.5)	0.4 (0.1-1.8)	0.0 (0.0-0.0)	0.2 (0.1-1.0)	0.6 (0.3-1.5)	0.0 (0.0-0.0)	0.4 (0.1-0.8)
≥40%	0.0 (0.0-0.0)	0.7 (0.2-2.1)	0.3 (0.1-0.9)	0.0 (0.0-0.0)	0.1 (0.02-1.0)	0.1 (0.01-0.5)	0.0 (0.0-0.0)	0.4 (0.1-0.9)	0.2 (0.1-0.4)
50-59 years									
< 10%	87.4 (80.1-92.3)	81.0 (73.1-87.0)	84.5 (78.8-88.8)	93.0 (88.4-95.9)	76.6 (69.0-82.8)	85.1 (81.1-88.4)	90.9 (87.1-93.6)	78.2 (72.7-82.9)	84.9 (81.7-87.6)
10 - <20%	5.8 (2.5-13.0)	6.2 (3.1-11.9)	6.0 (3.4-10.3)	1.7 (0.5-6.0)	11.9 (7.6-18.1)	6.6 (4.3-9.9)	3.3 (1.6-6.5)	9.8 (6.7-14.1)	6.4 (4.6-8.8)
20% - <30%	2.8 (1.2-6.5)	6.9 (3.6-12.9)	4.7 (2.8-7.7)	0.7 (0.1-3.9)	4.6 (2.4-8.7)	2.6 (1.4-4.7)	1.5 (0.7-3.3)	5.5 (3.5-8.5)	3.4 (2.3-5.0)
30 - <40%	1.8 (0.3-8.8)	4.1 (1.8-9.2)	2.9 (1.3-6.1)	2.2 (0.9-5.0)	6.9 (3.4-13.4)	4.4 (2.6-7.4)	2.0 (0.9-4.4)	5.9 (3.3-10.1)	3.8 (2.5-5.9)
≥40%	2.1 (0.8-5.5)	1.8 (0.6-5.0)	2.0 (1.0-4.0)	2.4 (0.9-6.2)	0.0 (0.0-0.0)	1.2 (0.5-3.2)	2.3 (1.1-4.7)	0.7 (0.2-1.8)	1.5 (0.8-2.7)
60-69 years									
<10%	18.2 (11.7-27.2)	25.4 (17.7-35.1)	22.1 (16.5-28.9)	25.4 (18.7-33.5)	36.0 (29.2-43.4)	31.0 (26.0-36.4)	22.7 (17.8-28.6)	32.0 (26.6-37.8)	27.6 (23.7-31.9)
10 - <20%	28.7 (22.1-36.3)	31.8 (24.4-40.3)	30.4 (25.5-35.7)	42.0 (33.5-51.1)	32.0 (26.0-38.6)	36.8 (31.2-42.7)	37.1 (30.9-43.7)	31.9 (27.2-37.1)	34.3 (30.4-38.5)
20% - <30%	27.6 (20.6-35.8)	22.4 (15.8-30.7)	24.8 (20.1-30.2)	17.5 (12.6-23.8)	21.6 (16.1-28.4)	19.6 (15.9-24.0)	21.2 (17.0-26.2)	21.9 (17.5-27.0)	21.6 (18.6-24.9)
30 - <40%	10.2 (5.0-19.6)	0.0 (0.0-0.0)	4.7 (2.3-9.3)	6.7 (3.5-12.3)	0.0 (0.0-0.0)	3.2 (1.7-5.9)	8.0 (5.0-12.5)	0.0 (0.0-0.0)	3.8 (2.4-5.9)
≥40%	15.4 (9.7-23.4)	20.4 (13.0-30.5)	18.1 (13.1-24.4)	8.4 (4.5-15.2)	10.4 (6.2-17.0)	9.5 (6.4-13.8)	11.0 (7.4-16.0)	14.2 (10.1-19.7)	12.7 (9.8-16.2)

*excluding those with existing CVD

Table 4.2.7.3a Adults (40–69 years) with 10-year CVD risk of $\geq 30\%$ * or with existing CVD by area of residence, gender and age categories (Percentage)

$\geq 30\%$ CVD risk, or with existing CVD	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
40-49 years	6.9	2.2	4.9	6.4	8.5	7.4	6.6	6.2	6.4
	(3.8-12.2)	(1.0-4.8)	(2.9-8.0)	(3.9-10.4)	(4.5-15.6)	(4.9-10.9)	(4.5-9.6)	(3.5-10.7)	(4.6-8.8)
50-59 years	12.1	11.4	11.8	10.8	15.9	13.3	11.3	14.3	12.7
	(7.7-18.5)	(7.0-18.1)	(8.2-16.7)	(7.2-15.9)	(10.7-23.0)	(10.0-17.5)	(8.4-15.1)	(10.4-19.3)	(10.2-15.8)
60-69 years	34.0	23.6	28.5	23.7	15.4	19.4	27.6	18.5	22.8
	(26.2-42.7)	(16.0-33.3)	(23.0-34.7)	(17.0-32.0)	(10.4-22.1)	(15.1-24.4)	(22.3-33.5)	(14.1-24.0)	(19.4-26.7)
40-69 years	15.0	11.5	13.4	12.1	12.8	12.4	13.2	12.3	12.8
	(11.9-18.8)	(8.3-15.7)	(11.1-16.0)	(9.6-15.1)	(9.9-16.6)	(10.4-14.8)	(11.2-15.5)	(10.0-15.1)	(11.2-14.5)

*a 10-year Cardiovascular diseases (CVDs) risk of $\geq 30\%$ has been defined according to the age (40-69 years), gender, systolic blood pressure, current smoked tobacco use and diabetes (previously diagnosed/fasting plasma glucose concentration ≥ 126 mg/dl) as for South-East Asia Region

4.3 NCD RISK FACTORS – ADOLESCENTS (15–17 YEARS)

4.3.1 - Tobacco use

Table 4.3.1.1a Tobacco use of any form among adolescents by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Tobacco use	(95% CI)								
Never user	89.9	99.7	94.4	87.2	97.8	92.3	88.1	98.3	93.0
	(84.0-93.8)	(97.9-100.0)	(91.2-96.4)	(82.3-90.9)	(93.9-99.2)	(89.4-94.5)	(84.4-91.0)	(95.7-99.4)	(90.9-94.6)
Ever user/experimented	10.1	0.3	5.6	12.8	2.2	7.7	11.9	1.7	7.0
	(6.2-16.0)	(0.04-2.1)	(3.6-8.8)	(9.1-17.7)	(0.8-6.1)	(5.5-10.6)	(9.0-15.6)	(0.6-4.3)	(5.4-9.1)

Table 4.3.1.2a Smoked tobacco use among adolescents by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Smoked tobacco use	(95% CI)								
Never user	93.4	100.0	96.4	93.7	99.4	96.5	93.6	99.5	96.5
	(87.4-96.7)	(0.0-100.0)	(93.1-98.2)	(89.8-96.2)	(97.8-99.8)	(94.3-97.8)	(90.6-95.7)	(98.5-99.9)	(94.8-97.6)
Ever user/experimented	6.6	0.0	3.6	6.3	0.6	3.5	6.4	0.5	3.5
	(3.3-12.6)	(0.0-0.0)	(1.8-6.9)	(3.8-10.2)	(0.2-2.2)	(2.2-5.7)	(4.3-9.4)	(0.1-1.5)	(2.4-5.2)

Table 4.3.1.3a Smokeless tobacco use among adolescents by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Smokeless tobacco use	(95% CI)								
Never user	94.1	99.7	96.7	90.6	98.1	94.3	91.8	98.6	95.0
	(89.0-96.9)	(97.9-100.0)	(94.0-98.1)	(86.1-93.8)	(94.1-99.4)	(91.6-96.2)	(88.4-94.2)	(95.8-99.5)	(93.1-96.4)
Ever user/experimented	5.9	0.3	3.3	9.4	1.9	5.7	8.2	1.4	5.0
	(3.1-11.0)	(0.04-2.1)	(1.9-6.0)	(6.2-13.9)	(0.6-5.9)	(3.8-8.4)	(5.8-11.6)	(0.5-4.2)	(3.6-6.9)

Table 4.3.1.4a Current daily tobacco use among adolescents by area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Tobacco use	(95% CI)								
Current daily tobacco use (either)	3.5	0.0	1.9	6.5	0.6	3.6	5.5	0.4	3.1
	(1.4-8.3)	(0.0-0.0)	(0.8-4.5)	(3.9-10.7)	(0.2-1.8)	(2.3-5.8)	(3.5-8.6)	(0.1-1.3)	(2.0-4.7)
Only smoked tobacco	0.03	0.0	0.01	0.4	0.0	0.2	0.3	0.0	0.2
	(0.004-0.2)	(0.0-0.0)	(0.002-0.1)	(0.1-2.4)	(0.0-0.0)	(0.03-1.3)	(0.1-1.6)	(0.0-0.0)	(0.03-0.8)
Only smokeless tobacco	3.2	0.0	1.8	6.0	0.3	3.2	5.1	0.2	2.8
	(1.2-8.2)	(0.0-0.0)	(0.7-4.4)	(3.5-10.2)	(0.1-1.3)	(1.9-5.4)	(3.2-8.1)	(0.1-0.9)	(1.7-4.3)
Both smoked and smokeless tobacco	0.2	0.0	0.1	0.1	0.3	0.2	0.2	0.2	0.2
	(0.03-1.3)	(0.0-0.0)	(0.02-0.7)	(0.02-0.9)	(0.04-1.7)	(0.04-0.8)	(0.04-0.6)	(0.03-1.2)	(0.05-0.5)

Table 4.3.1.5a Tobacco products used in past 30 days among adolescents by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Smoked tobacco¹	(95% CI)								
Bidi	13.5 (2.6-47.7)	0.0 (0.0-0.0)	13.5 (2.6-47.7)	35.1 (13.7-64.8)	100.0 (100.0-100.0)	40.9 (17.3-69.5)	26.3 (10.4-52.3)	100.0 (100.0-100.0)	30.4 (12.2-57.8)
Manufactured cigarettes	94.5 (62.9-99.4)	0.0 (0.0-0.0)	94.5 (62.9-99.4)	84.6 (39.3-97.9)	100.0 (100.0-100.0)	86.0 (41.2-98.2)	88.6 (56.9-97.9)	100.0 (100.0-100.0)	89.2 (58.2-98.0)
Hand-rolled cigarettes	5.6 (0.6-37.3)	0.0 (0.0-0.0)	5.6 (0.6-37.3)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	2.3 (0.3-15.6)	0.0 (0.0-0.0)	2.1 (0.3-14.9)
Others*	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)
Smokeless tobacco²									
Chewing tobacco	18.8 (4.5-53.5)	0.0 (0.0-0.0)	18.8 (4.5-53.5)	47.7 (27.8-68.3)	0.0 (0.0-0.0)	44.6 (25.5-65.6)	41.9 (24.6-61.5)	0.0 (0.0-0.0)	39.7 (23.0-59.3)
Paan with zarda, betel with tobacco, quid	37.1 (7.9-80.4)	0.0 (0.0-0.0)	37.1 (7.9-80.4)	29.4 (14.5-50.5)	100.0 (100.0-100.0)	33.9 (17.5-55.5)	31.0 (16.3-50.9)	100.0 (100.0-100.0)	34.5 (18.9-54.4)
Ghutka	100.0 (0.0-100.0)	0.0 (0.0-0.0)	100.0 (0.0-100.0)	74.6 (56.3-87.0)	80.2 (26.6-97.8)	74.9 (57.4-86.9)	79.7 (64.4-89.4)	80.2 (26.6-97.8)	79.7 (65.0-89.2)
Khaini	1.1 (0.2-5.8)	0.0 (0.0-0.0)	1.1 (0.2-5.8)	20.9 (9.4-40.1)	0.0 (0.0-0.0)	19.5 (9.2-36.9)	16.9 (7.9-32.6)	0.0 (0.0-0.0)	16.0 (7.7-30.5)
Others**	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)

*others include pipes, hookah/shisha and ** others include tuibu, tobacco snuff by mouth, by nose

¹among those who used smoked tobacco in past 30 days

²among those who used smokeless tobacco in past 30 days

Table 4.3.1.6a Adolescents who thought that inhaling smoke from other people's tobacco smoking can cause harm by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Thought that inhaling smoke from other people's tobacco smoking can cause harm	87.8 (81.8-92.0)	85.8 (78.6-90.8)	86.9 (82.3-90.4)	86.1 (79.7-90.7)	82.7 (77.1-87.2)	84.4 (80.1-88.0)	86.6 (82.1-90.2)	83.6 (79.3-87.2)	85.2 (82.0-88.0)

Table 4.3.1.7a Age (in years) of initiation* of tobacco use among adolescents by area of residence and gender (Mean)

15 - 17 Years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Tobacco	15.0	17.0	15.1	13.9	14.1	13.9	14.2	14.4	14.2
	(14.3-15.8)	(17.0-17.0)	(14.3-15.9)	(13.0-14.8)	(12.9-15.2)	(13.1-14.7)	(13.5-14.9)	(13.2-15.5)	(13.5-14.9)
Smoked tobacco	15.1	0.0	15.1	14.7	14.7	14.7	14.8	14.7	14.8
	(14.0-16.2)	(0.0-0.0)	(14.0-16.2)	(14.2-15.1)	(14.0-15.5)	(14.3-15.1)	(14.3-15.3)	(14.0-15.5)	(14.3-15.3)
Smokeless tobacco	14.9	17.0	15.0	13.7	13.5	13.7	14.0	14.0	14.0
	(14.2-15.6)	(17.0-17.0)	(14.3-15.7)	(12.6-14.8)	(12.2-14.8)	(12.7-14.7)	(13.0-14.9)	(12.5-15.5)	(13.1-14.8)

*among ever tried/experimented tobacco users

Table 4.3.1.8a Adolescents who attempted* to quit tobacco use by area of residence and gender

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Tobacco	68.8	0.0	68.8	37.8	0.0	35.7	45.0	0.0	43.1
	(34.8-90.1)	(0.0-0.0)	(34.8-90.1)	(18.3-62.3)	(0.0-0.0)	(17.1-60.0)	(26.6-64.8)	(0.0-0.0)	(25.2-63.0)
Smoked tobacco	88.7	0.0	88.7	9.9	0.0	9.0	41.9	0.0	39.6
	(56.6-97.9)	(0.0-0.0)	(56.6-97.9)	(1.7-40.9)	(0.0-0.0)	(1.5-39.1)	(15.6-73.7)	(0.0-0.0)	(14.0-72.5)
Smokeless tobacco	59.8	0.0	59.8	41.9	0.0	39.2	45.5	0.0	43.1
	(23.4-87.9)	(0.0-0.0)	(23.4-87.9)	(20.3-67.1)	(0.0-0.0)	(18.7-64.4)	(25.8-66.7)	(0.0-0.0)	(24.2-64.3)

*among ever tried/experimented tobacco users

4.3.2 Alcohol use

Table 4.3.2.1a Alcohol use among adolescents by area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Ever consumed	4.2	2.1	3.2	5.9	1.1	3.6	5.4	1.4	3.5
	(2.0-8.6)	(0.7-5.9)	(1.5-6.6)	(3.3-10.6)	(0.4-3.5)	(2.1-6.1)	(3.3-8.6)	(0.6-3.1)	(2.2-5.4)
Consumed in last 12 months	1.4	0.6	1.1	2.0	0.7	1.4	1.8	0.7	1.3
	(0.4-4.6)	(0.2-1.8)	(0.4-2.6)	(1.0-4.1)	(0.2-3.0)	(0.7-2.8)	(1.0-3.4)	(0.2-2.0)	(0.7-2.3)
Consumed in last 30 days	1.4	0.3	0.9	0.5	0.3	0.4	0.8	0.3	0.5
	(0.4-4.6)	(0.1-1.3)	(0.3-2.5)	(0.1-2.1)	(0.04-1.7)	(0.1-1.2)	(0.3-2.0)	(0.1-1.0)	(0.2-1.2)

Table 4.3.2.2a Alcohol use among adolescents* by type, area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Beer, lager or stout	44.0	31.0	40.5	42.5	0.0	31.7	42.9	8.3	34.0
	(6.9-89.3)	(3.8-83.5)	(9.1-82.3)	(13.2-78.2)	(0.0-0.0)	(9.4-67.5)	(16.5-74.1)	(0.8-51.5)	(13.4-63.1)
Wine/champagne	0.0	15.6	4.1	0.0	0.0	0.0	0.0	4.2	1.1
	(0.0-0.0)	(1.4-70.4)	(0.4-33.4)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.4-33.4)	(0.1-8.8)
Spirits, such as brandy/whisky/rum	2.1	0.0	1.5	8.2	0.0	6.1	6.6	0.0	4.9
	(0.2-22.1)	(0.0-0.0)	(0.1-15.1)	(1.0-43.3)	(0.0-0.0)	(0.7-36.9)	(1.0-34.2)	(0.0-0.0)	(0.7-27.9)
Desi/some other type	53.9	21.7	45.3	49.3	100.0	62.2	50.5	78.9	57.8
	(8.3-93.8)	(2.1-78.4)	(8.7-87.8)	(18.6-80.6)	(100.0-100.0)	(28.8-87.0)	(22.3-78.4)	(38.1-95.8)	(30.2-81.3)
Ready to drink mixers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)
Others	0.0	31.7	8.6	0.0	0.0	0.0	0.0	8.6	2.2
	(0.0-0.0)	(3.4-85.9)	(0.8-52.1)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.8-52.1)	(0.3-16.7)

*among those who consumed alcohol in past 12 months

Table 4.3.2.3a Maximum number of standard drinks* consumed in one drinking occasion** by area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Standard drinks in one drinking occasion	(95% CI)								
<5 standard drinks	1.3	0.3	0.8	0.3	0.3	0.3	0.6	0.3	0.4
	(0.3-4.7)	(0.1-1.3)	(0.3-2.5)	(0.1-1.2)	(0.03-1.7)	(0.1-0.9)	(0.2-1.7)	(0.1-1.0)	(0.2-1.0)
≥5 standard drinks	0.2	0.0	0.1	0.2	0.0	0.1	0.2	0.0	0.1
	(0.03-1.0)	(0.0-0.0)	(0.02-0.6)	(0.02-1.2)	(0.0-0.0)	(0.01-0.6)	(0.04-0.7)	(0.0-0.0)	(0.02-0.4)

*one standard drink equivalents to 10 grams of alcohol; **among alcohol consumers in past 30 days

Table 4.3.2.4a Adolescents engaged in binge drinking* in past 30 days by area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Binge drinking*	0.3	0.0	0.2	0.2	0.0	0.1	0.2	0.0	0.1
	(0.1-1.1)	(0.0-0.0)	(0.04-0.6)	(0.02-1.2)	(0.0-0.0)	(0.01-0.6)	(0.1-0.7)	(0.0-0.0)	(0.03-0.4)

*binge drinking is ≥ 5 standard drinks – boys and ≥ 4 standard drinks - girls in one drinking occasion

Table 4.3.2.5a Age (in years) of initiation of alcohol use among adolescents by area of residence and gender (Mean)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Age of initiation	14.0	14.5	14.1	13.4	11.4	13.1	13.5	12.8	13.4
	(12.1-15.8)	(13.1-16.0)	(12.8-15.4)	(12.3-14.5)	(7.3-15.5)	(12.0-14.2)	(12.6-14.5)	(10.2-15.4)	(12.5-14.3)

Table 4.3.2.6a Source from where alcohol was consumed in past 30 days by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Store/shop/street vendor	25.0	0.0	21.3	63.6	0.0	41.8	40.2	0.0	30.7
	(3.1-77.5)	(0.0-0.0)	(2.9-70.8)	(34.7-85.2)	(0.0-0.0)	(14.2-75.7)	(13.9-73.6)	(0.0-0.0)	(10.9-61.6)
Friends	8.0	0.0	6.9	36.4	0.0	23.9	19.2	0.0	14.6
	(0.8-47.8)	(0.0-0.0)	(0.8-41.3)	(14.8-65.3)	(0.0-0.0)	(5.5-62.8)	(4.9-52.3)	(0.0-0.0)	(3.6-44.0)
Family	64.9	100.0	70.0	0.0	100.0	34.3	39.4	100.0	53.7
	(17.5-94.1)	(100.0-100.0)	(25.3-94.2)	(0.0-0.0)	(100.0-100.0)	(4.1-86.4)	(8.1-82.7)	(100.0-100.0)	(19.5-84.8)
Gave money to someone else to buy	2.1	0.0	1.8	0.0	0.0	0.0	1.2	0.0	1.0
	(0.2-17.7)	(0.0-0.0)	(0.2-14.5)	(0.0-0.0)	(0.0-0.0)	(0.0-0.0)	(0.1-10.2)	(0.0-0.0)	(0.1-7.5)

*none reported stealing/getting it without permission or some other way

4.3.3 Diet

Table 4.3.3.1a Adolescents who skipped breakfast in the past 30 days by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Never skipped breakfast	56.3	45.2	51.3	53.1	50.7	51.9	54.2	49.1	51.7
	(47.5-64.8)	(37.3-53.5)	(44.9-57.7)	(46.5-59.6)	(44.2-57.1)	(47.1-56.7)	(48.8-59.4)	(43.9-54.2)	(47.8-55.6)
Skipped breakfast on any one day	43.7	54.8	48.7	46.9	49.3	48.1	45.8	50.9	48.3
	(35.2-52.5)	(46.5-62.7)	(42.3-55.1)	(40.4-53.5)	(42.9-55.8)	(43.3-52.9)	(40.6-51.2)	(45.8-56.1)	(44.4-52.2)
Number of days breakfast was skipped									
1 – 5 days	23.9	26.4	25.0	26.2	26.7	26.5	25.5	26.6	26.0
	(17.9-31.2)	(20.5-33.2)	(20.5-30.2)	(20.0-33.6)	(21.1-33.1)	(22.0-31.4)	(20.7-30.9)	(22.2-31.4)	(22.6-29.7)
6 – 10 days	10.0	10.4	10.2	8.0	7.9	7.9	8.7	8.6	8.7
	(6.1-15.9)	(6.4-16.5)	(6.9-14.8)	(5.1-12.4)	(5.3-11.6)	(5.8-10.7)	(6.2-12.0)	(6.3-11.7)	(6.8-11.0)
11 – 15 days	2.9	4.5	3.6	3.2	4.5	3.8	3.1	4.5	3.8
	(1.3-6.5)	(2.5-8.2)	(2.1-6.1)	(1.8-5.8)	(2.4-8.3)	(2.5-5.8)	(1.9-5.0)	(2.8-7.2)	(2.7-5.3)
>15 days	6.9	13.4	9.8	9.4	10.3	9.8	8.6	11.2	9.8
	(3.0-15.1)	(8.8-19.8)	(6.0-15.8)	(5.8-15.1)	(7.0-14.9)	(7.0-13.7)	(5.6-12.9)	(8.4-14.8)	(7.4-12.9)
All 30 days	4.4	4.9	4.6	3.5	3.8	3.7	3.8	4.1	4.0
	(1.2-14.5)	(2.3-9.9)	(1.8-11.4)	(1.7-7.2)	(2.1-6.8)	(2.2-6.0)	(1.9-7.3)	(2.6-6.5)	(2.5-6.3)

Table 4.3.3.2a Number of days breakfast was skipped in past 30 days by area of residence and gender (Mean)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Skipped breakfast in past 30 days	(95% CI)								
Mean number of days breakfast was skipped	8.6	10.4	9.5	9.6	9.8	9.7	9.3	10.0	9.6
	(5.4-11.7)	(8.3-12.5)	(7.2-11.8)	(7.4-11.8)	(8.0-11.5)	(8.1-11.2)	(7.5-11.0)	(8.6-11.3)	(8.3-10.9)

Table 4.3.3.3a Frequency of consumption of food items by area of residence and gender (Percentage)

Consumption of food items	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Achar/ pappad	(95% CI)								
At least once in a week*	44.4 (36.4-52.6)	57.5 (50.0-64.7)	50.3 (44.0-56.7)	36.1 (30.2-42.4)	41.3 (35.3-47.5)	38.6 (34.0-43.3)	38.8 (34.0-43.8)	46.1 (41.2-51.2)	42.3 (38.5-46.2)
At least once a month**	41.8 (34.0-50.1)	32.1 (26.1-38.8)	37.4 (31.7-43.4)	41.5 (34.6-48.7)	36.4 (30.4-42.8)	39.0 (33.9-44.3)	41.6 (36.3-47.1)	35.1 (30.5-40.0)	38.5 (34.5-42.6)
Others***	13.8 (9.0-20.8)	10.4 (6.0-17.5)	12.3 (8.6-17.3)	22.4 (17.5-28.3)	22.3 (16.8-29.1)	22.4 (18.6-26.8)	19.6 (15.8-24.2)	18.8 (14.5-24.0)	19.2 (16.2-22.6)
Fried items like: Chole bature/ pakora/ samosa/ kachori/bhajji/bonda/ vada/pazhampori									
At least once in a week*	59.3 (50.2-67.8)	45.3 (36.5-54.5)	52.9 (46.1-59.6)	53.3 (46.7-59.8)	41.6 (35.6-47.9)	47.6 (42.6-52.6)	55.3 (49.9-60.5)	42.7 (37.7-47.9)	49.3 (45.2-53.3)
At least once a month**	35.5 (27.2-44.9)	40.7 (32.7-49.3)	37.9 (31.5-44.7)	35.5 (29.4-42.0)	44.1 (38.5-49.9)	39.7 (35.3-44.3)	35.5 (30.5-40.8)	43.1 (38.4-47.9)	39.1 (35.5-42.9)
Others***	5.2 (2.8-9.3)	14.0 (7.6-28.0)	9.2 (5.8-16.1)	11.2 (7.4-17.7)	14.3 (9.8-23.8)	12.7 (9.4-18.4)	9.2 (6.5-13.8)	14.2 (10.2-21.2)	11.6 (8.9-15.8)
Chips/namkeen									
At least once in a week*	55.6 (46.0-64.7)	61.5 (53.7-68.9)	58.3 (52.4-63.9)	47.2 (40.0-54.5)	51.3 (45.2-57.3)	49.2 (44.1-54.3)	49.9 (44.1-55.7)	54.4 (49.5-59.1)	52.1 (48.1-56.0)
At least once a month**	28.7 (21.6-36.9)	27.0 (21.5-33.3)	27.9 (23.1-33.3)	32.4 (27.2-38.2)	31.2 (25.9-37.1)	31.8 (27.6-36.4)	31.2 (26.9-35.9)	29.9 (25.8-34.4)	30.6 (27.3-34.1)
Others***	15.7 (10.8-22.4)	11.5 (6.5-19.5)	13.8 (10.2-18.4)	20.4 (15.6-27.0)	17.5 (13.2-22.7)	19.0 (15.5-23.4)	18.9 (15.2-23.8)	15.7 (12.2-19.9)	17.3 (14.7-20.7)
Pizza/burger									
At least once in a week*	12.5 (7.3-20.7)	7.2 (3.3-15.1)	10.1 (6.0-16.5)	4.7 (2.9-7.5)	4.8 (2.6-8.5)	4.7 (3.3-6.8)	7.3 (5.0-10.4)	5.5 (3.4-8.7)	6.4 (4.7-8.8)
At least once a month**	27.3 (20.3-35.7)	21.7 (15.7-29.1)	24.7 (19.8-30.5)	17.3 (12.9-22.7)	7.8 (5.2-11.5)	12.7 (9.8-16.3)	20.6 (16.7-25.1)	12.0 (9.2-15.5)	16.5 (13.8-19.5)
Others***	60.2 (50.9-69.0)	71.1 (59.7-82.5)	65.2 (57.0-73.4)	78.0 (70.9-85.6)	87.4 (79.1-96.7)	82.6 (76.8-88.8)	72.1 (66.4-78.4)	82.5 (75.4-90.2)	77.1 (72.2-82.4)
Instant noodles									
At least once in a week*	27.8 (21.0-35.9)	36.6 (26.5-48.1)	31.8 (24.9-39.7)	10.4 (7.1-14.9)	15.9 (11.5-21.6)	13.1 (10.1-16.7)	16.1 (12.6-20.3)	22.1 (17.4-27.7)	19.0 (15.7-22.7)
At least once a month**	38.7 (31.1-46.9)	23.9 (18.1-30.7)	31.9 (26.8-37.5)	30.2 (24.1-37.1)	28.4 (22.8-34.8)	29.3 (24.7-34.4)	33.0 (28.0-38.3)	27.1 (22.7-32.0)	30.1 (26.6-34.0)
Others ***	33.5 (26.7-41.0)	39.5 (29.9-50.2)	36.3 (29.9-43.2)	59.4 (50.7-70.3)	55.7 (46.5-66.7)	57.6 (50.9-65.2)	50.9 (44.2-59.3)	50.8 (43.5-59.6)	50.9 (45.6-56.9)
Cake/pastry/patties									
At least once in a week*	24.8 (15.7-37.1)	14.9 (8.9-23.9)	20.3 (14.3-28.1)	12.8 (8.9-17.9)	5.7 (3.4-9.6)	9.3 (6.6-13.1)	16.7 (12.5-22.1)	8.5 (5.8-12.3)	12.8 (9.9-16.4)
At least once a month**	46.9 (37.5-56.4)	47.4 (39.9-55.1)	47.1 (40.4-53.9)	35.8 (29.8-42.2)	33.6 (27.3-40.4)	34.7 (30.2-39.4)	39.4 (34.3-44.8)	37.7 (32.7-43.0)	38.6 (34.9-42.5)

Others ***	28.3 (20.5-37.6)	37.7 (29.3-46.9)	32.6 (26.9-38.8)	51.4 (44.4-58.5)	60.7 (53.8-67.2)	56.0 (50.6-61.2)	43.9 (38.1-49.8)	53.8 (48.1-59.3)	48.6 (44.2-53.0)
Cold drinks/other aerated drinks									
At least once in a week *	29.0 (22.7-36.2)	16.2 (9.9-25.6)	23.2 (18.3-28.9)	22.3 (17.2-28.4)	9.3 (6.3-13.5)	15.9 (12.6-19.9)	24.5 (20.4-29.1)	11.4 (8.3-15.4)	18.2 (15.4-21.5)
At least once a month**	51.2 (43.5-58.9)	43.9 (35.9-52.4)	47.9 (41.9-53.9)	49.6 (43.3-56.0)	40.5 (34.2-47.1)	45.2 (40.1-50.4)	50.2 (45.2-55.1)	41.5 (36.5-46.8)	46.0 (42.1-50.1)
Others ***	19.8 (14.1-27.1)	39.9 (30.5-50.0)	28.9 (23.0-35.7)	28.1 (22.4-35.4)	50.2 (41.5-61.8)	38.9 (32.9-46.5)	25.3 (21.0-30.8)	47.1 (40.1-56.2)	35.8 (31.1-41.5)
Fresh fruits/fruit juices									
At least once in a week*	54.3 (46.2-62.1)	42.6 (34.3-51.4)	49.0 (42.4-55.5)	28.9 (22.0-36.9)	25.0 (19.6-31.4)	27.0 (22.3-32.3)	37.2 (31.8-43.0)	30.3 (25.6-35.5)	33.9 (30.0-38.1)
At least once a month**	28.1 (21.2-36.3)	29.7 (22.5-38.1)	28.9 (23.2-35.2)	39.6 (33.0-46.7)	33.3 (27.7-39.4)	36.5 (32.0-41.4)	35.9 (30.8-41.3)	32.2 (27.7-37.1)	34.1 (30.5-37.9)
Others***	17.6 (13.1-23.3)	27.7 (20.4-36.2)	22.1 (17.9-27.1)	31.5 (25.0-39.5)	41.7 (35.2-49.7)	36.5 (31.5-42.2)	26.9 (22.3-32.6)	37.5 (32.2-43.8)	32.0 (28.2-36.3)
High energy/high protein drinks or drinks rich in caffeine									
At least once in a week*	10.4 (6.3-16.6)	13.1 (7.1-22.7)	11.6 (7.4-17.7)	4.8 (1.7-12.6)	3.6 (1.6-7.8)	4.2 (2.1-8.2)	6.6 (3.8-11.3)	6.4 (3.9-10.4)	6.5 (4.4-9.6)
At least once a month**	17.3 (10.7-26.8)	11.7 (6.7-19.6)	14.7 (9.2-22.9)	9.8 (6.6-14.2)	6.1 (3.9-9.4)	8.0 (5.9-10.8)	12.2 (9.0-16.4)	7.8 (5.4-11.0)	10.1 (7.7-13.2)
Others ***	72.3 (61.9-82.0)	75.2 (64.0-87.1)	73.7 (64.6-82.3)	85.4 (78.3-92.2)	90.3 (81.5-100.0)	87.8 (81.8-94.2)	81.2 (75.3-86.7)	85.8 (78.5-93.9)	83.4 (78.2-88.8)
Ice cream/milk shakes									
At least once in a week*	26.7 (20.6-33.8)	34.7 (26.1-44.4)	30.3 (24.7-36.6)	17.6 (12.6-24.2)	15.5 (11.5-20.5)	16.6 (13.0-20.9)	20.6 (16.5-25.5)	21.2 (17.1-26.1)	20.9 (17.7-24.6)
At least once a month**	46.6 (39.0-54.5)	38.8 (31.5-46.7)	43.1 (37.4-48.9)	49.7 (42.6-56.9)	46.2 (39.8-52.7)	48.0 (42.6-53.4)	48.7 (43.3-54.2)	44.0 (38.9-49.2)	46.5 (42.3-50.6)
Others***	26.7 (19.8-34.8)	26.5 (18.9-35.8)	26.6 (21.2-32.9)	32.7 (26.5-39.4)	38.3 (32.2-44.8)	35.4 (30.6-40.6)	30.7 (25.9-35.9)	34.8 (29.8-40.1)	32.6 (28.8-36.7)
Chocolates/toffees									
At least once in a week*	60.0 (52.6-67.1)	68.5 (61.0-75.1)	63.9 (58.8-68.7)	45.4 (38.8-52.2)	56.3 (50.3-62.0)	50.7 (46.2-55.2)	50.2 (45.1-55.4)	59.9 (55.2-64.6)	54.9 (51.3-58.4)
At least once a month**	24.0 (18.4-30.6)	18.0 (13.5-23.6)	21.2 (17.0-26.2)	31.9 (25.7-38.8)	24.9 (19.8-30.8)	28.5 (24.0-33.3)	29.3 (24.7-34.4)	22.8 (18.9-27.2)	26.2 (22.8-29.8)
Others ***	16.0 (11.0-22.6)	13.5 (8.6-20.7)	14.9 (11.3-19.2)	22.7 (17.4-29.1)	18.8 (14.5-24.1)	20.8 (17.4-24.8)	20.5 (16.5-25.2)	17.3 (13.7-21.4)	18.9 (16.3-22.0)
Salad/fruit/fruit chaat									
At least once in a week*	35.9 (29.8-42.6)	38.5 (31.5-46.1)	37.1 (32.1-42.4)	23.8 (17.8-31.1)	23.3 (18.5-28.8)	23.6 (19.3-28.5)	27.8 (23.2-32.9)	27.9 (23.8-32.4)	27.8 (24.5-31.5)
At least once a month**	33.6 (26.8-41.2)	20.8 (14.8-28.3)	27.8 (22.3-33.9)	35.2 (28.7-42.3)	27.4 (21.7-34.0)	31.4 (26.7-36.6)	34.7 (29.7-40.0)	25.4 (20.9-30.5)	30.3 (26.5-34.3)
Others ***	30.5 (23.0-39.1)	40.7 (32.6-49.3)	35.1 (28.7-42.2)	41.0 (34.6-47.7)	49.3 (42.8-55.8)	45.0 (40.4-49.8)	37.5 (32.6-42.8)	46.7 (41.5-52.0)	41.9 (38.2-45.8)

Canned fruit juice									
At least once in a week*	9.9	14.4	11.9	7.0	5.0	6.0	7.9	7.8	7.9
	(5.8-16.4)	(7.9-24.8)	(8.0-17.4)	(4.1-11.5)	(3.1-8.0)	(4.0-8.9)	(5.5-11.4)	(5.2-11.6)	(5.9-10.4)
At least once a month**	26.0	19.2	22.9	21.1	17.4	19.3	22.7	17.9	20.4
	(18.7-34.9)	(13.2-27.1)	(17.0-30.1)	(16.4-26.8)	(12.6-23.4)	(15.5-23.8)	(18.6-27.5)	(14.0-22.6)	(17.1-24.2)
Others ***	64.1	66.4	65.2	71.9	77.6	74.7	69.4	74.3	71.7
	(54.8-72.5)	(54.5-76.5)	(57.2-72.3)	(64.9-78.0)	(71.5-82.8)	(69.5-79.3)	(63.8-74.4)	(68.7-79.2)	(67.4-75.7)
Sweets									
At least once in a week *	39.0	32.3	36.0	33.6	27.0	30.4	35.4	28.6	32.1
	(28.9-50.1)	(25.0-40.6)	(29.2-43.4)	(27.3-40.5)	(21.2-33.7)	(25.6-35.6)	(29.9-41.2)	(23.9-33.9)	(28.2-36.4)
At least once a month**	48.4	50.1	49.2	56.7	53.5	55.1	54.0	52.5	53.3
	(37.9-59.0)	(40.2-60.0)	(40.5-57.9)	(49.9-63.3)	(47.1-59.7)	(50.0-60.2)	(48.2-59.6)	(47.1-57.8)	(48.7-57.7)
Others ***	12.6	17.6	14.8	9.7	19.5	14.5	10.6	18.9	14.6
	(7.4-20.7)	(11.5-25.8)	(10.3-20.9)	(6.7-13.9)	(15.2-24.8)	(11.6-18.0)	(7.8-14.3)	(15.3-23.3)	(12.1-17.6)
French fries									
At least once in a week*	13.0	8.8	11.0	3.2	3.8	3.5	6.4	5.3	5.9
	(7.8-20.8)	(4.4-16.7)	(6.8-17.4)	(1.6-6.4)	(2.0-6.8)	(2.2-5.4)	(4.1-9.8)	(3.3-8.3)	(4.1-8.3)
At least once a month**	17.0	17.5	17.3	9.4	4.5	7.0	11.9	8.4	10.2
	(12.1-23.5)	(11.2-26.3)	(12.6-23.2)	(6.0-14.5)	(2.3-8.5)	(4.8-10.1)	(8.9-15.8)	(5.7-12.2)	(8.0-13.1)
Others ***	70.0	73.7	71.7	87.4	91.7	89.5	81.7	86.3	83.9
	(62.2-76.8)	(61.2-83.3)	(63.3-78.8)	(81.8-91.4)	(87.4-94.7)	(86.0-92.2)	(76.9-85.6)	(81.2-90.2)	(80.1-87.1)

* includes daily, ** includes less than once a month, ***others include never/don't know/no response

4.3.4 Physical activity

Table 4.3.4.1a Physical activity levels among adolescents by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Insufficient physical activity	35.8	40.6	38.0	14.5	24.4	19.3	21.5	29.3	25.2
	(27.6-44.9)	(32.2-49.6)	(31.9-44.4)	(10.7-19.2)	(19.8-29.8)	(16.2-22.9)	(17.3-26.3)	(25.1-33.9)	(22.2-28.5)
Sufficient physical activity	64.2	59.4	62.0	85.5	75.6	80.7	78.5	70.7	74.8
	(55.1-72.4)	(50.4-67.8)	(55.6-68.1)	(80.8-89.3)	(70.2-80.2)	(77.1-83.8)	(73.7-82.7)	(66.1-74.9)	(71.5-77.8)

Table 4.3.4.2a Time (minutes) spent in physical activity per day at school by area of residence and gender (Mean)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95%CI)								
Mean minutes	21.5	13.9	18.0	19.4	11.0	15.3	20.1	11.8	16.1
	(17.0-26.0)	(10.1-17.7)	(14.7-21.4)	(15.5-23.2)	(8.3-13.6)	(12.8-17.7)	(17.1-23.0)	(9.7-14.0)	(14.1-18.1)

Table 4.3.4.3a Time (minutes) spent in physical activity per day by area of residence and gender (Mean)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Vigorous activity	15.8	5.5	11.1	39.7	26.1	33.1	31.9	19.9	26.2
	(9.2-22.3)	(0.8-10.3)	(6.8-15.4)	(30.3-49.2)	(18.8-33.4)	(26.6-39.6)	(24.8-38.9)	(14.4-25.4)	(21.3-31.0)
Moderate activity	53.3	66.5	59.3	74.9	99.9	87.1	67.8	89.9	78.3
	(43.2-63.4)	(55.9-77.1)	(51.3-67.4)	(67.2-82.6)	(89.1-110.7)	(80.3-93.9)	(61.4-74.1)	(81.4-98.3)	(72.8-83.8)
Leisure time activity	20.3	7.1	14.3	15.6	5.3	10.6	17.2	5.9	11.8
	(12.7-27.8)	(3.3-10.9)	(9.4-19.2)	(13.2-18.0)	(3.0-7.6)	(8.8-12.3)	(14.2-20.1)	(3.9-7.8)	(9.8-13.7)
Total minutes (mean) spent in physical activity	69.1	72.1	70.4	114.6	126.0	120.2	99.7	109.8	104.5
	(55.7-82.4)	(59.0-85.1)	(60.2-80.7)	(101.5-127.8)	(111.3-140.7)	(109.7-130.6)	(89.1-110.2)	(98.3-121.3)	(96.1-112.9)

Table 4.3.4.4a Time (minutes) spent being sedentary* in a day by area of residence and gender (Mean)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Mean minutes being Sedentary in a day	335.1	392.8	361.4	329.1	333.4	331.2	331.1	351.2	340.7
	(281.3-389.0)	(333.4-452.2)	(314.9-407.9)	(288.2-370.0)	(295.0-371.7)	(297.2-365.2)	(298.5-363.7)	(318.8-383.7)	(313.2-368.2)

*sitting, reclining and watching television, working on a computer, playing games in mobile/tablet, talking with friends, or doing other sitting activities like knitting, embroidery etc., including time spent sitting in school/college and excluding time spent sleeping

4.3.5 Adolescents - Physical measurements

Table 4.3.5.1a Measurements of height, weight and BMI by area of residence and gender (Mean)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Height (cm)	164.4	153.0	159.2	162.1	152.1	157.2	162.9	152.4	157.9
	(163.1-165.8)	(152.0-154.0)	(158.0-160.4)	(160.9-163.4)	(151.3-152.9)	(156.2-158.2)	(162.0-163.8)	(151.7-153.0)	(157.1-158.6)
Weight (Kg)	52.2	46.2	49.5	47.4	43.6	45.5	49.0	44.4	46.8
	(50.3-54.1)	(44.7-47.7)	(48.2-50.7)	(46.4-48.4)	(42.7-44.5)	(44.8-46.3)	(48.0-49.9)	(43.6-45.2)	(46.1-47.5)
BMI* (Kg/m ²)	19.3	19.7	19.5	18.0	18.8	18.4	18.5	19.1	18.8
	(18.7-19.9)	(19.1-20.3)	(19.0-19.9)	(17.7-18.4)	(18.5-19.2)	(18.2-18.7)	(18.1-18.8)	(18.8-19.4)	(18.5-19.0)

*BMI (Body Mass Index) = Weight (Kg)/Height (m²)

Table 4.3.5.2a Adolescents categorized as overweight (including obesity) and obese by area of residence and gender (Percentage)

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
Overweight (including obesity)*	12.0	11.9	11.9	3.5	3.6	3.6	6.4	6.1	6.2
	(8.0-17.6)	(7.7-17.9)	(9.0-15.7)	(2.0-6.2)	(2.0-6.3)	(2.4-5.3)	(4.5-8.9)	(4.3-8.7)	(4.9-7.9)
Obesity**	5.0	1.7	3.5	1.4	0.4	0.9	2.6	0.8	1.8
	(2.4-10.5)	(0.6-5.2)	(1.9-6.5)	(0.5-3.8)	(0.1-3.0)	(0.4-2.3)	(1.4-4.7)	(0.3-2.3)	(1.0-2.9)

*overweight: >+1SD (equivalent to BMI 25.0 Kg/m²); obesity: >+2SD (equivalent to BMI 30.0 Kg/m²) Source: https://www.who.int/growthref/who2007_bmi_for_age/en/

4.3.6 School/College information

Table 4.3.6.1a Reported presence of school/college canteen by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
School/college canteen related information	(95% CI)								
Presence of canteen	36.8	31.8	34.7	18.1	25.5	21.4	24.7	27.7	26.0
	(28.2-46.3)	(23.0-42.2)	(27.8-42.2)	(12.4-25.6)	(18.4-34.3)	(16.4-27.4)	(19.7-30.5)	(22.0-34.3)	(21.9-30.6)

Table 4.3.6.2a Reported availability of food items in school/college canteen by area of residence and gender (Percentage)

15 – 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Food items	(95% CI)								
Chips/Namkeen	74.3	78.9	76.1	61.0	84.0	73.2	68.0	82.0	74.5
	(60.0-84.7)	(65.1-88.3)	(65.0-84.5)	(41.9-77.2)	(69.6-92.4)	(59.9-83.3)	(56.1-77.9)	(72.3-88.8)	(66.0-81.5)
Samosa/Kachori	68.0	66.1	67.3	36.7	67.5	52.9	53.2	67.0	59.6
	(52.8-80.2)	(50.7-78.8)	(55.6-77.1)	(22.3-53.8)	(50.0-81.2)	(39.9-65.6)	(41.6-64.5)	(55.0-77.1)	(50.5-68.1)
Instant noodles	32.9	21.4	28.3	12.7	44.1	29.3	23.4	35.1	28.9
	(20.7-48.0)	(8.6-44.0)	(17.5-42.4)	(6.0-25.0)	(29.2-60.2)	(20.5-40.0)	(15.8-33.1)	(24.5-47.5)	(21.6-37.3)
Fruit/Fruit chaat/Salad	10.6	28.4	17.6	9.5	17.5	13.7	10.0	21.8	15.5
	(4.5-22.9)	(12.3-52.9)	(7.9-34.7)	(4.1-20.3)	(9.2-30.8)	(8.2-22.0)	(5.5-17.6)	(12.7-34.9)	(9.6-24.2)
Aerated drinks	44.7	28.5	38.3	40.4	47.0	43.9	42.7	39.7	41.3
	(31.4-58.9)	(18.1-41.9)	(27.9-49.9)	(26.7-55.8)	(30.1-64.7)	(32.5-56.0)	(32.9-53.1)	(27.8-52.9)	(33.2-49.8)
Bakery items (cakes/pastries/patties)	52.8	52.7	52.8	43.1	38.6	40.7	48.2	44.2	46.3
	(37.9-67.3)	(35.6-69.2)	(40.1-65.2)	(26.9-60.9)	(24.5-54.8)	(28.7-54.0)	(36.9-59.7)	(32.5-56.6)	(37.3-55.6)
High fat, salt and sugar (HFSS) foods	95.4	91.9	94.0	75.6	89.7	83.0	86.1	90.6	88.2
	(85.7-98.6)	(83.2-96.3)	(88.3-97.0)	(54.2-89.0)	(77.9-95.6)	(69.8-91.2)	(74.1-93.0)	(88.3-94.9)	(80.8-93.0)

Table 4.3.6.3a Noticed school teacher/staff smoking tobacco within premises and its sale around 100 metres by area of residence and gender (Percentage)*

15 - 17 years	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Tobacco Related	(95% CI)								
Noticed teacher/staff smoke in school/college premises in last 12 months	15.9 (10.6-23.2)	16.7 (10.2-26.1)	16.2 (11.5-22.5)	22.9 (17.5-29.2)	12.1 (8.1-17.7)	18.1 (14.4-22.5)	20.4 (16.3-25.3)	13.7 (10.0-18.4)	17.5 (14.4-20.9)
Any shop within 100 metres of school/college selling tobacco	52.6 (44.5-60.7)	42.3 (32.9-52.3)	48.2 (41.1-55.4)	46.3 (38.6-54.1)	38.5 (31.1-46.4)	42.9 (37.3-48.6)	48.5 (42.8-54.4)	39.8 (33.9-46.0)	44.7 (40.3-49.2)

*among school/college going adolescents in the past 12 months

Table 4.3.6.4a Health promotion and education related information* by area of residence and gender (Percentage)

Health promotion and education	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
Noticed any poster/wall painting/signboard/ display on the following topics	(95% CI)								
Harmful effects of tobacco	43.9 (35.1-53.1)	38.0 (28.8-48.2)	41.4 (34.3-48.8)	42.0 (34.3-50.1)	38.7 (31.5-46.4)	40.5 (34.8-46.5)	42.7 (36.7-48.9)	38.4 (32.7-44.6)	40.8 (36.3-45.5)
No smoking sign	49.7 (41.2-58.2)	40.5 (31.3-50.4)	45.7 (38.9-52.7)	44.6 (36.8-52.6)	41.3 (33.8-49.3)	43.1 (37.3-49.2)	46.4 (40.5-52.4)	41.0 (35.1-47.3)	44.0 (39.5-48.7)
Harmful effects of alcohol	40.6 (31.9-50.0)	28.2 (20.6-37.3)	35.3 (28.7-42.5)	27.0 (20.1-35.1)	25.5 (19.6-32.3)	26.3 (21.3-32.0)	31.8 (26.1-38.1)	26.4 (21.7-31.8)	29.4 (25.3-33.9)
Promotion material on healthy diet	48.6 (40.7-56.6)	37.1 (27.9-47.3)	43.6 (37.0-50.5)	28.9 (22.1-36.8)	35.1 (28.1-42.9)	31.6 (26.3-37.5)	35.9 (30.4-41.8)	35.8 (30.1-41.9)	35.8 (31.6-40.4)
Promotion material on physical activity	43.1 (34.9-51.7)	37.8 (29.4-46.9)	40.8 (34.3-47.7)	28.1 (20.9-36.7)	33.4 (26.1-41.6)	30.4 (24.8-36.7)	33.4 (27.8-39.6)	34.9 (29.2-41.1)	34.1 (29.7-38.8)
Being taught in school/college about									
Ill effects of tobacco	69.6 (59.6-78.0)	63.5 (53.3-72.6)	67.0 (59.3-73.8)	66.0 (58.6-72.8)	67.1 (59.0-74.3)	66.5 (61.3-71.4)	67.3 (61.3-72.7)	65.9 (59.6-71.6)	66.7 (62.4-70.7)
Ill effects of alcohol	67.6 (58.5-75.5)	61.5 (50.8-71.3)	65.0 (57.6-71.7)	66.9 (60.0-73.2)	66.1 (58.6-72.9)	66.6 (61.8-71.1)	67.2 (61.7-72.2)	64.6 (58.4-70.3)	66.0 (62.0-69.8)
Benefits of healthy diet	70.9 (61.9-78.5)	66.6 (57.2-74.9)	69.0 (62.2-75.1)	66.0 (58.7-72.6)	64.3 (56.1-71.7)	65.2 (59.9-70.2)	67.7 (62.1-72.9)	65.1 (58.9-70.8)	66.6 (62.4-70.5)
Benefits of physical activity	68.0 (61.1-74.1)	56.9 (47.6-65.7)	63.2 (57.1-68.9)	60.5 (53.1-67.4)	70.3 (63.5-76.2)	64.8 (59.7-69.6)	63.1 (57.8-68.2)	65.6 (60.2-70.7)	64.2 (60.3-68.0)

*among school/college going adolescents in the past 12 months

Table 4.3.6.5a Adolescents engaged in physical activity in school/college in last 12 months by area of residence and gender (Percentage)

Doing physical activity in school/college	Urban			Rural			Total		
	Boys	Girls	Combined	Boys	Girls	Combined	Boys	Girls	Combined
	(95% CI)								
15 – 17 years	73.7	60.4	68.0	66.5	57.0	62.3	69.1	58.2	64.3
	(63.8-81.7)	(50.0-69.9)	(60.1-75.0)	(59.2-73.1)	(49.6-64.1)	(56.4-67.8)	(63.3-74.3)	(52.1-63.9)	(59.6-68.7)

4.4 HEALTH SEEKING BEHAVIOURS AND MANAGEMENT INDICATORS (30–69 YEARS)

4.4.1 Raised blood glucose

Table 4.4.1.1a Practices reported for blood glucose measurement by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 69 years	(95% CI)								
Measured ever in life	41.7	43.0	42.3	16.1	18.7	17.4	25.4	27.1	26.3
	(35.4-48.2)	(37.7-48.4)	(37.9-46.8)	(13.6-18.8)	(16.0-21.8)	(15.2-19.8)	(22.3-28.8)	(24.4-30.1)	(23.9-28.7)
Measured in last 12 months	35.2	33.7	34.5	13.0	14.7	13.9	21.2	21.2	21.2
	(29.2-41.8)	(29.1-38.5)	(30.6-38.5)	(10.9-15.6)	(12.2-17.6)	(11.9-16.1)	(18.2-24.4)	(18.8-23.9)	(19.1-23.4)

Table 4.4.1.1b Practices reported for blood glucose measurement by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 49 years	(95% CI)								
Measured ever in life	32.7	38.3	35.3	11.7	14.0	12.8	19.5	22.5	20.9
	(27.4-38.5)	(33.3-43.7)	(31.2-39.8)	(9.6-14.3)	(11.6-16.8)	(11.1-14.9)	(16.9-22.3)	(19.8-25.3)	(18.8-23.1)
Measured in last 12 months	26.6	29.3	27.9	9.3	10.2	9.7	15.7	16.8	16.2
	(21.8-32.0)	(24.9-34.2)	(24.3-31.7)	(7.4-11.6)	(8.1-12.7)	(8.2-11.5)	(13.4-18.3)	(14.6-19.4)	(14.5-18.1)
50 - 69 years	(95% CI)								
Measured ever in life	62.4	52.8	57.7	25.9	28.6	27.3	39.1	36.9	38.0
	(52.1-71.6)	(44.6-60.9)	(51.2-64.1)	(21.6-30.7)	(23.8-33.9)	(23.5-31.5)	(33.7-44.8)	(32.7-41.4)	(34.3-41.9)
Measured in last 12 months	55.2	42.9	49.3	21.5	24.1	22.8	33.7	30.6	32.1
	(44.9-65.1)	(34.9-51.4)	(43.0-55.5)	(17.4-26.4)	(19.6-29.3)	(19.1-27.1)	(28.4-39.5)	(26.5-34.9)	(28.6-35.9)

Table 4.4.1.2a Awareness, treatment and control of blood glucose among those with raised blood glucose by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 69 years	(95% CI)								
Awareness of raised blood glucose	63.3 (52.8-72.6)	52.5 (44.2-60.6)	58.2 (51.1-64.9)	39.6 (29.4-50.7)	33.8 (24.6-44.4)	36.3 (28.7-44.8)	52.8 (44.9-60.6)	42.6 (35.7-49.8)	47.6 (41.9-53.3)
On treatment ¹	54.5 (43.7-65.0)	43.1 (36.0-50.5)	49.1 (42.0-56.2)	31.0 (21.9-41.8)	24.3 (17.1-33.2)	27.2 (21.7-33.6)	44.2 (36.3-52.4)	33.1 (27.4-39.5)	38.5 (33.5-43.8)
Oral medication	53.6 (42.8-64.2)	42.5 (35.4-49.8)	48.3 (41.3-55.5)	29.5 (20.6-40.3)	23.2 (16.4-31.9)	26.0 (20.6-32.2)	43.0 (35.1-51.3)	32.3 (26.7-38.5)	37.5 (32.5-42.8)
Insulin	7.7 (3.8-15.0)	6.9 (4.2-11.2)	7.3 (4.5-11.7)	3.8 (1.7-8.1)	5.7 (2.5-12.5)	4.9 (2.7-8.7)	6.0 (3.5-10.2)	6.3 (3.9-9.9)	6.1 (4.2-8.9)
Control (Fasting blood glucose level <126 mg/dl)	21.9 (15.0-30.8)	15.7 (10.3-23.3)	18.9 (14.2-24.8)	11.2 (6.0-20.1)	15.3 (9.7-23.2)	13.5 (9.0-19.8)	17.1 (12.4-23.2)	15.5 (11.4-20.7)	16.3 (12.8-20.4)

¹on treatment for any one day in the last 2 weeks

Table 4.4.1.2b Awareness, treatment and control of blood glucose among those with raised blood glucose by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 49 years	(95% CI)								
Awareness of raised blood glucose	53.4 (38.4-67.7)	35.9 (23.6-50.4)	45.0 (35.0-55.3)	25.4 (14.5-40.7)	16.5 (9.2-27.8)	20.4 (13.3-29.8)	41.3 (30.3-53.3)	25.9 (18.2-35.3)	33.2 (26.4-40.9)
On treatment ¹	42.3 (27.3-58.9)	22.0 (14.2-32.4)	32.5 (23.3-43.4)	16.0 (9.0-26.8)	12.4 (6.7-21.7)	13.9 (9.0-20.9)	31.0 (20.8-43.4)	17.0 (11.9-23.8)	23.7 (17.8-30.8)
Oral medication	42.2 (27.2-58.9)	21.3 (13.8-31.4)	32.1 (22.9-43.0)	15.9 (8.9-26.6)	11.2 (6.0-20.2)	13.2 (8.5-20.0)	30.9 (20.7-43.4)	16.1 (11.1-22.6)	23.1 (17.3-30.2)
Insulin	9.6 (2.8-27.6)	3.5 (1.3-8.7)	6.6 (2.6-15.8)	1.2 (0.3-5.6)	2.5 (0.6-9.7)	1.9 (0.7-5.6)	6.0 (2.0-16.9)	3.0 (1.3-6.5)	4.4 (2.0-9.2)
Control (Fasting blood glucose level <126 mg/dl)	16.5 (8.3-30.2)	11.7 (4.6-26.5)	14.1 (8.4-22.5)	6.7 (2.6-16.0)	6.1 (2.7-13.2)	6.3 (3.1-12.5)	12.1 (6.8-20.6)	8.8 (4.5-16.3)	10.3 (6.7-15.5)

50 – 69 years									
Awareness of raised blood glucose	70.8	65.9	68.5	49.7	46.9	48.2	61.4	55.7	58.5
	(57.7-81.2)	(56.6-74.0)	(60.4-75.6)	(36.8-62.7)	(34.5-59.8)	(38.5-58.0)	(51.9-70.1)	(47.1-64.1)	(51.8-64.9)
On treatment ¹	63.9	60.1	62.1	41.8	33.3	37.1	54.0	45.8	49.8
	(50.6-75.3)	(49.6-69.7)	(53.9-69.7)	(29.0-55.8)	(22.8-45.7)	(29.6-45.2)	(44.3-63.4)	(37.0-54.7)	(43.6-56.0)
Oral medication	62.3	59.6	61.0	39.3	32.3	35.4	52.1	45.0	48.5
	(49.0-74.0)	(49.1-69.2)	(52.8-68.7)	(26.7-53.5)	(22.1-44.6)	(28.2-43.4)	(42.4-61.6)	(36.4-53.9)	(42.3-54.7)
Insulin	6.4	9.7	7.9	5.6	8.2	7.0	6.0	8.9	7.5
	(3.2-12.4)	(5.5-16.4)	(5.1-12.1)	(2.4-12.9)	(3.3-18.6)	(3.7-13.2)	(3.5-10.2)	(5.2-14.6)	(5.1-10.9)
Control (Fasting blood glucose level <126 mg/dl)	25.7	19.1	22.6	14.4	22.4	18.9	20.7	20.9	20.8
	(15.8-38.9)	(12.6-27.8)	(16.0-31.0)	(6.7-28.5)	(13.9-33.9)	(12.1-28.2)	(13.9-29.7)	(15.2-28.0)	(15.8-26.8)

¹on treatment any one day in the last 2 weeks

Table 4.4.1.3a Source of current consultation and treatment among those with known raised blood glucose by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 69 years	(95% CI)								
Currently consulting allopathic practitioner in public sector	14.3	25.7	19.2	17.8	26.8	22.5	15.5	26.2	20.4
	(7.4-25.9)	(16.9-37.1)	(13.2-27.1)	(9.3-31.5)	(15.5-42.2)	(15.2-32.1)	(9.7-23.8)	(18.8-35.1)	(15.6-26.3)
Currently on treatment with public sector as source of medicines in last 2 weeks	17.4	25.7	20.9	15.8	16.8	16.3	16.9	22.0	19.2
	(8.8-31.5)	(15.7-39.1)	(14.0-30.0)	(7.7-29.7)	(9.2-28.7)	(10.4-24.8)	(10.0-26.9)	(14.9-31.2)	(14.1-25.6)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	68.3	55.6	62.9	66.0	58.9	62.3	67.5	57.0	62.7
	(56.2-78.3)	(43.0-67.6)	(54.6-70.5)	(51.1-78.3)	(43.7-72.5)	(53.4-70.4)	(58.2-75.6)	(47.3-66.2)	(56.5-68.4)
Currently consulting AYUSH ¹ practitioner in public sector	14.3	12.9	13.7	26.9	25.1	26.0	18.4	18.0	18.2
	(8.2-23.5)	(7.9-20.3)	(8.9-20.4)	(14.6-44.3)	(14.8-39.2)	(16.7-38.0)	(12.2-26.9)	(12.5-25.2)	(13.4-24.4)
Currently on medication from AYUSH practitioners	10.7	11.3	11.0	18.0	20.4	19.3	13.1	15.1	14.1
	(5.4-20.1)	(6.6-18.8)	(6.6-17.8)	(8.6-33.8)	(11.3-34.2)	(12.2-29.1)	(8.0-20.8)	(10.1-22.1)	(10.0-19.4)

¹the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

Table 4.4.1.3b Source of current consultation and treatment among those with known raised blood glucose by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 49 years	(95% CI)								
Currently consulting allopathic practitioner in public sector	15.9 (4.6-42.8)	14.7 (6.1-31.7)	15.5 (6.6-32.2)	18.6 (7.3-40.1)	17.5 (5.1-45.9)	18.1 (8.4-34.9)	16.6 (6.7-35.6)	15.7 (7.7-29.3)	16.2 (8.7-28.2)
Currently on treatment with public sector as source of medicines in last 2 weeks	27.9 (10.1-57.3)	15.4 (6.3-33.2)	23.1 (10.5-43.6)	13.8 (4.9-33.6)	20.5 (8.3-42.4)	16.9 (9.0-29.5)	24.2 (10.0-47.7)	17.1 (9.0-30.1)	21.3 (11.5-36.2)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	53.2 (30.6-74.6)	43.3 (25.6-63.0)	49.4 (33.4-65.5)	49.9 (26.1-73.8)	64.0 (40.9-82.1)	56.4 (38.4-73.0)	52.3 (34.2-69.9)	50.2 (34.8-65.5)	51.5 (38.8-64.0)
Currently consulting AYUSH ¹ practitioner in public sector	5.8 (2.4-13.6)	13.4 (6.6-25.3)	8.7 (4.9-15.1)	39.5 (16.2-68.8)	34.0 (13.8-62.4)	37.0 (19.2-59.2)	14.8 (6.6-29.7)	20.2 (11.1-34.0)	17.0 (10.3-26.8)
Currently on medication from AYUSH practitioners	3.3 (1.2-8.6)	11.8 (5.5-23.5)	6.6 (3.5-12.1)	14.4 (4.7-36.7)	34.0 (13.8-62.4)	23.5 (11.3-42.5)	6.2 (2.8-13.3)	19.2 (10.3-32.9)	11.5 (6.9-18.6)
50 – 69 years									
Currently consulting allopathic practitioner in public sector	13.4 (6.0-27.4)	30.5 (20.2-43.3)	21.1 (14.0-30.5)	17.6 (7.9-34.5)	29.3 (16.1-47.3)	23.9 (15.0-35.9)	14.9 (8.5-24.8)	30.0 (21.3-40.4)	22.2 (16.4-29.4)
Currently on treatment with public sector as source of medicines in last 2 weeks	11.3 (4.3-26.7)	30.2 (17.7-46.5)	19.8 (12.3-30.4)	16.5 (7.1-33.8)	15.8 (7.7-29.8)	16.1 (9.3-26.4)	13.2 (7.0-23.6)	23.7 (15.2-35.0)	18.3 (12.7-25.6)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	77.0 (63.7-86.4)	61.1 (45.8-74.4)	69.8 (60.8-77.5)	71.9 (56.1-83.7)	57.5 (39.7-73.5)	64.1 (53.7-73.3)	75.1 (65.4-82.8)	59.4 (47.8-70.1)	67.5 (60.8-73.6)
Currently consulting AYUSH practitioner in public sector	19.1 (10.5-32.3)	12.7 (6.5-23.4)	16.2 (9.9-25.5)	22.3 (10.4-41.6)	22.7 (12.3-38.1)	22.5 (13.7-34.7)	20.3 (12.7-30.7)	17.2 (10.9-26.0)	18.8 (13.3-25.9)
Currently on medication from AYUSH practitioners	15.0 (7.3-28.4)	11.1 (5.3-22.0)	13.3 (7.4-22.7)	19.3 (8.3-38.7)	16.8 (8.1-31.6)	17.9 (10.3-29.5)	16.6 (9.7-27.0)	13.7 (8.1-22.1)	15.2 (10.2-22.0)

¹the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

4.4.2 Raised blood pressure

Table 4.4.2.1a Practices reported for blood pressure measurement by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 69 years	(95% CI)								
Measured ever in life	60.5	71.0	65.5	38.8	50.6	44.6	46.8	57.6	52.0
	(54.8-65.9)	(67.4-74.4)	(61.8-68.9)	(35.5-42.3)	(46.4-54.7)	(41.5-47.8)	(43.5-50.1)	(54.5-60.7)	(49.5-54.6)
Measured in last 12 months	50.7	57.5	53.9	28.9	38.8	33.8	36.9	45.3	41.0
	(45.0-56.4)	(53.4-61.6)	(50.0-57.8)	(25.5-32.5)	(35.1-42.7)	(30.9-36.8)	(33.6-40.3)	(42.3-48.3)	(38.4-43.6)

Table 4.4.2.1b Practices reported for blood pressure measurement by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 49 years	(95% CI)								
Measured ever in life	53.5	67.7	60.1	34.4	47.9	41.0	41.4	54.8	47.8
	(47.7-59.3)	(63.4-71.8)	(56.3-63.8)	(30.7-38.3)	(43.5-52.4)	(37.6-44.5)	(38.1-44.9)	(51.4-58.2)	(45.1-50.6)
Measured in last 12 months	42.9	53.2	47.7	25.0	34.9	29.8	31.6	41.3	36.2
	(37.7-48.3)	(48.8-57.6)	(44.0-51.5)	(21.4-29.0)	(31.0-39.1)	(26.8-33.0)	(28.4-35.0)	(38.1-44.6)	(33.7-38.8)
50 – 69 years									
Measured ever in life	76.6	78.1	77.3	48.9	56.1	52.5	58.9	63.6	61.3
	(68.6-83.1)	(72.4-82.9)	(72.0-81.9)	(43.9-53.8)	(50.3-61.7)	(48.3-56.7)	(54.1-63.5)	(59.2-67.8)	(57.6-64.8)
Measured in last 12 months	68.7	66.7	67.8	37.7	47.0	42.4	48.9	53.7	51.3
	(59.8-76.5)	(59.6-73.2)	(61.6-73.3)	(32.6-43.0)	(41.7-52.3)	(38.2-46.7)	(43.7-54.1)	(49.5-58.0)	(47.5-55.1)

Table 4.4.2.2a Awareness, treatment and control of blood pressure among those with raised blood pressure by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 69 years	(95% CI)								
Awareness of raised blood pressure	24.0 (19.1-29.7)	40.5 (34.8-46.5)	31.2 (26.9-35.9)	24.4 (19.8-29.6)	31.5 (27.2-36.1)	27.8 (24.6-31.3)	24.2 (20.8-28.0)	34.9 (31.5-38.6)	29.2 (26.6-32.0)
On treatment ¹	13.1 (10.0-17.0)	26.7 (21.8-32.3)	19.0 (16.1-22.4)	11.0 (7.7-15.4)	16.8 (13.5-20.7)	13.8 (11.2-17.0)	11.9 (9.5-14.8)	20.6 (17.8-23.7)	16.0 (14.0-18.2)
Control (Blood pressure level SBP<140mmHg and DBP <90mmHg)	7.5 (5.0-11.1)	15.6 (12.3-19.7)	11.1 (8.8-13.9)	12.7 (9.2-17.4)	13.6 (10.8-17.2)	13.2 (10.8-16.0)	10.5 (8.1-13.5)	14.4 (12.1-17.0)	12.3 (10.6-14.3)

¹on treatment any one day in the last 2 weeks

Table 4.4.2.2b Awareness, treatment and control of blood pressure among those with raised blood pressure by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 49 years	(95% CI)								
Awareness of raised blood pressure	19.5 (14.4-25.9)	31.6 (23.5-41.0)	24.1 (19.3-29.6)	18.1 (12.6-25.1)	24.9 (19.5-31.2)	21.1 (17.3-25.6)	18.7 (14.8-23.4)	27.4 (22.7-32.6)	22.3 (19.3-25.8)
On treatment ¹	8.1 (4.9-13.1)	13.7 (8.7-21.0)	10.2 (7.5-13.8)	8.4 (4.4-15.5)	9.3 (6.0-14.1)	8.8 (6.1-12.6)	8.3 (5.4-12.4)	11.0 (8.0-14.8)	9.4 (7.3-12.0)
Control (Blood pressure level SBP<140 mmHg and DBP <90 mmHg)	7.0 (4.0-12.1)	10.9 (7.1-16.2)	8.4 (5.9-11.9)	11.6 (7.0-18.6)	13.5 (9.6-18.7)	12.4 (9.2-16.6)	9.5 (6.5-13.8)	12.5 (9.6-16.2)	10.8 (8.5-13.6)
50 – 69 years									
Awareness of raised blood pressure	31.3 (23.0-40.9)	48.7 (41.5-56.0)	40.2 (33.4-47.4)	33.2 (26.6-40.6)	38.1 (31.4-45.2)	35.8 (31.5-40.4)	32.4 (27.1-38.2)	42.3 (37.3-47.4)	37.6 (33.8-41.5)
On treatment ¹	21.2 (15.3-28.6)	38.7 (31.7-46.2)	30.2 (24.7-36.3)	14.6 (9.6-21.4)	24.3 (18.8-30.8)	19.8 (15.8-24.5)	17.3 (13.3-22.1)	30.0 (25.6-34.7)	24.0 (20.7-27.6)
Control (Blood pressure level SBP<140mmHg and DBP <90 mmHg)	8.4 (4.4-15.5)	20.1 (14.8-26.7)	14.4 (10.7-19.0)	14.4 (9.9-20.5)	13.8 (9.8-19.1)	14.1 (11.3-17.5)	11.9 (8.5-16.4)	16.3 (12.9-20.3)	14.2 (11.9-16.9)

¹on treatment any one day in the last 2 weeks

Table 4.4.2.3a Source of current consultation and treatment among those with known raised blood pressure by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 69 years	(95% CI)								
Currently consulting allopathic practitioner in public sector	17.1	22.3	20.1	10.5	23.2	17.5	13.3	22.8	18.6
	(10.0-27.6)	(16.7-29.2)	(15.2-26.1)	(6.4-16.8)	(16.5-31.6)	(12.8-23.4)	(9.3-18.8)	(18.2-28.3)	(15.1-22.7)
Currently on treatment with public sector as source of medicines in last 2 weeks	5.6	16.4	11.7	9.6	10.2	9.9	7.9	13.0	10.7
	(2.8-10.9)	(11.6-22.8)	(8.5-16.0)	(5.5-16.2)	(6.3-16.2)	(6.8-14.4)	(5.1-12.0)	(9.7-17.1)	(8.3-13.7)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	49.4	48.3	48.8	37.0	42.6	40.1	42.3	45.2	43.9
	(38.7-60.2)	(38.0-58.8)	(41.4-56.2)	(26.0-49.4)	(34.5-51.3)	(32.6-48.1)	(34.5-50.6)	(38.7-51.8)	(38.7-49.3)
Currently consulting AYUSH ¹ practitioner in public sector	16.1	19.2	17.8	14.7	17.9	16.5	15.3	18.4	17.1
	(8.6-28.2)	(12.7-27.8)	(12.8-24.4)	(8.8-23.7)	(11.7-26.3)	(11.7-22.8)	(10.3-22.2)	(13.8-24.3)	(13.4-21.5)
Currently on medication from AYUSH practitioners	10.1	16.4	13.7	9.0	7.7	8.3	9.5	11.5	10.6
	(5.8-17.2)	(10.2-25.1)	(9.5-19.2)	(5.1-15.5)	(4.3-13.4)	(5.4-12.4)	(6.3-14.0)	(8.0-16.3)	(8.1-13.8)

¹the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

Table 4.4.2.3b Source of current consultation and treatment among those with known raised blood pressure by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 – 49 years	(95% CI)								
Currently consulting allopathic practitioner in public sector	15.0	14.8	14.9	8.1	23.7	16.4	11.4	19.8	15.7
	(6.2-32.1)	(7.9-26.0)	(8.9-23.8)	(3.4-18.4)	(14.0-37.2)	(10.2-25.3)	(6.0-20.6)	(13.0-29.0)	(11.1-21.8)
Currently on treatment with public sector as source of medicines in last 2 weeks	1.8	10.6	6.1	5.4	10.4	8.1	3.7	10.5	7.2
	(0.6-5.2)	(4.8-21.8)	(3.0-11.9)	(1.9-14.4)	(5.1-20.3)	(4.2-14.9)	(1.6-8.3)	(6.2-17.3)	(4.4-11.5)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	39.3	33.2	36.3	41.4	26.6	33.6	40.5	29.5	34.8
	(24.1-56.9)	(19.1-51.2)	(27.6-46.0)	(23.3-62.2)	(16.0-40.8)	(23.1-46.0)	(27.9-54.4)	(20.5-40.3)	(27.6-42.7)
Currently consulting AYUSH ¹ practitioner in public sector	16.8	21.8	19.3	15.2	16.6	15.9	15.9	18.8	17.4
	(7.3-34.0)	(10.5-40.0)	(11.3-31.0)	(6.6-31.1)	(8.1-31.0)	(9.0-26.6)	(8.9-26.8)	(11.4-29.5)	(11.8-24.9)

Currently on medication from AYUSH practitioners	7.2 (2.9-16.8)	20.8 (9.7-39.1)	13.9 (7.5-24.3)	8.7 (3.2-21.4)	4.2 (1.5-11.3)	6.3 (3.1-12.6)	8.0 (4.0-15.2)	11.4 (6.0-20.4)	9.7 (6.1-15.2)
50 – 69 years									
Currently consulting allopathic practitioner in public sector	19.2 (10.5-32.4)	26.9 (19.1-36.4)	24.0 (17.5-31.8)	12.3 (6.5-22.0)	22.9 (14.8-33.6)	18.3 (13.0-25.2)	15.0 (9.7-22.5)	24.7 (18.8-31.7)	20.7 (16.5-25.8)
Currently on treatment with public sector as source of medicines in last 2 weeks	9.5 (4.2-19.9)	19.9 (13.4-28.5)	16.0 (11.3-22.2)	12.8 (6.6-23.3)	10.1 (5.1-18.8)	11.2 (7.2-17.2)	11.5 (6.9-18.6)	14.5 (10.2-20.3)	13.3 (10.1-17.3)
Currently on treatment with Chemist/Private/NGO dispensary as source of medicines in last 2 weeks	59.6 (42.6-74.6)	57.4 (46.4-67.7)	58.2 (47.7-68.1)	33.5 (21.5-48.3)	53.1 (43.0-63.0)	44.7 (35.6-54.1)	43.9 (33.7-54.7)	55.1 (47.6-62.3)	50.5 (43.7-57.3)
Currently consulting AYUSH practitioner in public sector	15.4 (8.2-27.2)	17.5 (10.9-27.0)	16.7 (11.6-23.5)	14.4 (8.2-24.1)	18.7 (11.7-28.6)	16.9 (11.7-23.8)	14.8 (9.7-21.9)	18.2 (13.0-24.8)	16.8 (13.0-21.5)
Currently on medication from AYUSH practitioners	13.1 (6.3-25.2)	13.7 (7.6-23.4)	13.5 (8.7-20.2)	9.2 (5.1-16.3)	9.9 (4.9-19.2)	9.6 (5.9-15.4)	10.8 (6.7-16.9)	11.6 (7.4-17.8)	11.3 (8.1-15.5)

¹the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

4.4.3 Reported raised cholesterol

Table 4.4.3.1a Practices reported for blood cholesterol measurement ever in life and history of raised cholesterol by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30- 69 years	(95% CI)								
Measured ever in life	12.2 (9.5-15.6)	13.0 (9.6-17.4)	12.6 (10.0-15.7)	2.7 (2.0-3.8)	3.1 (2.0-4.6)	2.9 (2.2-3.8)	6.2 (5.0-7.7)	6.5 (5.0-8.4)	6.4 (5.2-7.7)
Reported raised cholesterol	3.2 (2.1-4.8)	4.2 (2.9-6.1)	3.7 (2.6-5.1)	0.9 (0.5-1.6)	0.8 (0.4-1.4)	0.8 (0.5-1.3)	1.7 (1.2-2.4)	2.0 (1.4-2.7)	1.8 (1.4-2.4)

Table 4.4.3.1b Practices reported for blood cholesterol measurement ever in life and history of raised cholesterol by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30- 49 years	(95% CI)								
Measured ever in life	9.0 (6.4-12.4)	10.1 (6.9-14.4)	9.5 (7.2-12.5)	1.5 (1.0-2.4)	2.3 (1.5-3.5)	1.9 (1.4-2.6)	4.3 (3.2-5.6)	5.0 (3.7-6.7)	4.6 (3.7-5.8)
Raised cholesterol	1.9 (1.0-3.6)	3.0 (1.8-4.9)	2.4 (1.6-3.6)	0.4 (0.2-0.9)	0.7 (0.3-1.6)	0.6 (0.3-1.0)	1.0 (0.6-1.6)	1.5 (1.0-2.3)	1.2 (0.9-1.7)
50 - 69 years	(95% CI)								
Measured ever in life	19.8 (14.9-25.8)	19.2 (13.8-26.1)	19.5 (15.3-24.6)	5.5 (3.5-8.4)	4.7 (2.7-8.0)	5.1 (3.6-7.0)	10.7 (8.2-13.8)	9.7 (7.2-12.8)	10.2 (8.2-12.5)
Raised cholesterol	6.3 (3.7-10.5)	6.8 (3.9-11.6)	6.5 (4.4-9.6)	1.8 (0.8-4.3)	0.9 (0.5-1.9)	1.4 (0.7-2.5)	3.5 (2.2-5.4)	2.9 (1.8-4.7)	3.2 (2.3-4.5)

Table 4.4.3.2a Source of current consultation, treatment and medication for raised blood cholesterol* by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30- 69 years	(95% CI)								
On treatment ¹	31.9 (16.7-52.4)	35.0 (18.6-55.9)	33.6 (22.9-46.3)	64.1 (35.0-85.6)	34.2 (13.1-64.2)	50.2 (30.3-70.0)	42.2 (26.5-59.7)	34.8 (20.8-52.0)	38.4 (28.1-49.7)
Adherence ²	29.5 (14.9-50.2)	28.0 (13.7-48.8)	28.7 (18.9-41.1)	55.4 (27.3-80.5)	31.9 (11.5-62.8)	44.5 (25.2-65.6)	37.8 (22.7-55.8)	29.0 (16.3-46.2)	33.3 (23.6-44.5)
AYUSH³	(95% CI)								
Consulting	9.8 (2.6-30.9)	5.1 (2.1-12.0)	7.3 (2.9-16.8)	18.8 (5.5-48.0)	23.2 (7.0-55.0)	20.9 (9.0-41.4)	12.7 (5.1-27.9)	9.8 (4.2-21.3)	11.2 (6.0-20.0)
On treatment	6.0 (1.0-28.9)	2.4 (0.8-7.1)	4.1 (1.2-13.4)	8.2 (1.7-31.3)	5.0 (1.2-18.3)	6.7 (2.2-18.5)	6.7 (1.9-20.8)	3.1 (1.3-7.2)	4.8 (2.0-11.1)
Public sector as source of medicines in last 2 weeks	2.4 (0.7-7.5)	9.9 (3.6-24.7)	6.4 (2.6-14.8)	8.8 (2.8-24.5)	1.1 (0.3-3.8)	5.2 (2.0-13.0)	4.4 (1.9-9.8)	7.6 (2.9-18.6)	6.1 (3.0-11.9)
Currently on treatment with Chemist /Private/NGO ddispensary as source of medicines in last 2 weeks	29.6 (14.9-50.2)	28.4 (13.9-49.4)	28.9 (19.0-41.3)	56.1 (27.9-80.9)	33.2 (12.4-63.6)	45.4 (25.6-66.7)	38.0 (22.9-55.9)	29.6 (16.7-46.9)	33.7 (24.0-45.0)

*among those with raised cholesterol

¹on treatment any one day in the last 2 weeks²took prescribed medication daily in last 2 weeks³the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

Table 4.4.3.2b Source of current consultation, treatment and medication for raised blood cholesterol* by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30- 49 years	(95% CI)								
On treatment ¹	29.2 (7.8-66.9)	22.4 (8.0-49.0)	25.3 (11.9-45.8)	46.0 (17.6-77.3)	44.5 (13.7-80.2)	45.1 (21.1-71.7)	34.0 (14.5-61.1)	29.3 (13.6-52.0)	31.2 (18.6-47.5)
Adherence ²	28.6 (7.4-66.8)	22.4 (8.0-49.0)	25.0 (11.7-45.6)	30.4 (9.3-64.9)	40.8 (11.6-78.4)	36.7 (14.9-65.7)	29.1 (10.9-58.0)	28.1 (12.8-51.1)	28.5 (16.2-45.2)
AYUSH³									
Consulting	9.2 (1.2-45.0)	7.5 (2.4-21.5)	8.2 (2.7-22.7)	36.9 (9.6-76.4)	31.8 (7.6-72.4)	33.8 (12.9-63.7)	17.2 (5.2-43.7)	15.1 (5.4-35.4)	15.9 (7.4-31.1)
On treatment	0.0 (0.0-0.0)	2.5 (0.4-12.7)	1.4 (0.3-7.5)	6.7 (0.8-37.4)	4.1 (0.6-23.3)	5.1 (1.3-18.3)	1.9 (0.3-12.9)	3.0 (0.8-10.1)	2.5 (0.9-7.2)
Public sector as source of medicines in last 2 weeks	0.0 (0.0-0.0)	1.7 (0.5-6.3)	1.0 (0.3-3.5)	11.6 (2.1-44.5)	1.7 (0.4-6.7)	5.6 (1.4-20.2)	3.3 (0.6-15.8)	1.7 (0.6-4.7)	2.4 (0.8-6.6)
Currently on treatment with Chemist /Private/NGO dispensary as source of medicines in last 2 weeks	29.2 (7.8-66.9)	21.5 (7.4-48.5)	24.7 (11.5-45.5)	36.8 (12.7-70.0)	42.8 (12.7-79.4)	40.4 (17.6-68.3)	31.4 (12.5-59.3)	28.1 (12.7-51.2)	29.5 (17.0-46.0)
50 - 69 years									
On treatment ¹	33.8 (16.8-56.4)	46.8 (21.1-74.3)	40.4 (23.2-60.3)	73.8 (32.1-94.4)	17.5 (4.7-47.7)	54.7 (26.5-80.2)	47.5 (26.8-69.0)	40.7 (20.2-65.0)	44.4 (28.5-61.5)
Adherence ²	30.2 (14.5-52.4)	33.2 (12.6-63.3)	31.7 (17.0-51.3)	68.9 (29.0-92.3)	17.5 (4.7-47.7)	51.5 (24.0-78.1)	43.4 (23.5-65.6)	30.0 (12.8-55.5)	37.2 (22.7-54.6)
AYUSH³									
Consulting	10.2 (1.7-42.7)	2.8 (0.8-9.4)	6.5 (1.6-22.2)	9.1 (1.1-47.0)	9.3 (1.9-35.3)	9.1 (2.1-32.2)	9.8 (2.5-31.9)	4.2 (1.5-11.0)	7.2 (2.6-18.4)
On treatment	10.2 (1.7-42.7)	2.4 (0.6-9.0)	6.2 (1.5-22.4)	9.1 (1.1-47.0)	6.4 (0.8-35.9)	8.2 (1.6-32.4)	9.8 (2.5-31.9)	3.2 (1.0-10.0)	6.8 (2.3-18.3)
Public sector as source of medicines in last 2 weeks	4.0 (1.2-12.7)	17.6 (5.6-43.2)	10.9 (4.3-25.1)	7.3 (1.5-28.7)	0.0 (0.0-0.0)	4.8 (1.2-17.8)	5.2 (2.0-12.8)	13.9 (4.6-35.0)	9.2 (4.1-19.5)
Currently on treatment with Chemist /Private/NGO dispensary as source of medicines in last 2 weeks	29.8 (14.3-52.0)	34.8 (13.5-64.6)	32.3 (17.5-51.9)	66.5 (27.9-91.1)	17.5 (4.7-47.7)	49.9 (22.0-77.8)	42.3 (22.8-64.6)	31.2 (13.6-56.7)	37.2 (22.6-54.7)

*among those with raised cholesterol

¹on treatment any one day in the last 2 weeks²took prescribed medication daily in last 2 weeks³the systems of medicine under AYUSH in the survey includes, Ayurveda; Unani; Siddha and Homeopathy

4.4.4 Cardiovascular conditions

Table 4.4.4.1a Adults aged 30–69 years with known cardiovascular conditions* and the source of diagnosis by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 69 years	(95% CI)								
Known CVD condition	4.3	2.4	3.4	3.2	4.0	3.6	3.6	3.5	3.5
	(3.0-6.1)	(1.6-3.5)	(2.6-4.4)	(2.4-4.3)	(2.7-6.1)	(2.8-4.8)	(2.9-4.5)	(2.5-4.8)	(2.9-4.3)
Govt. Health facility as a source of diagnosis	1.2	0.6	0.9	0.8	1.1	1.0	1.0	0.9	1.0
	(0.6-2.5)	(0.3-1.2)	(0.6-1.6)	(0.5-1.4)	(0.6-2.1)	(0.6-1.5)	(0.6-1.5)	(0.6-1.6)	(0.7-1.3)

*cardiovascular conditions diagnosed in a hospital include, chest pain (heart related) or a heart attack (angina) or a stroke (cerebrovascular accident or incident)

Table 4.4.4.1b Adults aged 30–69 years with known cardiovascular conditions* and the source of diagnosis by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 49 years	(95% CI)								
Known CVD condition	2.7	1.6	2.2	1.8	3.7	2.7	2.1	3.0	2.5
	(1.6-4.7)	(0.9-3.0)	(1.5-3.3)	(1.1-2.9)	(2.2-6.2)	(1.9-3.9)	(1.5-3.0)	(1.9-4.6)	(1.9-3.4)
Govt. health facility as a source of diagnosis	0.9	0.2	0.6	0.4	0.9	0.6	0.6	0.7	0.6
	(0.3-2.7)	(0.1-0.7)	(0.2-1.5)	(0.1-1.1)	(0.4-2.2)	(0.3-1.3)	(0.3-1.3)	(0.3-1.5)	(0.4-1.1)
50 - 69 years									
Known CVD condition	7.9	4.0	6.0	6.5	4.8	5.6	7.0	4.5	5.8
	(5.1-12.0)	(2.4-6.5)	(4.3-8.4)	(4.6-8.9)	(3.1-7.4)	(4.2-7.5)	(5.4-9.0)	(3.2-6.4)	(4.6-7.1)
Govt. health facility as a source of diagnosis	1.9	1.4	1.7	1.9	1.5	1.7	1.9	1.5	1.7
	(0.8-4.5)	(0.6-3.3)	(0.9-3.1)	(1.0-3.4)	(0.6-3.6)	(1.0-2.8)	(1.2-3.1)	(0.8-2.8)	(1.1-2.5)

*cardiovascular conditions diagnosed in a hospital include, chest pain (heart related) or a heart attack (angina) or a stroke (cerebrovascular accident or incident)

Table 4.4.4.2a Adults aged 30–69 years who were on medication to prevent or treat known cardiovascular conditions among those with CVDs by area of residence and gender (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 69 years	(95% CI)								
Aspirin*	38.2	19.2	31.9	12.2	8.0	9.9	23.5	10.7	17.4
	(23.6-55.3)	(7.6-40.6)	(20.5-45.9)	(6.3-22.5)	(3.2-18.7)	(5.6-17.0)	(15.5-33.9)	(5.4-20.0)	(11.9-24.7)
Aspirin (daily)**	33.9	19.2	29.0	6.2	5.7	5.9	18.2	8.9	13.8
	(19.9-51.3)	(7.6-40.6)	(18.1-43.0)	(2.7-13.8)	(1.8-16.8)	(2.8-12.1)	(11.1-28.3)	(4.1-18.2)	(8.9-20.7)
Statins*	28.9	21.3	26.3	15.9	6.4	10.7	21.5	10.0	16.0
	(15.3-47.6)	(9.2-42.0)	(15.7-40.7)	(7.8-29.7)	(2.8-13.9)	(6.4-17.2)	(13.5-32.5)	(5.4-17.7)	(11.1-22.6)

*at least once in last 2 weeks

**daily in last 2 weeks

Table 4.4.4.2b Adults aged 30–69 years who were on medication to prevent or treat known cardiovascular conditions among those with CVDs by area of residence, gender and age categories (Percentage)

	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
30 - 49 years	(95% CI)								
Aspirin*	22.4	5.1	16.5	7.2	6.3	6.6	14.3	6.1	9.7
	(6.5-54.6)	(1.0-21.7)	(5.3-40.9)	(1.6-26.5)	(1.7-20.7)	(2.5-16.4)	(5.3-33.4)	(2.0-17.1)	(4.5-19.7)
Aspirin (daily)**	17.0	5.1	12.9	7.2	3.5	4.8	11.8	3.8	7.3
	(3.6-52.7)	(1.0-21.7)	(3.3-39.0)	(1.6-26.5)	(0.5-22.4)	(1.4-15.5)	(3.7-31.5)	(0.8-16.5)	(2.8-17.7)
Statins*	18.2	5.2	13.8	9.0	1.3	3.9	13.3	2.0	7.0
	(4.3-52.4)	(1.5-16.1)	(3.9-38.6)	(2.6-26.9)	(0.2-9.2)	(1.3-11.1)	(4.8-32.0)	(0.6-6.7)	(2.8-16.3)
50 - 69 years									
Aspirin*	50.9	31.5	44.6	15.4	10.8	13.4	29.9	17.0	24.8
	(32.5-69.0)	(11.8-61.4)	(28.9-61.4)	(7.1-30.0)	(3.3-30.1)	(6.8-24.5)	(19.4-43.1)	(7.8-33.4)	(16.6-35.4)
Aspirin (daily)**	47.4	31.5	42.2	5.6	9.3	7.2	22.7	16.0	20.0
	(29.2-66.3)	(11.8-61.4)	(26.7-59.4)	(2.0-14.4)	(2.5-29.3)	(3.0-16.3)	(13.3-35.8)	(7.0-32.4)	(12.7-30.2)
Statins*	37.3	35.4	36.7	20.2	14.6	17.8	27.2	20.9	24.7
	(18.5-61.0)	(14.5-64.0)	(21.1-55.8)	(8.7-40.2)	(6.0-31.3)	(10.1-29.5)	(16.2-42.0)	(10.9-36.2)	(16.8-34.8)

*at least once in last 2 weeks

**daily in last 2 weeks

4.4.5 Cancer screening

Table 4.4.5.1a Adults aged 30–69 years who had ever undergone oral cancer screening by area of residence, gender and age categories (Percentage)

Age group	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
30 - 49 years	1.1	1.7	1.4	2.4	0.4	1.4	1.9	0.9	1.4
	(0.5- 2.6)	(1.0- 3.1)	(0.8-2.4)	(1.1- 5.3)	(0.2- 0.8)	(0.7- 2.8)	(1.0- 3.7)	(0.5- 1.4)	(0.9- 2.3)
50 - 69 years	4.4	2.5	3.5	2.1	1.1	1.6	2.9	1.6	2.2
	(2.4- 7.9)	(1.2- 4.9)	(2.3- 5.3)	(1.1- 4.0)	(0.5- 2.4)	(0.8- 3.0)	(1.9- 4.5)	(0.9- 2.7)	(1.5- 3.3)
30 - 69 years	2.1	2.0	2.0	2.3	0.6	1.5	2.2	1.1	1.7
	(1.3- 3.5)	(1.3- 3.0)	(1.4- 2.9)	(1.3- 4.3)	(0.3- 1.1)	(0.9- 2.5)	(1.4- 3.5)	(0.8- 1.5)	(1.2- 2.3)

Table 4.4.5.2a Women aged 30–69 years who had ever undergone clinical breast cancer screening* by area of residence and age categories (Percentage)

Age group	Urban	Rural	Total
	(95% CI)		
30 - 49 years	2.5	0.9	1.5
	(1.4- 4.4)	(0.5- 1.7)	(1.0- 2.2)
50 - 69 years	3.0	1.4	2.0
	(1.6- 5.5)	(0.6- 3.3)	(1.2- 3.3)
30 - 69 years	2.7	1.1	1.6
	(1.7- 4.2)	(0.6- 1.8)	(1.1- 2.3)

*any clinical breast examination done by a doctor

Table 4.4.5.3a Women aged 30–69 years who had ever undergone cervical cancer screening* by area of residence and age categories (Percentage)

Age group	Urban	Rural	Total
	(95% CI)		
30 - 49 years	4.5	1.1	2.3
	(2.9- 6.8)	(0.7- 1.9)	(1.6- 3.3)
50 - 69 years	3.1	1.5	2.1
	(1.5- 6.5)	(0.6- 3.5)	(1.2- 3.6)
30 - 69 years	4.0	1.3	2.2
	(2.9- 5.6)	(0.8- 2.0)	(1.7- 3.0)

*any screening tests done by Visual Inspection with Acetic Acid (VIA), pap smear or Human Papilloma Virus (HPV) test

4.4.6 Drug therapy and counselling for CVD risk

Table 4.4.6.1a Adults aged 40–69 years with 10-year CVD risk of $\geq 30\%$ or with existing CVD received drug therapy and counselling to prevent heart attacks and stroke (as per WHO guidelines) by area of residence, gender and age categories (Percentage)

Drug therapy and counselling to prevent heart attacks and stroke*	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
40 - 49 years	38.2 (14.0-70.1)	33.4 (14.9-59.0)	37.3 (16.5-64.1)	27.2 (11.4-51.9)	8.5 (2.2-27.5)	17.5 (8.3-33.4)	31.6 (16.5-52.0)	11.9 (4.5-27.7)	23.3 (13.1-37.9)
50 - 59 years	37.1 (16.8-63.2)	36.5 (17.6-60.6)	36.8 (21.0-56.0)	8.9 (3.1-22.9)	16.2 (5.2-22.9)	13.2 (5.6-28.1)	20.4 (10.5-36.0)	22.1 (11.2-38.9)	21.3 (13.1-32.6)
60 - 69 years	43.0 (25.2-62.8)	43.3 (22.9-66.2)	43.1 (28.5-59.0)	29.0 (15.0-48.6)	34.1 (17.9-55.2)	31.1 (18.9-46.7)	35.5 (23.7-49.3)	38.6 (25.0-54.2)	36.8 (27.0-47.8)
40 - 69 years	40.6 (27.0-55.8)	40.5 (25.3-57.8)	40.6 (29.3-52.9)	23.2 (14.2-35.3)	20.5 (12.5-31.9)	21.9 (15.6-29.8)	30.7 (22.5-40.5)	27.5 (19.7-37.0)	29.3 (23.2-36.2)

*Drug therapy is defined as taking medication for raised blood glucose/diabetes, raised total cholesterol, or raised blood pressure, or taking aspirin or statins to prevent or treat heart disease. Counselling is defined as, received advice from a Doctor or other health worker to quit or not to start the use of tobacco, to reduce salt in diet, to eat at least five servings of fruits and/or vegetables per day, to reduce fat in diet, to start or increase physical activity and to maintain a healthy body weight or to lose weight

4.5 HEALTH SYSTEM RESPONSE INDICATORS

Table 4.5.1a IEC materials related to NCDs displayed/available in waiting room/outpatient department in public primary care facilities and secondary health care facilities (CHCs and DHs) (Percentage)

	Public primary care facilities	CHCs		DHs	
	(n= 537)	NPCDCS Implemented (n= 281)	NPCDCS Non-Implemented (n= 105)	NPCDCS Implemented (n= 290)	NPCDCS Non-Implemented (n= 44)
Posters	60.9	86.8	48.6	83.1	84.1
Videos	5.2	13.2	3.8	19.3	18.2
Pamphlets	33.3	54.4	26.7	61.7	54.5
Booklets	20.7	40.2	17.1	48.3	31.8

4.6 YOGA PRACTICES AMONG ADULTS (18–69 YEARS)

Table 4.6.1a Adults who practiced yoga by area of residence, gender and age categories (Percentage)

Practiced yoga	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
	(95% CI)								
18 - 69 years	7.5	5.0	6.3	3.3	0.9	2.1	4.7	2.3	3.5
	(5.6-10.0)	(3.8-6.5)	(5.2-7.8)	(2.4-4.5)	(0.6-1.5)	(1.6-2.8)	(3.8-5.9)	(1.8-2.9)	(3.0-4.2)
18 - 44 years	7.1	3.9	5.6	3.1	0.9	2.0	4.4	1.8	3.2
	(5.1-9.7)	(2.6-5.7)	(4.5-7.0)	(2.1-4.6)	(0.5-1.5)	(1.4-2.8)	(3.4-5.7)	(1.3-2.5)	(2.6-3.9)
45 - 69 years	8.5	7.4	8.0	3.6	1.1	2.4	5.4	3.3	4.3
	(5.6-12.6)	(5.1-10.6)	(5.9-10.6)	(2.4-5.5)	(0.6-2.2)	(1.7-3.4)	(4.0-7.2)	(2.3-4.6)	(3.5-5.4)

Table 4.6.2a Adults who practiced asana, pranayam, meditation among those who practiced yoga by area of residence and gender (Percentage)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Among those who practiced yoga	(95% CI)								
Asana	78.9	65.8	74.1	88.1	45.9	79.0	83.1	60.2	76.0
	(65.1-88.2)	(49.2-79.3)	(63.9-82.1)	(75.9-94.6)	(25.3-67.9)	(68.0-87.0)	(74.1-89.4)	(46.9-72.2)	(68.7-82.1)
Pranayam	65.8	65.2	65.6	45.6	44.7	45.4	56.7	59.5	57.5
	(52.8-76.8)	(50.7-77.3)	(55.0-74.8)	(33.1-58.7)	(25.7-65.4)	(34.7-56.6)	(46.9-65.9)	(47.7-70.3)	(49.5-65.2)
Meditation	53.8	47.9	51.6	33.9	55.5	38.5	44.8	50.0	46.4
	(41.9-65.3)	(35.4-60.7)	(43.5-59.7)	(22.6-47.3)	(34.7-74.6)	(27.9-50.5)	(36.0-53.9)	(39.1-60.9)	(39.6-53.3)

Table 4.6.2b Adults who practiced asana, pranayam, meditation among those who practiced yoga by area of residence, gender and age categories (Percentage)

Among those who practiced yoga	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Asana	72.3	62.4	69.1	84.4	49.7	77.2	77.9	58.3	72.6
	(55.2-84.7)	(40.4-80.2)	(56.1-79.7)	(67.3-93.4)	(23.9-75.6)	(62.5-87.3)	(66.2-86.4)	(40.9-73.8)	(63.0-80.5)
Pranayam	60.2	59.7	60.0	38.4	40.9	38.9	50.1	53.7	51.0
	(44.2-74.2)	(41.3-75.7)	(48.1-70.9)	(23.4-55.8)	(17.3-69.7)	(25.2-54.5)	(38.3-61.8)	(38.5-68.2)	(41.5-60.5)
Meditation	53.1	55.3	53.8	30.9	51.2	35.1	42.8	54.0	45.9
	(37.9-67.8)	(37.1-72.2)	(41.4-65.8)	(17.8-48.0)	(24.9-76.8)	(22.9-49.6)	(31.6-54.8)	(38.5-68.7)	(36.3-55.7)
45 - 69 years									
Asana	91.0	69.6	81.5	95.9	39.1	82.6	93.1	62.7	81.9
	(74.5-97.2)	(48.8-84.6)	(68.8-89.8)	(84.3-99.0)	(13.9-72.0)	(66.8-91.8)	(83.5-97.3)	(45.3-77.3)	(72.5-88.6)
Pranayam	76.3	71.2	74.0	60.6	51.5	58.5	69.5	66.7	68.5
	(57.8-88.3)	(52.2-84.8)	(61.5-83.6)	(43.4-75.5)	(21.6-80.3)	(43.5-72.0)	(56.2-80.1)	(50.2-79.9)	(58.5-76.9)
Meditation	55.1	39.8	48.3	40.1	63.3	45.5	48.6	45.1	47.3
	(37.7-71.4)	(26.6-54.7)	(37.8-59.0)	(22.8-60.2)	(30.0-87.4)	(29.2-62.8)	(35.8-61.5)	(31.8-59.2)	(38.2-56.6)

Table 4.6.3a Time (minutes) spent to practice asana, pranayam and meditation in a day among those who practiced yoga by area of residence and gender (Mean)

18 - 69 years	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
Among those who practiced yoga	(95% CI)								
Asana	19.2	28.9	22.4	31.2	19.2	29.7	24.9	26.9	25.4
	(14.4-23.9)	(19.8-38.0)	(17.7-27.0)	(20.7-41.6)	(11.8-26.7)	(20.5-38.8)	(19.0-30.8)	(19.5-34.2)	(20.6-30.2)
Pranayam	15.4	17.3	16.1	20.7	11.1	18.6	17.3	16.0	16.9
	(12.9-17.9)	(12.8-21.9)	(13.6-18.6)	(15.1-26.3)	(7.8-14.5)	(13.9-23.4)	(14.6-20.1)	(12.3-19.8)	(14.6-19.2)
Meditation	15.2	27.0	19.3	18.8	23.1	20.1	16.4	25.8	19.5
	(11.8-18.6)	(17.7-36.3)	(14.6-23.9)	(10.4-27.2)	(10.9-35.3)	(13.5-26.8)	(12.7-20.2)	(18.3-33.3)	(15.7-23.4)
Practiced any one of the above	33.4	43.3	37.1	43.2	26.6	39.7	37.9	38.6	38.1
	(27.1-39.7)	(31.4-55.1)	(30.7-43.4)	(29.5-56.9)	(18.1-35.2)	(29.2-50.1)	(30.7-45.1)	(29.7-47.5)	(32.4-43.8)

Table 4.6.3b Time (minutes) spent to practice asana, pranayam and meditation in a day among those who practiced yoga by area of residence gender and age categories (Mean)

Among those who practiced yoga	Urban			Rural			Total		
	Men	Women	Combined	Men	Women	Combined	Men	Women	Combined
18 - 44 years	(95% CI)								
Asana	16.4	32.0	20.9	29.7	17.1	28.0	23.1	27.9	24.1
	(9.6-23.2)	(14.9-49.1)	(13.6-28.2)	(14.7-44.8)	(7.1-27.0)	(14.8-41.2)	(14.3-31.8)	(15.3-40.4)	(16.7-31.5)
Pranayam	14.3	18.0	15.5	20.9	10.9	18.7	16.7	16.3	16.6
	(11.0-17.7)	(10.4-25.7)	(12.1-19.0)	(11.6-30.2)	(8.6-13.3)	(11.2-26.2)	(12.5-20.8)	(10.3-22.3)	(13.1-20.0)
Meditation	13.9	28.5	18.7	22.1	22.7	22.3	16.6	26.7	19.9
	(10.9-17.0)	(14.0-43.1)	(12.8-24.7)	(9.4-34.8)	(5.6-39.8)	(12.0-32.5)	(11.5-21.8)	(15.2-38.3)	(14.6-25.2)
Practiced any one of the above	27.9	46.5	33.8	39.9	24.6	36.7	33.4	39.4	35.1
	(21.0-34.8)	(27.3-65.6)	(25.7-42.0)	(21.0-58.8)	(14.6-34.6)	(21.5-51.9)	(23.8-43.1)	(25.8-53.0)	(27.1-43.1)
45 - 69 years									
Asana	23.2	25.9	24.2	33.8	24.2	32.7	27.9	25.7	27.3
	(18.8-27.6)	(18.3-33.5)	(20.3-28.2)	(22.6-45.0)	(17.7-30.6)	(22.7-42.7)	(22.1-33.8)	(19.1-32.2)	(22.7-31.9)
Pranayam	17.0	16.7	16.9	20.4	11.4	18.5	18.3	15.8	17.4
	(12.8-21.2)	(11.6-21.8)	(13.4-20.4)	(16.0-24.7)	(4.0-18.8)	(14.3-22.8)	(15.1-21.5)	(11.3-20.3)	(14.6-20.2)
Meditation	17.5	24.7	20.1	13.6	23.7	16.8	16.1	24.4	19.0
	(11.5-23.5)	(17.2-32.2)	(15.3-24.9)	(10.1-17.0)	(6.8-40.6)	(10.6-23.1)	(12.1-20.1)	(17.0-31.8)	(15.2-22.8)
Practiced any one of the above	43.7	39.8	42.0	50.2	30.3	45.5	46.5	37.6	43.2
	(33.4-54.1)	(28.0-51.5)	(34.0-50.0)	(35.9-64.4)	(13.6-47.0)	(33.7-57.4)	(37.9-55.1)	(27.8-47.5)	(36.6-49.9)